



Schooner Community Calendar

October 2024

ROOM KEY

TR = Theater Rm CH = The Chapel CSLR = The Castine Living Rm CMLR = The Camden Living Rm CL = Camden Library
SRC = Schooner Res Care THR = Tenants Harbor Room HPD = Harpswell Private Dining Room VG = Village Green

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:30 In the News w/John Rice (THR) 2:15 Bridge (CL) 2:30 Pictionary (THR) 4:00 LCR (THR)	2 9:30 Exercise Class (THR/1390) 10:00 Fitness Foundations (THR) 10:30 Lunch Out: Terry & Maxine's Turner (Sign up) 2:30 BINGO (VG) 3:30 Popcorn & Trivia (THR)	3 9:30 Exercise Class (THR/1390) 9:30 Shopping Shuttle 2:30 Music: Mitch Thomas (VG) 4:00 Social Hour (outside in the Court Yard)	4 9:30 Walking Group (VG/CMLR) 9:30 Exercise Class (THR/1390) 10:00 Fitness Foundations (THR) 10:00 Scattergories (Study) 11:00 BP Clinic (VG) 2:30 BINGO (VG) 4:00 LCR (THR)	5 9:30 Coffee Klatch (THR) 10:15 Bible Share (Study) 10:30 Exercise (1390) 2:15 Cribbage (HPD) 7:00 pm <u>Movie</u> : "A Perfect Pairing" (1390)
6 Sunday Church Services: 8:45 St Philip Catholic 9:10 St. Michaels 10:00 Park Avenue Methodist 10:30 Exercise (1390) 2:30 Episcopal Service in person Rev. George Sheats (Study) All welcome	7 9:30 Exercise (THR/1390) 10:00 Senior Steppers (VG) 10:00 Fitness Foundations (THR) 11:00 BP Clinic (CMLR) 1:00 Manicures (CSLR) (Sign up) 2:30 Bingo (VG) 2:30 "She doesn't like fantasy." Senior College –(TR) Sign up (\$25.00)	8 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:00 Coffee and a Candidate (THR) 1:30 Resident Council meeting (CSLR) 2:15 Bridge (CL) 2:30 Pictionary (THR) 4:00 LCR (THR) 4:30 Sitterball (VG)	9 9:30 Exercise Class (THR/1390) 10:00 Fitness Foundations (THR) 10:30 Lunch Out: SeaBasket–Wiscassett (Sign up) 2:30 BINGO (VG) 3:30 Popcorn & Trivia (CSLR)	10 9:30 Exercise Class (THR/1390) 9:30 Shopping Shuttle 10:30 ACTION HOUR (VG) 2:30 Music: Present Company (CMLR) 4:00 Social Hour - THR	11 9:30 Exercise Class (THR/1390) 10:00 Fitness Foundations (THR) 10:00 Scattergories (Study) 10:30 MYSTERY RIDE, (SIGN UP) 11:00 BP Clinic (VG) 2:30 BINGO (VG) 4:00 LCR (THR)	12 9:30 Coffee Klatch (THR) 10:30 Exercise (1390) 2:15 Cribbage (HPD) 2:30 DRACULA: A Comedy of Terrors—Public Theatre—tickets- \$30.00 (Sign Up) 7:00 pm <u>Movie</u> : "NYAD" (1390)
13 Sunday Church Services: 8:45 St Philip Catholic 9:10 St. Michaels 10:00 Park Avenue Methodist 10:30 Exercise (1390)	14 Indigenous Peoples' Day Columbus Day Holiday 9:30 Exercise Class (THR/1390) 10:00 Fitness Foundations (CSLR) 11:00 BP Clinic (CMLR) 1:00 Manicures (CSLR) (Sign up) 2:30 Virtual Hike on Monhegan Island (THR) Senior College (THR) Free 2:30 Bingo (VG)	15 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:00 Communion (THR) 10:30 In the News w/John Rice (THR) 2:15 Bridge (CL) 2:30 Tenant Council Meeting (THR) 4:00 LCR (THR) 4:30 SitterBall (VG)	16 9:30 Exercise (THR/1390) 10:30 Lunch Out: Royal River Grill Yarmouth (Sign up) 10:00 Fitness Foundations (THR) 2:00 pm Auburn Library (THR) 2:30 Bingo (VG)	17 9:30 Exercise (THR/1390) 9:30 Shopping Shuttle 10:30 Creative Group (THR) 2:30 Music: Todd Glacy (VG) 4:00 Social Hour (THR)	18 9:30 Exercise Class (THR/1390) 10:00 Scattergories (Study) 10:30 Caregivers Support Group (TR) 10:30 Sunshine Group (Castine LR) 11:00 BP Clinic (VG) 2:30 BINGO (VG) 4:00 LCR (THR) 4:00 Dinner Out -Maurice Restaurant then to the Jack O' Lantern Spectacular McLaughlin Gardens (SIGN UP)	19 9:30 Coffee Klatch (THR) 10:15 Bible Share (Study) 10:30 Exercise (1390) 2:15 Cribbage (HPD) 7:00 pm <u>Movie</u> : "My Octopus Teacher" (1390)
20 Sunday Church Services: 8:45 St Philip Catholic 9:10 St. Michaels 10:00 Park Avenue Methodist 10:30 Exercise (1390)	21 9:30 Exercise Class (THR/1390) 10:00 Magdalana (CSLR) 10:30 Chair Yoga (THR) 11:00 BP Clinic (CMLR) 1:00 Manicures (CSLR) (Sign up) 2:30 Bingo (VG) 2:30 "She doesn't like fantasy." Senior College –(TR) Sign up (\$25.00) 3:00 Scrabble (CL)	22 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:30 In the News w/John Rice (THR) 2:15 Bridge (CL) 2:30 Pictionary (THR) 4:00 LCR (THR) 4:30 SitterBall (VG)	23 9:30 Exercise Class (THR/1390) 11:30 Lunch Out: Fish Bones-Lewiston (Sign Up) 2:30 Bingo (VG) 3:30 Popcorn & Trivia (Camden LR)	24 9:30 Exercise (THR/1390) 9:30 Shopping Shuttle 10:30 ACTION HOUR (VG) 2:30 Music: Dave Stone (CMLR) 4:00 Social Hour (THR)	25 9:30 Exercise Class (1390) 10:00 Prot. Service (CSLR) 10:00 Fitness Foundations (THR) 10:00 Scattergories (Study) 10:30 MYSTERY RIDE (SIGN UP) 11:00 BP Clinic (VG) 2:30 BINGO (VG) 4:00 LCR (THR)	26 9:30 Coffee Klatch (THR) 10:30 Exercise (1390) 2:15 Cribbage (HPD) 5:30 Make Your Own Pizza (THR) \$8.00 sign up 7:00 pm <u>Movie</u> : TBA (1390)
27 Sunday Church Services: 8:45 St Philip Catholic 9:10 St. Michaels 10:00 Park Avenue Methodist 10:30 Exercise (1390)	28 9:30 Exercise (THR/1390) 10:30 Chair Yoga (THR) 11:00 BP Clinic (CMLR) 1:00 Manicures (CSLR) (Sign up) 2:30 The Wizard of Oz –Senior College (THR) Free 2:30 Bingo (VG) 3:00 Scrabble (CL)	29 Covid /Flu Clinic - TBD 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:30 In the News w/John Rice (THR) 2:15 Bridge (CL) 2:30 Pictionary (THR) 4:00 LCR (THR)	30 9:30 Exercise Class (1390) 11:30 Lunch Out: Wei-Li Auburn (Sign Up) 2:30 Team Member Recognition Ceremony (VG) 3:30 Popcorn & Trivia (Camden LR)	31 HALLOWEEN 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:30 ACTION HOUR (VG) 2:30 Music: Christina Ariola (VG) 3:30 Annual Halloween Parade! (VG)	<div>For daily transportation to medical appointments, etc., please let us know at least 24 hours in advance. <i>Thank you for your cooperation.</i></div> <div>Please let the Front Desk know two hours prior to an event, if you would like an escort to an activity. (207)784-2900</div>	

Schooner Estates

OCTOBER 2024 ** Community Activity Calendar

MONDAY MANICURES

Please sign up if you would like a manicure.
We will call you on Monday with your
scheduled appointment time.



WEDNESDAY LUNCH OUTS

Please sign up

OCTOBER 2nd Wednesday : 10:30 Terry & Maxine's TURNER American Family Restaurant, mixture of classic dishes and new.

OCTOBER 9th Wednesday: 10:30 Sea Basket WISCASSET. Enjoy the finest in Maine seafood.

OCTOBER 16th Wednesday : 10:30 Royal River Grill –YARMOUTH Maine’s best-kept secret in waterfront dining. Their seasonal menus feature generous portions of the freshest seafood, meats and hand-cut steaks.

OCTOBER 18TH, FRIDAY : 4:00 - Maurice’s Restaurant SOUTH PARIS for dinner followed by a spectacular evenings enjoying hand-carved pumpkins and light displays lining the paths throughout McLaughlin Garden.

OCTOBER 23rd Wednesday : 11:30 - Wei - Li LEWISTON offers an award winning Chinese and Japanese cuisine in an amazing atmosphere

OCTOBER 30th Wednesday : 11:30 Fish Bones Grill, LEWISTON a casual-upscale restaurant focused on the best seafood and classic American cuisine.

Monday-21st and 28th Chair Yoga :

Discover how chair yoga can: ease back pain, lessen stress, increase flexibility, gain strength, better joint mobility, build bones, better balance, and sleep better. (THR)

Instructor, Josslyn Jalbert RN

SPECIAL EVENTS

Monday Oct 7th -10:00 Senior Steppers - The “Litchfield Senior Steppers”, dedicated line dancers perform for us in the Village Green!

Tuesday Oct 8th 10:00 Coffee and a Candidate– Betty Ann Sheath, running for Maine State Senate invites you to have a conversation with her about the five ballot questions on the November ballot, 3 bonds and two referendums including changing the state flag. In the Tenants Harbor Room.

Friday Oct 11th and 25th 10:30 Mystery Ride have a relaxing ride and view the Fall foliage. (Sign up)

Saturday Oct 12th 2:30 The L/A public Theatre presents -“Dracula A comedy of Terrors” Tickets : \$30.00 (Sign Up)

Lewiston/ Auburn Senior College Fall Classes at Schooner Estates:

Monday Oct.7th / 21st 2:30 “She Doesn't Like Fantasy” Every other Monday for 8 weeks with Peggy Volock Peggy has never been fond of fantasy literature, and that is why she decided to learn more about the genre and find four fantasy novels that are fun to read and discuss. There will be four sessions, meeting every other week and focusing on a different fantasy novel and its author. The first selection is "The Fox Wife" by Yangsze Choo. Then, "Midnight Library", "The Lost Apothecary", and the last one is "Lady Macbeth" by Ava Reid. In the Theatre Room- (SIGN UP)
One time Fee \$25.00

Monday Oct. 14th 2:30 to 4:00 A Virtual Hike on Monhegan Island with Peggy Volock -Monhegan is a beautiful island 10 miles of the coast of Maine, and has attracted artists for years, who are drawn to paint her many inspiring vistas. Take a hike around Monhegan Island visiting sites painted by famous artists. (THR) FREE

MONDAY Oct. 21st , 10:00 : Magdalena Siegel is a consultant with many years as a therapist, public speaker and discussion leader. Join this unique discussion series. (Castine Living Room) Free

Monday Oct. 28th -2:30 to 4:30 The Wizard of Oz with Alan Elze-The Wizard of Oz is probably one of the most iconic movies ever. We will watch the film one more time, then Alan will give some background on the book by L Frank Baum, and the movie. (THR) FREE

Wednesday Oct 30th -2:30 Attend our annual “Team Member Recognition Ceremony”. Employees are recognized for their years of service. Pumpkin Carving Contest winners announced. Held in the Village Green.

Thursday, Oct. 31st, 2:30 Entertainment by Christina Ariola At 3:30 Join in our annual Halloween parade! Staff and tenants will be dressed up in their holiday costumes and parade around the Village Green! Winners will be chosen