



OCTOBER 2014 MEMORY CARE PROGRAM SPECIAL ACTIVITY CALENDAR

~ Personalized Life
Enrichment Activities
are Continually
Ongoing Throughout
the Day

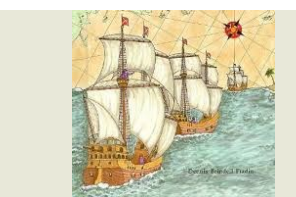
ROOM KEY
CLR = The Castine Living Room
MCDR = Memory Care Dining Room
MCLR = Memory Care Living Room
VG = The Village Green

DAILY PROGRAMMING
* Daily exercise include videos with music & walks inside facility for socializing & coordination 10-10:30
* Morning socials with fresh muffins & coffee daily
* One on one visits are done daily to provide personal time with the tenants.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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* Communion given every Sunday a.m. in Memory Care by visiting minister
* Mass shown in Memory Care on channel 58 in their rooms at 8:00 a.m., if they request

<p>9:00 Mass on Ch. 58 5 10:00 Outside Walks 3:45 Dube Trio Live Music - VG 6:00 Crackers and Cheese Social</p>	<p>10:00 Chair Exercises 6 in Dining Room 2:00 Puzzles 6:00 Manicures & Hand Massages</p>	<p>10:30 Inside Walks 7 2:00 Reminsce... "Vacations" 6:00 Music Social With Some Jazz</p>	<p>10:00 Balloon Toss 1 2:00 Quiet Time with Movie 6:00 Apples & PB Social</p>	<p>10:00 Hallway Walks 2 2:30 Barry Wood Live Music - VG 6:00 PJ Movie Night "Monster Squad"</p>	<p>10:00 Chair Exercises 3 in Dining Room 2:00 Book Club 6:00 Game Night</p>	<p>10:00 Inside Walks 4 to Camden 2:00 Apple Cider Social 6:00 Arm Dancing</p>
<p>9:00 Mass on Ch. 58 12 2:00 Puzzles 6:00 Crackers and Cheese Social</p>	<p>COLUMBUS DAY 13 8:00 Pumpkin Muffins 2:00 Table Hockey 6:00 Manicures & Hand Massages</p>	<p>10:00 Inside Walks 14 2:00 Make Pumpkin Pie 6:00 Special Dessert Social</p>	<p>10:30 Outside Walks 15 12:00 Soup & Sandwiches 2:00 Pumpkin Chocolate Chip Cookies 6:00 Yogurt & Granola Social</p>	<p>10:00 Chair Exercises 16 2:00 Fall Table Centerpieces 2:30 Larry Gowell Live Music - VG 4:00 English Muffin Pizza</p>	<p>10:00 DVD Exercise 17 2:00 Make Candy Apples 6:00 Game Night</p>	<p>10:00 Inside Walks 18 10-2 Craft Fair - VG 2:00 Book Club 6:00 Arm Dancing</p>
<p>9:00 Mass on Ch. 58 19 3:45 Steve Hildonen Live Music - VG 6:00 Fresh Fruit Social</p>	<p>10:00 Chair Exercises 20 2:00 Table Hockey 6:00 Manicures and Hand Massages</p>	<p>10:30 Inside Walks 21 2:00 Puzzles 6:00 Sock Hop Music Social</p>	<p>10:00 Balloon Toss 22 2:30 Monthly Birthday Party 6:00 Make Halloween Pumpkin Cookies</p>	<p>10:00 Hallway Walks 23 2:00 Wallingford's - "Parade of Jack-o-Lanterns" 6:00 Pumpkin Carving Social</p>	<p>10:30 Jon Whitmore 24 Live Music - VG 2:00 Book Club 6:00 Happy Hour</p>	<p>10:30 Balloon Toss 25 2:00 Checkers 6:00 Inside Walks to Camden</p>
<p>9:00 Mass on Ch. 58 26 11:00 Arm Dancing 3:00 Hymn Sing - VG 6:00 Sparkling Cider Social</p>	<p>10:00 Chair Exercises 27 2:00 Pick an Activity 6:00 Manicures and Hand Massages</p>	<p>10:30 Inside Walks 28 2:00 Appetizer Lunch 6:15 Kevin Farley Live Music - VG</p>	<p>8:00 Pancake Breakfast 29 2:00 Pack Halloween Candy 6:00 Apples & PB Social</p>	<p>10:00 Make Something for Bake Sale 30 2:00 Table Hockey 6:00 "Scary Stories" Reminisce</p>	<p>HALLOWEEN 31 9-11 Bake Sale - VG 12:00 Halloween Party 3:00 Halloween Costume Parade - VG 6:00 Halloween Movie Night "Monster House"</p>	<p>COLUMBUS DAY-Oct.13 </p>