





**SEPTEMBER 2019
MEMORY CARE PROGRAM
SPECIAL ACTIVITY**



**Personalized Life
Enrichment Activities
are Continually**

Communion given every Sunday a.m. in Memory Care by visiting minister
Mass shown in Memory Care on ch. 58 in their rooms at 8:00 a.m., upon request.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 Mass on Ch. 58 1 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Lorraine's Trio Live Music - VG	LABOR DAY 2 8:00 Donuts & Coffee 9:15 Let's Get Moving 10:30 Baking Cookies 11:30 Balloon Toss	9:30 Chair Exercise 3 10:45 Sing a long with Judy - VG 2:00 Baking for All 3:00 Dave Stone	9:15 Let's Get Moving 4 11:30 Coloring 2:00 Games in Dining Rm 2:30 Bingo - VG	10:30 Sit Down Dancing 5 2:00 Apple Cider Social- VG 2:30 Barry Wood Live Music-VG	9:15 Let's Get Moving 6 11:30 Balloon Toss 2:30 Bingo - VG	10:30 Balloon Toss 7 2:00 Inside Walks 4:00 Bowling 4:30 Trivia 5:00 Lawrence Welk
8:00 Mass on Ch. 58 8 11:00 Balloon Toss 2:00 Games in Dining Rm 4:00 Tea & Cookies	8:00 Donuts & Coffee 9 9:15 Let's Get Moving 10:30 Baking Cookies 11:30 Balloon Toss	9:30 Chair Exercise 10 10:00 Prayer/Communion 10:45 Oldies Sing a long with Judy - VG 2:30 Gambel Creek Band Live Music - VG	9:15 Let's Get Moving 11 11:30 Coloring 2:00 Games in Dining Rm 2:30 Bingo - VG	10:30 Sit Down Dancing 12 2:00 Apple Cider Social- VG 2:30 Phil House Live Music - VG	9:15 Let's Get Moving 13 11:00 Baking For All 2:30 Bingo - VG 4:30 Italian Night	10:30 Balloon Toss 14 2:00 Inside Walks 4:00 Bowling 5:00 Lawrence Welk Channel 10
8:00 Mass on Ch. 58 15 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Steve Hildonen Live Music - VG	8:00 Muffins & Coffee 16 9:15 Let's Get Moving 10:30 Baking Cookies 11:30 Balloon Toss 2:30 Bingo - VG 6:00 Game Night	9:30 Chair Exercise 17 10:30 Hand Massages 2:00 Baking for All 2:30 Outside Walks	9:15 Let's Get Moving 18 HARVEST FEST COOKOUT 1:00 Arts and Crafts 2:30 Bingo - VG	10:30 Baking Cookies 19 2:00 Apple Cider Social- VG 2:00 Larry Gowell Live Music - VG	9:15 Let's Get Moving 20 10:00 Spiritual Service - CLR 2:30 Bingo - VG	10:30 Balloon Toss 21 2:00 Inside Walks 4:00 Bowling 5:00 Lawrence Welk
8:00 Mass on Ch. 58 22 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Jerry Lachance Live Music - VG	AUTUMN BEGINS 23 8:00 Donuts & Coffee 9:15 Let's Get Movin  10:30 Baking Cookies	9:30 Chair Exercise 24 10:00 Prayer/Communion 10:45 Hymn Sing a long with Judy - VG 11:30 Coloring 2:00 Baking for All	9:15 Let's Get Moving 25 11:00 Let's Blow Bubbles 12:30 Lobster Roll Lunch 2:30 Bingo - VG	10:30 Sit Down Dancing 26 11:00 Mystery Ride 2:00 Apple Cider Social- VG 2:30 Terry Sweat Live Music - VG	9:15 Let's Get Moving 27 11:00 Baking for All 2:00 Outside Walks 2:30 Bingo - VG 4:30 Pizza Night	10:30 Balloon Toss 28 2:00 Inside Walks 4:00 Bowling 5:00 Lawrence Welk Channel 10
8:00 Mass on Ch. 58 29 11:00 Balloon Toss 2:00 Games in Dining Rm 4:00 Tea & Cookies	8:00 Donuts & Coffee 30 9:15 Let's Get Moving 10:30 Baking Cookies 11:30 Balloon Toss	DAILY PROGRAMMING * Daily exercise include videos with music & walks. Outside facility for socializing & coordination 10 - 10:30. * Morning socials with fresh muffins & coffee daily.			ROOM KEY CH = Chapel CLR = Castine Living Rm MCDR = Memory Care Dining Rm MCLR = Memory Care Living Rm	