


**OCTOBER 2018
MEMORY CARE PROGRAM
SPECIAL ACTIVITY**



~ Personalized Life
Enrichment Activities
are Continually

DAILY PROGRAMMING

* **Daily exercise** include videos with music & walks.
Outside facility for socializing & coordination
10 - 10:30.
* **Morning socials** with fresh muffins & coffee daily.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8:00 Donuts & Coffee 1 9:15 Let's Get Moving 10:30 Leaf Pressing 2:30 Bingo - VG	9:30 Chair Exercise 2 10:45 Oldies Sing-a-long with Judy - VG 2:00 Baking for All	9:15 Let's Get Moving 3 10:00 Manicures 2:00 Games in Dining Rm 2:30 Bingo - VG	10:30 Sit Down Dancing 4 2:00 Ice Cream Social-VG 2:30 Barry Wood Live Music - VG 4:30 Trivia 6:00 Bingo	9:15 Let's Get Moving 5 11:30 Balloon Toss 2:30 Bingo - VG	10:30 Balloon Toss 6 2:00 Outside Walks 4:30 Trivia 5:00 Lawrence Welk Channel 10
8:00 Mass on Ch. 58 7 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Dube Trio Live Music - VG	8:00 Donuts & Coffee 8 9:15 Let's Get Moving 10:30 Hand Massages 2:30 Bingo - VG	9:30 Chair Exercise 9 10:00 Prayer/Comm.-CLR 10:30 Musical T'ai Chi-VG 12:00 Music & Memories	9:15 Let's Get Moving 10 10:00 Manicures 2:00 Games in Dining Rm 2:30 Bingo - VG	10:30 Sit Down Dancing 11 2:00 Ice Cream Social-VG 2:30 Phil House Live Music - VG	9:15 Let's Get Moving 12 11:00 Baking For All 2:30 Bingo - VG	10:30 Balloon Toss 13 2:00 Outside Walks 5:00 Lawrence Welk Channel 10
8:00 Mass on Ch. 58 14 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Mike McCarthy Live Music - VG	8:00 Muffins & Coffee 15 9:15 Let's Get Moving 10:30 Paint with Sponges 2:30 Bingo - VG	9:30 Chair Exercise 16 2:00 Baking for All	9:15 Let's Get Moving 17 10:30 Jon Whitmore -VG 11:00 Arts and Crafts 2:30 Employee Appreciation Event - VG	10:30 Sit Down Dancing 18 2:00 Ice Cream Social-VG 2:30 Annie Clark	9:15 Let's Get Moving 19 10:00 Protestant Spiritual Service-CLR	9-2 Craft Fair-VG 20 10:30 Balloon Toss 2:00 Outside Walks 5:00 Lawrence Welk
8:00 Mass on Ch. 58 21 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Steve Hildonen Live Music - VG	8:00 Donuts & Coffee 22 9:15 Let's Get Moving 10:30 Hand Massages 2:30 Bingo - VG	9:30 Chair Exercise-VG 23 10:00 Prayer/Comm.-CLR 10:45 Hymn Sing with Judy-VG 11:00 Outside Walks	9:15 Let's Get Moving 24 11:00 Let's Blow Bubbles 12:30 Lobster Lunch 2:30 Bingo - VG	10:30 Sit Down Dancing 25 2:00 Ice Cream Social-VG	9:15 Let's Get Moving 26 2:00 Outside Walks 2:30 Bingo - VG	10:30 Balloon Toss 27 In MCLR 2:00 Outside Walks 5:00 Lawrence Welk Channel 10
8:00 Mass on Ch. 58 28 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Todd Glacy Live Music - VG	8:00 Donuts & Coffee 29 9:15 Let's Get Moving 10:30 Hand Massages 2:30 Bingo - VG	9:30 Chair Exercise-VG 30 11:00 Outside Walks 12:00 Music Memories	HALLOWEEN 31 9:15 Let's Get Moving 11:00 Let's Blow Bubbles 2:30 Jerry Lachance Live Music - VG	<div style="border: 1px solid black; padding: 5px;"> <p><u>Communion</u> given every Sunday a.m. in Memory Care by visiting minister</p> <p><u>Mass</u> shown in Memory Care on ch. 58 in their rooms at 8:00 a.m., upon request.</p> </div>		<div style="border: 1px solid black; padding: 5px;"> <p align="center">ROOM KEY</p> <p>CH = Chapel CLR = Castine Living Rm MCDR = Memory Care Dining Rm MCLR = Memory Care Living Rm VG = Village Green</p> </div>