



The Schooner Flash *Monthly Newsletter*

SCHOONER ESTATES ~ EST. 1989 • OUR COMMUNITY IS YOUR COMMUNITY

October 2024, Issue 199

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Writers:

Your Schooner Family

Happy Halloween!



Goodbye to



Employee Appreciation Month

The arrival of Fall brings about many changes. We start to think of the upcoming holidays, visits to the local apple orchards, decorating for Halloween, Fall fairs, and foliage rides. Here at Schooner, one of the events we look forward to in October is our annual Employee Recognition Ceremony. All Schooner staff members are top notch and are appreciated for the care they give throughout the year.



Staff will be recognized for their service and exceptional efforts, at our ceremony, which will take



We appreciate
your hard work,
THANK YOU
for giving 100%
every day.

Welcome to our Community!

* Diane McLafferty, studio 203



Vintage and Classic Cars

Word Search

Beware, words can go every which way!

Word List:

AMC

BEETLE

BEL AIR

BUGATTI

CADILLAC

CHARGER

CHEVY

CORVETTE

DELOREAN

DUESENBERG

EDSEL

JAGUAR

MASERATI

MODEL T

MUSTANG

PACER

PHAETON

PONTIAC

RELIANT

C	A	M	A	R	A	G	S	R	G	J	N
A	F	O	A	D	B	H	J	E	D	A	E
D	I	E	L	T	E	E	B	G	E	M	R
G	R	E	M	L	I	N	L	R	C	M	O
A	E	O	B	U	I	D	O	A	B	C	E
P	B	Y	F	L	S	L	L	H	I	T	P
H	I	G	F	E	E	T	L	C	T	R	O
A	R	R	O	D	P	H	A	E	T	O	N
E	D	E	R	S	U	R	V	N	A	T	T
T	T	B	A	M	C	R	I	N	G	C	I
T	R	N	M	O	O	L	C	B	U	E	A
Y	A	E	A	C	J	D	U	H	B	R	C
V	R	S	C	A	T	T	E	V	E	G	C
E	N	E	G	A	W	S	K	L	O	V	L
R	D	U	E	R	P	G	I	I	T	E	Y
C	A	D	I	L	L	A	C	I	S	L	L
R	O	F	O	R	N	J	A	D	U	R	A
M	E	L	I	T	A	R	E	S	A	M	E



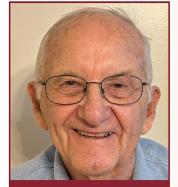
Schooner Tenant Profiles

Note: Some of our profiles do not have photographs included - it all depends on a tenants preference.

Richard and Elaine DuBois, apt. 511, recently moved to Schooner Estates from Auburn. They are local to the Lewiston/Auburn area and came to Schooner to live for its accessibility. Richard said they were high school sweethearts! The family brood includes 6 children, 14 grandchildren, and 4 great grandchildren. Elaine was a homemaker before retiring, and with 6 children it's easy to guess that she was busy. Richard retired from a long career of teaching, at both Greely High School in Cumberland and Central Maine Community College. Elaine says she used to like knitting and quilting, and Richard says he used to paint. Both are avid bird watchers, and you can find them sitting outside watching the birds and tending to their feeders. Welcome to Schooner Estates Mr. and Mrs. DuBois, we hope you enjoy your new community.



Charles and Joan Lepage, apt. 634, recently moved to Schooner Estates from Rumford, Maine. They lived in Rumford for 54 years and that's where they raised their 5 children. Charles and Joan, both felt it was time to downsize and that's when they decided to move to Schooner. They are very proud grandparents to 16 grandchildren and 17 great grandchildren. Charles and Joan were very involved and enjoyed going to their children and grandchildren's sporting events. Prior to retirement Charles was employed by Hughes Aircraft Co. and Communications Satellite Corporation. Joan was a stay-at-home mom until their youngest child started school and then she worked at the local high school in the cafeteria. Charles interests include painting, fly fishing and photography. Joan loves to knit and enjoys playing dominoes. Charles is also a veteran of the US Airforce. Welcome Charles and Joan!



Henrietta Leblond, apt. 326, comes from Auburn and was born and raised in New Auburn, Maine. She was married for 56 years before losing her husband 10 years ago. Henrietta has many nieces and nephews that she is very fond of. Over the years Henrietta has become familiar with Schooner, she and her husband belonged to the Mariners Club, which was once offered to the public here at Schooner. She also has become familiar through friends that live at Schooner. Prior to retiring Henrietta was a luncheon manager at FW Woolworth for 23 years. Henrietta enjoyed traveling with her husband and loved doing crafts, she also likes bingo and playing cards. Not a surprise, but mentioned she loves the food at Schooner. Welcome Henrietta!



PROFILES CONTINUED FROM PAGE 3...

Georgette Berube, apt. 415, was recently living in Lewiston, but lived most of her life in Auburn, Maine. Her sister Louise is also a resident here and that was one of the main reasons she decided to move to Schooner. Prior to retirement she worked at People's Savings Bank for 38 years and worked part time for an accountant. After retiring she spent many winters in Florida. Georgette loved to



It's Time For a Flu/Covid Shot

This year's Schooner Resident Flu/Covid Clinic will be held on Tuesday, October 29th (pre-sign ups required). Memos have been distributed with sign up times. For all who have signed up for the shot, a 2nd memo will be distributed letting you know your scheduled arrival time.

Below are a few tips to help you stay healthy this season.

1. Wash Your Hands

Soap them up often and scrub well. It's a key way to lower your odds of getting sick. You pick up germs on your fingers and can get them in your mouth or eyes. Many viruses spread that way.

2. Get Ready!

Make sure you have the supplies you need to battle germs. Stock up on medicines like pain relievers or decongestants. Don't forget tissues, soap, and hand sanitizer. Check to see if your thermometer works, too. At the supermarket, load up on fluids, herbal tea, and simple comfort foods like chicken soup.

3. Drink Extra Fluids

It will help thin mucus, drain your sinuses, and relieve a stuffy nose. Water, broth, and sports drinks are good choices, alcohol isn't. Hot drinks like herbal tea will also warm

