






**NOVEMBER 2018
MEMORY CARE PROGRAM
SPECIAL ACTIVITY**

~ Personalized Life
Enrichment Activities
are Continually

DAILY PROGRAMMING
* **Daily exercise** include videos with music & walks.
Outside facility for socializing & coordination
10 - 10:30.
* **Morning socials** with fresh muffins & coffee daily.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|--|---|---|
|  | <div style="border: 1px solid black; padding: 5px;"> <p>Communion given every Sunday a.m. in Memory Care by visiting minister</p> <p>Mass shown in Memory Care on ch. 58 in their rooms at 8:00 a.m., upon request.</p> </div> | <div style="border: 1px solid black; padding: 5px;"> <p align="center">ROOM KEY</p> <p>CH = Chapel CLR = Castine Living Rm MCDR = Memory Care Dining Rm MCLR = Memory Care Living Rm VG = Village Green</p> </div> | | | | |
| <p>Daylight Savings 4 Time Ends 8:00 Mass on Ch. 58 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Dube Trio</p> | <p>8:00 Donuts & Coffee 5 9:15 Let's Get Moving 10:30 Hand Massages 2:30 Bingo - VG</p> | <p>9:30 Chair Exercise 6 10:45 Sing a long - VG 12:00 Music & Memories</p> | <p>9:15 Let's Get Moving 7 10:00 Manicures 2:00 Games in Dining Rm 2:30 Bingo - VG</p> | <p>10:30 Sit Down Dancing 1 2:00 Ice Cream Social-VG 2:30 Barry Wood Live Music - VG</p> | <p>9:15 Let's Get 2 Moving 11:30 Balloon Toss 2:30 Bingo - VG</p> | <p>10:30 Balloon Toss 3 2:00 Inside Walks 4:30 Trivia 5:00 Lawrence Welk Channel 10</p> |
| <p>VETERANS DAY 11 8:00 Mass on Ch. 58 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Linne Perry</p> | <p>8:00 Muffins & Coffee 12 9:15 Let's Get Moving 10:30 Paint with Sponges 2:30 Bingo - VG</p> | <p>9:30 Chair Exercise 13 10:00 Prayer/Comm.-CLR 2:00 Auburn Library - VG 2:00 Baking for All</p> | <p>9:15 Let's Get Moving 14 11:00 Arts and Crafts 2:30 Bingo - VG</p> | <p>10:30 Sit Down Dancing 15 11:30 Charles Plummer Presentation - VG 2:00 Ice Cream Social-VG 2:30 Peter Mezoiamn</p> | <p>9:15 Let's Get 16 Moving 10:00 Protestant Spiritual Service-CLR</p> | <p>10:30 Balloon Toss 17 2:00 Inside Walks 5:00 Lawrence Welk Channel 10</p> |
| <p>8:00 Mass on Ch. 58 18 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Steve Hildonen Live Music - VG</p> | <p>8:00 Donuts & Coffee 19 9:15 Let's Get Moving 10:30 Hand Massages 2:30 Bingo - VG</p> | <p>9:30 Chair Exercise-VG 20 10:45 Hymn Sing - VG 11:00 Inside Walks</p> | <p>9:15 Let's Get Moving 21 10:30 Jon Whitmore-CLR 11:00 Let's Blow Bubbles 2:30 Bingo - VG</p> | <p>THANKSGIVING 22 9:00 Macy's Parade on TV Thanksgivi </p> | <p>9:15 Let's Get 23 Moving 2:00 Inside Walks 2:30 Bingo - VG</p> | <p>10:30 Balloon Toss 24 In MCLR 2:00 Inside Walks 5:00 Lawrence Welk Channel 10</p> |
| <p>8:00 Mass on Ch. 58 25 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Jerry Lachance Live Music - VG</p> | <p>8:00 Donuts & Coffee 26 9:15 Let's Get Moving 10:30 Hand Massages 2:30 Bingo - VG</p> | <p>9:30 Chair Exercise-VG 27 10:00 Prayer/Comm.-CLR 11:00 Inside Walks 12:00 Music Memories 2:00 Place Mat Art</p> | <p>9:15 Let's Get Moving 28 11:00 Let's Blow Bubbles 12:30 Lobster Lunch 2:30 Bingo - VG</p> | <p>10:30 Sit Down 29 Dancing 2:00 Ice Cream Social-VG 3:30 Faith Thompson</p> | <p>9:15 Let's Get 30 Moving 2:00 Inside Walks 2:30 Bingo - VG 4:30 Italian Night</p> |  |