





# OCTOBER 2015 MEMORY CARE PROGRAM SPECIAL ACTIVITY CALENDAR

### DAILY PROGRAMMING

- \* **Daily exercise** include videos with music & walks inside facility for socializing & coordination 10-10:30 am
- \* **Morning socials** with fresh muffins & coffee daily
- \* **One on one visits** are done daily to provide personal time with the tenants.

~ Personalized Life Enrichment  
Activities are Continually  
Ongoing Throughout the Day

| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday   |
|--|---|--|--|--|--|--|
| <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p><b>Communion</b> given every Sunday a.m. in Memory Care by visiting minister</p> <p><b>Mass</b> shown in Memory Care on ch. 58 in their rooms at 8:00 a.m., upon request.</p> </div> |    | <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p style="text-align: center;"><b>ROOM KEY</b></p> <p>CLR = The Castine Living Room<br/>MCDR = Memory Care Dining Room<br/>MCLR = Memory Care Living Room<br/>VG = The Village Green</p> </div> |  | <p>10:00 Outside Walks <span style="float: right;">1</span><br/>2:00 Arts &amp; Crafts<br/><b>2:00 Barry Wood Live Music -VG</b><br/>6:00 Cheese and Cracker Social</p>                                  | <p>10:00 Book Club <span style="float: right;">2</span><br/><br/>2:00 Bake Pumpkin Pies<br/><br/>6:00 Pick an Activity</p>   | <p>10:30 Ball Toss <span style="float: right;">3</span><br/><br/>2:00 Outside Walks<br/><br/>5:00 Lawrence Welk Ch. 10</p>   |
| <p>9:00 Mass on Ch. 58 <span style="float: right;">4</span><br/><b>3:45 Dube Trio Live Music - VG</b><br/>6:00 Happy Hour with Sparkling Cider</p>   | <p>10:00 Outside Walks <span style="float: right;">5</span><br/><br/>2:00 "Little House on the Prairie", ch. 59<br/>6:00 Feed the Birds</p>   | <p>10:00 Decorate for Halloween <span style="float: right;">6</span><br/><br/>2:00 Bubble Blowing<br/>6:00 Hand Massages</p>   | <p>10:00 Manicures <span style="float: right;">7</span><br/>12:00 Celebrate Fall Luncheon<br/><br/>6:00 Movie Night, "Up"</p>                        | <p>10:00 Arm Exercises <span style="float: right;">8</span><br/>11:00 Pumpkin Rice Crispie Treats<br/><b>2:30 Phil House Live Music - CLR</b><br/>6:00 Quiet Music with "Big Bands, 50's &amp; 60's"</p> | <p>10:00 Book Club <span style="float: right;">9</span><br/><b>10:30 Jon Whitmore-VG</b><br/>2:00 "Little House on the Prairie", ch. 59<br/>6:00 Pick an Activity</p>  | <p>10:30 Ball Toss <span style="float: right;">10</span><br/><br/>2:00 Outside Walks<br/><br/>5:00 Lawrence Welk Ch. 10</p>  |
| <p>9:00 Mass on Ch. 58 <span style="float: right;">11</span><br/>2:00 Play Pool in Billiards Room<br/><b>3:45 Popular Video - VG</b><br/>6:00 Happy Hour with Sparkling Grape</p>  | <p style="text-align: center;"><b>COLUMBUS DAY</b> <span style="float: right;">12</span></p> <p>10:00 Outside Walks<br/>12:00 Monthly Birthday Party<br/>6:00 Quiet Social with Some Jazz</p> | <p>8:00 Pumpkin Muffins <span style="float: right;">13</span><br/><br/>2:00 Bubble Blowing<br/>6:00 Hand Massages</p>  | <p>10:00 Manicures <span style="float: right;">14</span><br/><br/>2:00 Sing-a-long with "Soda Fountain" Favorites<br/>6:00 Feed the Birds</p>        | <p>10:00 Ball Toss <span style="float: right;">15</span><br/>11:00 Make Crafts for Craft Fair<br/><br/>6:00 Cheese &amp; Cracker Social</p>  | <p>10:00 Book Club <span style="float: right;">16</span><br/><br/>2:00 Ride Around Lake Auburn<br/>6:00 Pick an Activity</p>   | <p><b>10-2 Craft Fair-VG</b> <span style="float: right;">17</span><br/>10:30 Ball Toss<br/><br/>5:00 Lawrence Welk Ch. 10</p>  |
| <p>9:00 Mass on Ch. 58 <span style="float: right;">18</span><br/>2:00 Play Pool-Billiards Rm<br/><b>3:45 Sharon Wright Live Music - VG</b><br/>6:00 Happy Hour with Cranberry Gingerale</p>  | <p>10:00 Outside Walks <span style="float: right;">19</span><br/><br/>2:00 "Little House on the Prairie", ch. 59<br/>6:00 Feed the Birds</p>  | <p>8:00 Pumpkin Pancakes <span style="float: right;">20</span><br/><br/>11:00 No Bake Spider Cookies<br/>6:00 Hand Massages</p>  | <p>10:00 Manicures <span style="float: right;">21</span><br/><br/>2:00 Carve Pumpkins &amp; Bake Cookies<br/>6:00 Hot Chocolate &amp; Tea Social</p> | <p>10:00 Outside Walks <span style="float: right;">22</span><br/><br/>2:00 Balloon Toss<br/>6:00 Cheese &amp; Cracker Social</p>   | <p>10:00 Book Club <span style="float: right;">23</span><br/><b>10:45 Jon Whitmore-VG</b><br/>2:00 "Little House on the Prairie", ch. 59<br/>6:00 Pick an Activity</p> | <p>10:30 Ball Toss <span style="float: right;">24</span><br/><br/>2:00 Outside Walks<br/><br/>5:00 Lawrence Welk Ch. 10</p>  |
| <p>9:00 Mass on Ch. 58 <span style="float: right;">25</span><br/>2:00 Play Pool-Billiards Rm<br/><b>3:45 Steve Hildonen Live Music - VG</b><br/>6:00 Happy Hour with Apple Cider</p>   | <p>10:00 Outside Walks <span style="float: right;">26</span><br/><br/>2:00 "Little House on the Prairie", ch. 59<br/>6:00 Feed the Birds</p>  | <p>8:00 Blueberry Muffins <span style="float: right;">27</span><br/>11:00 Make Witches Brooms<br/>6:00 Hand Massages</p>   | <p>10:00 Manicures <span style="float: right;">28</span><br/>12:00 Halloween Luncheon<br/><br/>6:00 Quiet Music Social</p>                           | <p>10:00 Outside Walks <span style="float: right;">29</span><br/>2:00 Pack Halloween Candy<br/><b>2:30 Staff Appreciation Ceremony - VG</b><br/>6:00 Make Halloween Cookies</p>                          | <p>10:00 Book Club <span style="float: right;">30</span><br/><br/>2:00 Outside Walks<br/>6:00 Pick an Activity</p>   | <p style="text-align: center;"><b>HALLOWEEN</b> <span style="float: right;">31</span></p> <p>10:30 Ball Toss<br/>2:00 Outside Walks<br/>6:00 "Scary Movie Night" Frankenweenie </p> |