



OCTOBER 2017
MEMORY CARE PROGRAM
SPECIAL ACTIVITY
CALENDAR



~ Personalized Life
 Enrichment Activities
 are Continually
 Ongoing Throughout the Day

DAILY PROGRAMMING

- * **Daily exercise** include videos with music & walks inside facility for socializing & coordination 10-10:30 am
- * **Morning socials** with fresh muffins & coffee daily
- * **One on one visits** are done daily to provide personal time with the tenants.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 Mass on Ch. 58 10:30 Mass w/Father Langlois - THR 11:00 Sit Down Dancing 2:30 Dube Trio Live Music - VG 6:00 Ice Cream Social	8:00 Muffins & Coffee 9:30 Let's Get Moving-VG 10:00 Outside Walks 2:30 Bingo - VG 6:00 Reminisce	10:45 Hymn Sing with Judy - VG 11:00 Outside Walks 2:00 Baking for all 6:00 Hand Massages	9:30 Let's Get Moving- VG 10:00 Manicures 2:00 Games in Dining Rm 2:30 Bingo 6:00 Evening Walks	10:30 Sit Down Dancing 2:30 Barry Wood Live Music-VG 6:00 Let's Play Cards	9:30 Let's Get Moving- VG 12:30 Italians for Lunch 2:00 Mystery Ride 2:30 Bingo - VG 6:00 Trivia	10:30 Balloon Toss in MCLR 2:00 Outside Walks 5:00 Lawrence Welk Channel 10 6:00 Social & Popcorn
8:00 Mass on Ch. 58 11:00 Sit Down Dancing 2:00 Games in Dining Rm 6:00 Ice Cream Social	8:00 Muffins & Coffee 9:30 Let's Get Moving-VG 10:00 Outside Walks 2:30 Bingo - VG 2:30 Matthew Ryder Live Music - VG 6:00 Reminisce	10:00 Prayer/Comm.- CLR 11:00 Outside Walks 2:00 Arts & Crafts 6:00 Hand Massages 6:15 Kevin Farley Live Music - VG	9:30 Let's Get Moving- VG 10:00 Manicures 12:30 Lobster Rolls 2:30 Bingo 6:00 Evening Walks	10:15 To Your Health - CLR 10:30 Sit Down Dancing 2:30 Phil House Live Music-VG 6:00 Let's Play Cards	9:30 Let's Get Moving- VG 11:00 Baking For All 2:30 Bingo - VG 6:00 Trivia	10:30 Balloon Toss in MCLR 2:00 Mystery Ride 5:00 Lawrence Welk Channel 10 6:00 Cheese & Cracker Social
8:00 Mass on Ch. 58 2:00 Outside Walks 2:30 Steve Hildonen Live Music - VG 6:00 Ice Cream Social	8:00 Muffins & Coffee 9:30 Let's Get Moving-VG 10:00 Outside Walks 2:30 Bingo - VG 6:00 Name That Tune	10:45 Sing a long with Judy - VG 11:00 Outside Walks 2:00 Arts and Crafts 6:00 Hand Massages	9:30 Let's Get Moving 10:00 Manicures 10:30 Jon Whitmore Live Music - CLR 2:00 Games in Dining Rm 2:30 Bingo - VG 2:30 Emp. Ceremony-VG 6:00 Evening Walks	10:30 Sit Down Dancing 2:30 Mike McCarthy Live Music-VG 5:00 Pizza Take Out 6:00 Let's Play Cards	9:30 Let's Get Moving- VG 10:00 Protestant Service - CLR 2:00 Mystery Ride 2:30 Bingo - VG 6:00 Trivia	10-3 Craft Fair - VG 10:30 Balloon Toss in MCLR 5:00 Lawrence Welk Channel 10 6:00 Social & Popcorn
8:00 Mass on Ch. 58 11:00 Outside Walks 2:30 Mary Murphy Live Music - VG 6:00 Ice Cream Social	8:00 Muffins & Coffee 9:30 Let's Get Moving 9:30 Vote - VG 10:30 Outside Walks 2:30 Bingo - VG 6:00 Reminisce	10:00 Mystery Ride 10:00 Prayer/Comm.-CLR 11:00 Outside Walks 2:00 Baking for all 6:00 Hand Massages	9:30 Let's Get Moving 11:00 Sit Down Dancing 12:30 Italians for Lunch 2:30 Bingo - VG 6:00 Evening Walks	10:30 Sit Down Dancing 2:30 Peter Mezoian Live Banjo Music - VG 6:00 Let's Play Cards	9-11 Bake Sale - VG 9:30 Let's Get Moving- VG 2:00 Outside Walks 2:30 Bingo - VG 6:00 Trivia	10:30 Balloon Toss in MCLR 2:00 Outside Walks 5:00 Lawrence Welk Channel 10 6:00 Cheese & Cracker Social
8:00 Mass on Ch. 58 11:00 Outside Walks 2:00 Games in Dining Rm 6:00 Ice Cream Social	8:00 Muffins & Coffee 10:30 Outside Walks 2:30 Bingo - VG 6:00 Name That Tune	HALLOWEEN 1:00 Outside Walks 2:00 Arts & Crafts 2:30 Jerry Lachance - Party & Live Music - VG 3:30 Halloween Parade-VG	ROOM KEY CH = Chapel CLR = Castine Living Rm MCDR = Memory Care Dining Rm MCLR = Memory Care Living Rm VG = Village Green			Communion given every Sunday a.m. in Memory Care by visiting minister Mass shown in Memory Care on ch. 58 in their rooms at 8:00 a.m., upon request.