



**OCTOBER 2019
MEMORY CARE PROGRAM
SPECIAL ACTIVITY**

DAILY PROGRAMMING

* **Daily exercise** include videos with music & walks. Outside facility for socializing & coordination 10 - 10:30.
* **Morning socials** with fresh muffins & coffee daily.



Communion given every Sunday a.m. in Memory Care by visiting minister
Mass shown in Memory Care on ch. 58 in their rooms at 8:00 a.m., upon request.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Personalized Life Enrichment Activities are Continually		9:30 Chair Exercise 1 10:30 Hand Massages 2:00 Baking for All 2:30 Outside Walks	9:15 Let's Get Moving 2 11:30 Coloring 2:00 Games in Dining Rm 2:30 Bingo - VG	10:30 Sit Down Dancing ³ 11:00 Mystery Ride 2:00 Apple Cider Social 2:30 Barry Wood Live Music-VG	9:15 Let's Get Moving 4 11:30 Balloon Toss 2:30 Bingo - VG	10:30 Balloon Toss 5 2:00 Inside Walks 4:00 Bowling 4:30 Trivia 5:00 Lawrence Welk
8:00 Mass on Ch. 58 6 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Lorraine's Trio Live Music - VG	8:00 Donuts & Coffee 7 9:15 Let's Get Moving 10:30 Baking Cookies 11:30 Balloon Toss 2:30 Bingo - VG	9:30 Chair Exercise 8 10:00 Prayer/Communion 10:30 Hand Massages 2:00 Auburn Library-CLR	9:15 Let's Get Moving 9 11:30 Coloring 2:00 Games in Dining Rm 2:30 Bingo - VG	10:30 Sit Down Dancing ¹⁰ 11:00 Mystery Ride 2:00 Apple Cider Social 2:30 Phil House Live Music - VG	9:15 Let's Get Moving 11 11:00 Baking For All 2:30 Bingo - VG 4:30 Italian Night	10:30 Balloon Toss 12 2:00 Inside Walks 4:00 Bowling 5:00 Lawrence Welk Channel 10
8:00 Mass on Ch. 58 13 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Sean Hennessey Live Music - VG	8:00 Muffins & Coffee 14 9:15 Let's Get Moving 10:30 Baking Cookies 11:30 Balloon Toss	9:30 Chair Exercise 15 10:30 Hand Massages 2:00 Baking for All 2:30 Outside Walks	9:15 Let's Get Moving 16 11:00 Coloring 1:00 Arts and Crafts 2:30 Bingo - VG 4:00 Trivia	10:30 Baking Cookies 17 2:00 Apple Cider Social 2:00 Christina Ariola Live Music - VG	9:15 Let's Get Moving 18 10:00 Spiritual Service - CLR 11:30 Balloon Toss	10:30 Balloon Toss 19 2:00 Inside Walks 4:00 Bowling 5:00 Lawrence Welk
8:00 Mass on Ch. 58 20 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Earl Bickford Live Music - VG	8:00 Donuts & Coffee 21 9:15 Let's Get Moving 10:30 Baking Cookies 11:30 Balloon Toss	9:30 Chair Exercise 22 10:00 Prayer/Communion 2:00 Coloring for All 2:30 Outside Walks	9:15 Let's Get Moving 23 11:00 Let's Blow Bubbles 12:30 Burger King 2:30 Employee Appreciation Event-VG	10:30 Sit Down Dancing 24 11:00 Mystery Ride 2:00 Apple Cider Social 2:30 Terry Swett Live Music - VG	9:15 Let's Get Moving 25 11:00 Baking for All 2:00 Outside Walks 2:30 Bingo - VG 4:30 Pizza Night	10:30 Balloon Toss 26 2:00 Inside Walks 4:00 Bowling 5:00 Lawrence Welk Channel 10
8:00 Mass on Ch. 58 27 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Steve Hildonen Live Music - VG 4:00 Tea & Cookies	8:00 Muffins & Coffee 28 9:15 Let's Get Moving 10:30 Baking Cookies 11:30 Balloon Toss	9:30 Chair Exercise 29 10:00 Prayer/Communion 2:30 Outside Walks 4:00 Coloring for All	9:15 Let's Get Moving 30 11:00 Arranging Candy Bags for Oct. 31st 2:30 Bingo - VG 4:00 Trivia	HALLOWEEN PARTY! 31 10:30 Sit Down Dancing 2:30 Jerry Lachance Live Music - VG 3:00 Halloween Parade-	<div data-bbox="2042 1377 2575 1539" data-label="Text"> <p align="center">ROOM KEY CH = Capel CLR = Castine Living Rm MCDR = Memory Care Dining Rm MCLR = Memory Care Living Rm</p> </div>	