






Schooner Community Calendar

October 2023

ROOM KEY

TR = Theater Rm CH = The Chapel CSLR = The Castine Living Rm CMLR = The Camden Living Rm CL = Camden Library
 SRC = Schooner Res Care THR = Tenants Harbor Room HPD = Harpswell Private Dining Room VG = Village Green

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 Sunday Church Services: 8:45 St Philip Catholic 9:10 St. Michaels 9:10 Park Avenue Methodist 2:30 Episcopal Service in person with Rev. George Sheats All welcome (Study)	2 9:30 Exercise(1390) 10:00 Fitness Foundations (CSLR) 11:00 BP Clinic (CMLR) 2:00-4:30 6 week Course: Living with Chronic Pain. Free (THR) 2:30 Bingo (VG) 3:30 Scrabble (CL)	3 8:30 AL Coffee Klatch (CSLR) 9:30 Exercise (1390) 10:00 Communion (CSLR) 10:15 In the News w/John Rice (THR) 1:30 AL Tenant Council (CSLR) 2:15 Bridge (CL) 2:30 Pictionary (THR) 4:00 LCR (THR)	4 9:30 Exercise (1390) 10:00 Fitness Foundations(CSLR) 10:00 Meet the Mayor—Jason Levesque (THR) 11:15 Lunch out to Longhorns Steakhouse, Auburn. Sign up 2:30 Bingo (VG) 3:30 Popcorn & Trivia (THR) 4:30 Action Hour (VG)	5 9:00 –11:00 LA Senior College Charlie Plummer –(THR) \$25.00 Sign up 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:15 Creative Group (VG) 2:30 Music: Jay Staples (VG) 4:00 Social Hour (THR)	6 9:30 Exercise (1390) 10:00 Meet Jeff Harmon: mayoral candidate (THR) 11:00 BP Clinic (VG) 10:15 Scattergories (CL) 11:30 Tour of the Poland Spring Museum’s (Free) Lunch out Sign up 2:30 BINGO (VG) 4:00 LCR (THR)	7 9:30 Coffee Klatch (THR) 10:15 Bible Share (Study) 10:30 Exercise (1390) 2:15 Cribbage (HPD)	
8 Sunday Church Services: 8:45 St Philip Catholic 9:10 St. Michaels 9:10 Park Avenue Methodist	9 Indigenous Peoples’ Day Columbus Day Holiday 9:30 Exercise Class (THR)/(1390) 10:00 Fitness Foundations (CSLR) 10:30 Mystery Ride, sign-up 11:00 BP Clinic (CMLR) 1:30 Manicures (CSLR) 2:30 Bingo (VG) 3:30 Scrabble (CL)	10 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:00 Magdalena (CSLR) 10:15 In the News w/John Rice (THR) 2:15 Bridge (CL) 2:30 Intriguing People (CSLR) 2:30 Pictionary (THR) 4:00 LCR (THR)	11 9:30 Exercise Class (THR/1390) 10:30 Lunch out to Sea Basket, Wiscasset. Sign up 2:30 Bingo (VG) 3:30 Popcorn & Trivia (THR) 4:30 Action Hour (VG)	12 9:00 LA Senior College (THR) Sign up \$25.00 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:15 Creative Group (VG) 2:30 Music: Mitch Thomas (VG) 4:00 Social Hour (THR)	13 Massage Therapy w/ Julie White, \$40.00 Sign-up . Start at 9:30. You will receive your arrival time. 9:30 Exercise Class (THR/1390) 10:15 Scattergories (THR) 2:30 BINGO (VG) 2:30 Hitchcock Hour (TR) 4:00 LCR (THR)	14 8:30 Breakfast Out—The Station Restaurant, Lewiston, Sign-up 9:30 Coffee Klatch (THR) 10:30 Exercise (1390) 2:15 Cribbage (HPD)	
15 Sunday Church Services: 8:45 St Philip Catholic 9:10 St. Michaels 9:10 Park Avenue Methodist	16 9:30 Exercise Class (THR)/(1390) 10:00 Fitness Foundations (CSLR) 10:30 Mystery Ride, sign-up 11:00 BP Clinic (CMLR) 2:00-4:30 6 week Course: Living with Chronic Pain. (THR) 2:30 Bingo (VG) 3:30 Scrabble (CL)	17 8:30 Coffee Klatch (CSLR) 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:00 Communion (THR) 10:15 In the News w/John Rice (THR) 2:15 Bridge (CL) 2:30 Tenant Council Meeting (THR) 3:30 Music Jay & Tammy (VG) 4:00 LCR (THR)	18 9:30 Exercise Class (THR/1390) 10:00 Fitness Foundations (CSLR) 11:15 Lunch out to Fish Bones, Lewiston Sign up 2:00 Auburn Library (THR) 2:30 Bingo (VG) 3:30 Popcorn & Trivia (THR) 4:30 Action Hour (VG)	19 9:00 LA Senior College (THR) 9:30 Exercise (1390) 9:30 Shopping Shuttle 9:30 ABSENTEE VOTING (THR) 10:15 Creative Group (VG) 2:30 Music: Jim Gallant (VG) 4:00 Social Hour (THR)	20 9:30 Exercise class (THR/1390) 10:15 Scattergories (THR) 11:00 BP Clinic (VG) 2:30 BINGO (VG) 2:30 Hitchcock Hour (TR) 4:00 LCR (THR) 6:00 Music Billy Jo Lake (VG)	21 9:30 Coffee Klatch (THR) 10:15 Bible Share (Study) 10:30 Exercise (1390) 2:15 Cribbage (HPD) 1 to 4 YMCA Fall Festival (free) Sign up 5:00 McLaughlin Gardens Jack O Lantern Spectacular- \$8.00 (Sign	
22 Sunday Church Services: 8:45 St Philip Catholic 9:10 St. Michaels 9:10 Park Avenue Methodist	23 9:30 Exercise Class (THR/1390) 10:00 Fitness Foundations (CSLR) 10:30 Mystery Ride, sign-up 11:00 BP Clinic (CMLR) 1:30 Manicures (CSLR) 2:00-4:30 6 week Course: Living with Chronic Pain. (THR) 2:30 Bingo (VG) 3:30 Scrabble (CL)	24 8:30 Coffee Klatch (CSLR) 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:15 In the News w/John Rice (THR) 2:15 Bridge (CL) 2:30 Pictionary - (THR) 4:00 LCR (THR)	25 9:30 Exercise Class (THR/1390) 10:00 Fitness Foundations (CSLR) 11:15 Lunch out Wei - Li Auburn Sign-up 2:30 Team Member Recognition Ceremony (VG)	26 9:00 LA Senior College (THR) 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:15 Creative Group (VG) 2:30 Music: Dave Stone (CMLR) 4:00 Social Hour (THR)	27 Massage Therapy w/ Julie White, \$40.00 Sign-up . Start at 9:30 9:30 Exercise Class (THR/1390) 10:00 Prot. Service (CLR) 10:15 Scattergories (THR) 11:00 BP Clinic (VG) 2:30 BINGO (VG) 2:30 Hitchcock Hour (TR) 4:00 LCR (THR)	28 9:30 Coffee Klatch (THR) 10:30 Exercise (1390) 2:15 Cribbage (HPD) 5:00 pm Make your own Pizza (THR) \$8.00 first time is free- Sign up	
29 Sunday Church Services: 8:45 St Philip Catholic 9:10 St. Michaels 9:10 Park Avenue Methodist	30 9:30 Exercise Class (THR/1390) 10:00 Fitness Foundations (CSLR) 10:30 Mystery Ride , sign-up 11:00 BP Clinic (CMLR) 2:00-4:30 6 week Course: Living with Chronic Pain. (THR) 2:30 Bingo (VG)) 3:30 Scrabble (CL)	31 HAPPY HALLOWEEN! 8:30 Coffee Klatch (CSLR) 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:15 In the News w/John Rice (THR) 2:15 Bridge (CL) 2:30 Christina Ariola Entertainment 2:30 Annual Halloween parade! VG 4:00 LCR (THR)					



Schooner Estates

OCTOBER 2023 ** Community Activity Calendar



“INTRIGUING PEOPLE”

Enjoy a video, describing a biography of intriguing people. Followed by a discussion about their accomplishments.

Will leave you wondering if you could have endured such an adventure?

TUESDAY, OCTOBER 10TH
AT 2:30 PM IN THE CASTINE LIVING ROOM

WEDNESDAY LUNCH OUTS ***

Please sign up for all

OCTOBER 4th: 11:15 Longhorns Steakhouse specializes in grilled steaks, burgers, salads and more.

OCTOBER 11th: 10:30 SEA BASKET IN WISCASSET. Enjoy the finest in Maine seafood.

OCTOBER 14TH, SATURDAY: 8:30 AM - Enjoy breakfast out at The Station Restaurant in Lewiston. Delicious!

OCTOBER 18th: 11:15 Fish Bones Grill, a casual-upscale restaurant focused on the best seafood and classic American cuisine.

OCTOBER 25TH: 11:15 - Wei - Li The Healthy Wei Award Winning Wei-Li offers an award winning Chinese and Japanese cuisine in an amazing atmosphere

HITCHCOCK HOUR: Enjoy an hour of movies featuring Alfred Hitchcock. On selected Fridays at 2:30 pm in the Theater Room.

OCTOBER OUTINGS and EVENTS: Please sign up at the Front Desk.

Mondays, 2:00 - 4:30 pm: A Course: Living with Chronic Pain. Last day to register 10/2/23-Please see Shannon prior to class. Living Well with Chronic Pain is an interactive, group workshop that includes 6 weekly, 2.5-hour class sessions. Learn how to better manage chronic pain, designed for people who have a diagnosis of chronic pain, offering strategies for dealing with their symptoms. 2-4:30 pm. In the Tenants Harbor Room.

Wednesday, Oct. 4th, 10:00 am: Coffee & Conversation with Jason Leveque, Mayor of Auburn. Tenants Harbor Room.

Friday, Oct. 6th 10:00 am: Coffee & Conversation Jeff Harmon, Mayoral candidate. In the Tenants Harbor Room.

Friday, Oct. 6th 11:30 We will tour the **Poland Spring Water Museum** and the **Maine State Building** a reminder of Maine’s industrial and economic past but is also representative of one of the great milestones in our country’s history. We will stop and eat lunch at a local restaurant.

Thursdays, 9:00—11:00 am: L/A SENIOR COLLEGE CLASS: 6 Weeks—Oct. 5th, 12th, 19th, 26th, Nov. 2nd, 9th, 16th. Taught by Prof. **Charlie Plummer**, “An exploration of the meaning of life, as expressed in the world’s intellectual traditions.” Please sign up for this class at the front Desk. Fee: \$25.00. (Membership for year required for an additional \$25.00.) In the Tenants Harbor Room.

Tuesday, Oct. 10th, 10:00 am: Magdalena Siegel is a consultant with many years as a therapist, public speaker and discussion leader. Join this unique discussion series. We will be continuing with “120 Good questions” in the Castine Living Room.

Friday, Oct. 13th and 27th: Sign up and receive your time, for half hour massages with massage therapist Julie White. Cost: \$40.00. She is here in the morning with classes starting at 9:30. You will be given your arrival time.

Thursday, Oct. 19th, 9:30 am : ABSENTEE VOTING. Held in the Tenants Harbor Room.

Saturday, Oct. 21st, 1-4 pm: Sign up for a shuttle ride to the YMCA Outdoor Fall Festival. An afternoon filled with fun, entertainment, and festivities for all ages. Right next door to Schooner!

Saturday, Oct. 21st, Leave at 5:00 pm: A “Jack O Lantern Spectacular” at McLaughlin Gardens from 6-8 pm. Pumpkins line the path throughout the Garden. \$ 8.00 per person or 2 for \$ 15.00. Please sign up.

Wednesday, Oct. 25th: 2:30 pm: Attend our annual “Team Member Recognition Ceremony”. Employees are recognized for their years of service. Held in the Village Green.

Tuesday, Oct. 31st, Halloween Parade and Christina Ariola, 2:30pm (VG) Join in our annual Halloween parade! Staff and tenants will be dressed up in their holiday costumes and parade around the Village Green! Winners will be chosen. Christina Ariola will provide entertainment.