



# The Schooner Flash



September 2016 Issue 102

Schooner Estates, Est. 1989

Our Community Is Your Community.

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### Writers:

Your Schooner Family

### Editor-in-Chief:

Sue O'Brien

### Designer/Co-Editor:

Linda Hildonen

## Oktoberfest Cookout

We have had a summer of truly wonderful weather and great times this year. As the summer season starts to slowly wind down (not too fast we hope!), our last big outdoor feast of this year, the "Oktoberfest Cookout", is being planned. Feel free to "dress for the occasion"!

The big day is scheduled for Wednesday, September 21st. Family and friends are always invited. Give our front desk a call at 784-2900 and sign them up.

Also, we are having our yearly Open House on Saturday, September 10th. This promises to be a day filled with activity and things to see! Don't miss it! See the article on page three.



## New Home Health Nurse!

Schooner Welcomes our new Home Health Nurse, Jenn Audette. Jenn is a graduate of the nursing program at Rhode Island Community College. Before coming to work for Schooner Estates, she worked for Marshwood Rehabilitation Center, D'Youville, and even spent a year working in CMMC's Emergency room.



With all the things Jenn has seen in her years of working as a nurse, she says that working with seniors is her favorite thing to do. "I love the stories." Jenn says with a bright smile. "I love the people."

Jenn lives with her fiancé, Kevin, who was the boy next door when she was growing up. They have not set a wedding date yet, but, as their new Schooner Family, we wish them luck in their life together!

***It is with great pleasure that  
we welcome you to our community***

- ♦ Vivian Hoy, Residential Care
- ♦ John & Joan Shaw, apt. 327



Schooner Estates,  
fun times  
guaranteed!





## Always Keep Learning

It's that time of year and the Lewiston/Auburn Fall senior college courses will be here before you know it. Have you signed up? Here are each of the classes and their starting dates:

•September 20th through November 8th.

Eight Tuesdays 9:30 a.m. - 11:00 a.m.

"The Theory of Natural Law and Human Nature".

In this course we will examine the history of natural law as the basis for the claims that acts such as slavery, torture, and blackmail are wrong because they violate the rights to which human beings, by their very nature, are entitled.

Taught by Charles W. Plummer, Ph.D.

•September 22nd through October 27th,

Six Thursdays 9:30 a.m. - 11:30 a.m.

"Pablo Picasso: His Life and Times".

This course will examine his life and times and their effects on him.

Taught by Professor Kirsten Larsson-Turley.

The above classes are both being held right here at Schooner. Check with Mark Prevost for information and class availability, since they are filling fast! As always, there are no tests or homework.

Do you have a favorite photo that you just love to look at every now and then? Maybe a grandchild, an older cherished photo, a fun family moment, a pet or a memorable trip



you went on? Let us know if you would like to share any of these with us - we will be more than happy to put them in the newsletter.

## Tek Upton: Life and Wisdom

When asked about what Words of Wisdom she would like to share, Tekla Upton has a few of her own, including "Stay active and busy," "Stay strong during the hard times," and "Especially enjoy both the big and small pleasures and joys that life has to offer every day, at every age." To go deeper than that, she consults a small paperback that she usually keeps close at hand, "The Book of Finnish Proverbs." She reads one in particular out loud: "Keep learning as long as you live."



Tek, a first-generation immigrant whose parents were both born in Finland, explains that reading and learning have always been very important in her life. She says that this was notable in her family life, and even clear in the school where she grew up on the upper peninsula of Michigan. Even though her parents came to America at a very young age, they were raised bilingual, and, at her grandfather's insistence, so were Tek and her siblings.

Tek's love of learning translated into a life full of adventure, where she could see all of what the world had to offer. After graduating from Luther L. Wright High School in Ironwood, Michigan, she then studied nursing in Chicago. With her education finished, Tek considered joining the Army, and was eventually convinced to do it when her sister said "You wouldn't dare!" Tek served in the Korean War, and was stationed in a tent hospital in Korea for nearly a year.

Here at Schooner, Tek continues to make the most of every day by participating in many activities, especially the educational opportunities that Schooner provides. We're glad to have this opportunity to learn a little more about her and her fascinating life!





## Schooner Estates Open House 2016

Greetings! Please join us Saturday, September 10th for our Open House Celebration. We are excited to announce our final plans for this special event. Along with the arrival of visitors, our current residents are welcome and encouraged to invite friends and family to our scheduled day of events. Feel free to invite anyone you would like to refer, or just show them around! We would love to meet them. Tours will be given in order for guests to get a feel of what living at Schooner is like.

We hope the schedule below will help you plan the day for you and your guests and to take advantage of all we have to offer. Staff will be available throughout the day to give tours every half hour, answer questions and help you find a scheduled event. Our Open House will run from 11:00 a.m. to 3:00 p.m.

- Live remote with Maine's Big Z 105.5 from 11:00 a.m. - 2:00 p.m.
- A cookout for guests will be in progress from 12:00 p.m. through 1:30 p.m.
- A musical Sock Hop Concert with band "Hot Damn" starting at 2:30 p.m., outside - near the Residential Care Patio.
- An all day Silent Auction to raise funds for the Alzheimer's Association, held in our Village Green.

Special Displays will be set up in our Village Green including:

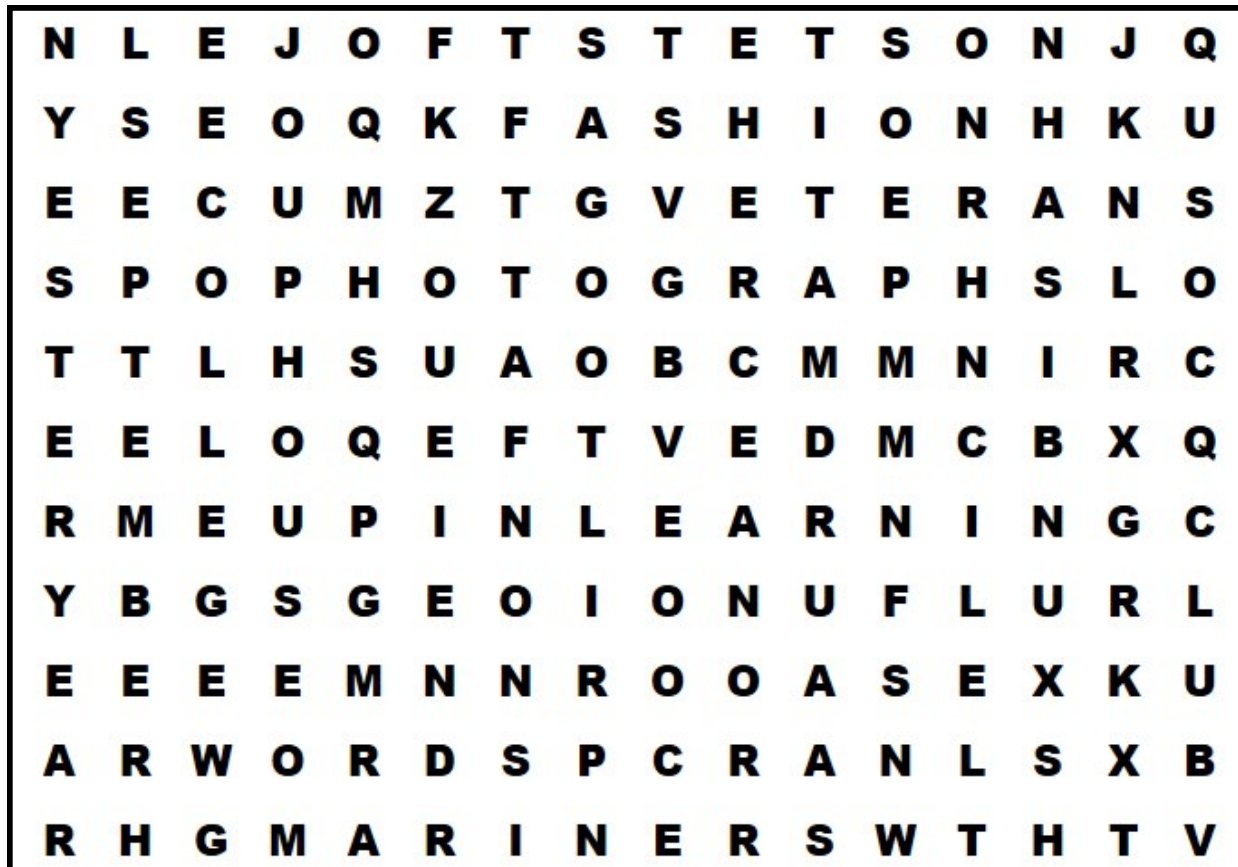
A Wall of Honor celebrating our veterans and another showing our committed support to wonderful Charities including Camp Sunshine, the American Heart Association and the Alzheimer's Association. And Tenant Council President Tonie Ramsey will be bringing us a special "Fashions of Yesteryear" display, not to be missed!



## Word Search

### Word List:

House  
September  
Oktoberfest  
Fashion  
Yesteryear  
Veterans  
Mariners  
Tenant  
Stetson  
Words  
Photographs  
Senior  
Learning





## Our Mariner's Club

Perhaps it's time to move into a senior living community...but if you are a senior who is not quite ready for the move, consider joining our Schooner Estates Mariner's Club. A one time fee of \$250.00 (used towards your first month's rent upon move in) enrolls you as a charter member of our illustrious "Mariner's Club." In addition to facilitating a timely admission to our community, it is our hope that by joining our club, you will now enjoy the peace of mind that comes with knowing that you have made a momentous decision, with benefits you will reap for years to come.



Chart your course now before you discover that there's a long list ahead of you. Get a proud sense of accomplishment that comes with planning ahead. Your enrollment in Schooner's Mariner's Club entitles you to the following privileges:

- Guarantees your position on our waiting list
- A subscription to our Schooner Flash newsletter and monthly activity calendars
- Participation in any Schooner programs (seminars, trips, activities, musical events)
- An invitation to our yearly Mardi Gras Feast
- Tickets to each of our monthly summer cookouts

Join today and find out what living at Schooner Estates is all about. Good times, security and excitement awaits you!

Your Schooner Tenant Council meetings will be starting soon. We encourage all Schooner residents to take advantage of these meetings. Along with receiving important, helpful information, it is also a great way to participate in what is happening in your community. The first meeting is scheduled for Tuesday, September 20th at 2:30 p.m. in the Tenants Harbor Room.

## Let's Go Somewhere...

Our three day trip to New Hampshire is just around the corner! We will be leaving on Tuesday, September 13th and returning to Schooner on Thursday, September 15th. Included in the itinerary is a visit to "Castle in the Clouds" in Moultonborough, breakfast, lunch and supper out at several well known restaurants, a ride on the M.S. Mount Washington motor ship and a delightful ride on the Conway Scenic Railroad. And of course, don't forget the fabulous sight seeing, which New Hampshire and it's beautiful mountain views and lakes is well known for.

If you are one of the lucky "soon to be" travelers, we hope you have a great time!



"No road is long with good company."



## Attention Schooner Employees!

It's that time of year again, and Linda is looking for pictures for the employee appreciation slideshow.

If you have a pic of a Schooner buddy you'd like to see included, *get their permission* and send it to [lhildonen@schoonerestates.com](mailto:lhildonen@schoonerestates.com)!

*Work-Appropriate* and funny photos are the best!