



**NOVEMBER 2019  
MEMORY CARE PROGRAM  
SPECIAL ACTIVITY**

**DAILY PROGRAMMING**

\* **Daily exercise** include videos with music & walks.  
Outside facility for socializing & coordination  
10 - 10:30.  
\* **Morning socials** with fresh muffins & coffee daily.

**Communion** given every Sunday a.m.  
in Memory Care by visiting minister  
**Mass** shown in Memory Care on ch. 58  
in their rooms at 8:00 a.m., upon request.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Personalized Life Enrichment Activities are Continually</b>			<b>ROOM KEY</b> CH = Chapel   CLR = Castine Living Rm MCDR = Memory Care Dining Rm MCLR = Memory Care Living Rm		9:15 Let's Get Moving 1 11:30 Balloon Toss 2:30 Bingo - VG	<b>9-2 Craft Fair-VG 2</b> 10:30 Balloon Toss 2:00 Inside Walks 4:00 Bowling
8:00 Mass on Ch. 58 3 11:00 Balloon Toss 2:00 Games in Dining Rm <b>2:30 Lorraine's Trio Live Music - VG</b>	8:00 Donuts & Coffee 4 9:15 Let's Get Moving 10:30 Baking Cookies 11:30 Balloon Toss	9:30 Chair Exercise 5 10:00 Prayer/Communion 10:30 Hand Massages 2:00 Auburn Library-CLR	9:15 Let's Get Moving 6 11:30 Coloring 2:00 Games in Dining Rm 2:30 Bingo - VG	10:30 Sit Down Dancing 7 <b>11:00 Mystery Ride</b> 2:00 Apple Cider Social <b>2:30 Barry Wood Live Music - VG</b>	9:15 Let's Get Moving 8 11:00 Baking For All 2:30 Bingo - VG <b>4:30 Italian Night</b>	10:30 Balloon Toss 9 2:00 Inside Walks 4:00 Bowling 5:00 Lawrence Welk Channel 10
8:00 Mass on Ch. 58 10 11:00 Balloon Toss 2:00 Games in Dining Rm <b>2:30 Steve Hildonen Live Music - VG</b>	<b>VETERANS DAY 11</b> 8:00 Muffins & Coffee 9:15 Let's Get Moving 10:30 Baking Cookies <b>10:45 Judys Vet Honor Sing a long - VG</b> 11:30 Balloon Toss	9:30 Chair Exercise 12 10:30 Hand Massages 2:00 Baking for All 2:30 Inside Walks	9:15 Let's Get Moving 13 11:00 Coloring 1:00 Arts and Crafts 2:30 Bingo - VG	10:30 Baking Cookies 14 <b>11:00 Mystery Ride</b> 2:00 Apple Cider Social <b>2:00 Phil House Live Music - VG</b>	9:15 Let's Get Moving 15 10:00 Spiritual Service - CLR 11:30 Balloon Toss	10:30 Balloon Toss 16 2:00 Inside Walks 4:00 Bowling 5:00 Lawrence Welk
8:00 Mass on Ch. 58 17 11:00 Balloon Toss 2:00 Games in Dining Rm <b>2:30 Lynn Perry Live Music - VG</b>	8:00 Donuts & Coffee 18 9:15 Let's Get Moving 10:30 Baking Cookies 11:30 Balloon Toss	9:30 Chair Exercise 19 10:00 Prayer/Communion 2:00 Coloring for All 2:30 Inside Walks	9:15 Let's Get Moving 20 11:00 Let's Blow Bubbles 1:00 Marble PaintTurkeys <b>2:30 Fashion Show- Live "Gowns from Around"-VG</b>	10:30 Sit Down Dancing 21 11:00 Mystery Ride 2:00 Apple Cider Social <b>2:30 Sean Hennessey Live Music - VG</b>	9:15 Let's Get Moving 22 11:00 Baking for All 2:00 Inside Walks 2:30 Bingo - VG	10:30 Balloon Toss 23 2:00 Inside Walks 4:00 Bowling 5:00 Lawrence Welk Channel 10
8:00 Mass on Ch. 58 24 11:00 Balloon Toss 2:00 Games in Dining Rm <b>2:30 Jerry Lachance Live Music - VG</b>	8:00 Muffins & Coffee 25 9:15 Let's Get Moving 10:30 Baking Cookies 11:30 Balloon Toss	9:30 Chair Exercise 26 10:00 Prayer/Communion 2:30 Inside Walks 4:00 Coloring for All	9:15 Let's Get Moving 27 1:00 Fruit Stamp Painting 2:30 Bingo - VG	<b>THANKSGIVING 28</b> 10:30 Sit Down Dancing 2:00 Apple Cider Social 3:30 Bowling	9:15 Let's Get Moving 29 11:00 Baking for All 2:00 Inside Walks 2:30 Bingo - VG	10:30 Balloon Toss 30 2:00 Inside Walks 4:00 Bowling 5:00 Lawrence Welk Channel 10