






Schooner Community Calendar

November 2023

ROOM KEY

TR = Theater Rm CH = The Chapel CSLR = The Castine Living Rm CMLR = The Camden Living Rm CL = Camden Library
 SRC = Schooner Res Care THR = Tenants Harbor Room HPD = Harpswell Private Dining Room VG = Village Green

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Door to Door Coffee Cart (Sign Up) 9:30 Exercise Class (THR/1390) 10:00 Fitness Foundations (CSLR) 2:30 Bingo (VG) 3:30 Popcorn & Trivia (THR)	2 Door to Door Coffee Cart (Sign Up) 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:15 Creative Group (CSLR) 4:00 Social Hour (THR)	3 Door to Door Coffee Cart (Sign Up) 9:30 Exercise Class (THR/1390) 11:00 BP Clinic (VG) 3:00 Door to Door ICE CREAM CART Sign up 4:00—Movie-Lawrence Welk <u>God Bless America special</u> (1390)	4 9:30 Coffee Klatch (THR) 10:30 Exercise (1390) 2:00 Community Little Theatre -The Drowsy Chaperone. (Cancelled) *2:15 Cribbage (HPD)
5 Daylight Saving Time Ends Sunday Church Services: 8:45 St Philip Catholic 9:10 St. Michaels 9:10 Park Avenue Methodist	6 Door to Door Coffee Cart (Sign Up) 9:00 Exercise Class (THR/1390) 10:00 Fitness Foundations (CSLR) 11:00 BP Clinic (CMLR) 2:30 Bingo (VG) *3:30 Scrabble (CL)	7 Door to Door Coffee Cart (Sign Up) 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:00 Communion (CSLR) 10:15 In the News w/John Rice (THR) 1:30 <u>AL Tenant Council</u> (CSLR) *2:15 Bridge (CL) 2:30 Pictionary (THR) 3:30 Action Hour (VG)	8 9:30 Exercise Class (THR/1390) 10:00 Fitness Foundations (CSLR) 11:30 Veteran Luncheon –Green Ladle 2:30 Bingo (VG) 3:30 Popcorn & Trivia (THR) 5:00 ORDER OUT NIGHT FROM KFC SIGN UP AT THE FRONT DESK. PLEASE INDICATE #1, #2, OR #3 MEAL DEAL. \$7.50 6:00 Lawrence Welk <u>God Bless America special</u> (1390)	9 9:00 –11:00 LA SENIOR COLLEGE (THR) 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:15 Creative Group (CSLR) 2:30 Music: Sam Nataluk (CMLR) 4:00 Social Hour (THR)	10 Massage Therapy w/ Julie White, \$40.00 Sign-up . 9:30 Exercise Class (THR/1390) 10:30 Scattergories (VG) 11:00 BP Clinic (VG) 2:00 Movie— “The Burial” (TR) 2:30 BINGO (VG) 4:00 LCR (THR)	11 VETERANS DAY 9:30 Coffee Klatch (THR) 10:30 Exercise (1390) 11:00 Lawrence Welk “<u>God Bless America</u>” (1390) *2:15 Cribbage (HPD) 3:30 Music: Present Company (CMLR)
12 Sunday Church Services: 8:45 St Philip Catholic 9:10 St. Michaels 9:10 Park Avenue Methodist	13 9:30 Exercise Class (THR)/(1390) 10:00 Fitness Foundations (CSLR) 11:00 BP Clinic (CMLR) 1:30 Manicures (CSLR) 2:00-4:30 6 week Course: Living with Chronic Pain. (THR) 2:30 Bingo (VG) *3:30 Scrabble (CL) 6:00 MUSIC- Ross Cunningham “Songs you will Remember.” (THR)	14 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:15 In the News w/John Rice (THR) *2:15 Bridge (CL) 2:30 Pictionary (THR) 2:30 Intriguing People (CSLR) *4:00 LCR (THR)	15 9:30 Breakfast Out—IHOP (Sign up) 9:30 Exercise Class (1390) 10:00 Fitness Foundations (CSLR) 2:00 AUBURN LIBRARY (THR) 2:30 Bingo (VG) 3:30 Popcorn & Trivia (THR)	16 9:00 –11:00 LA SENIOR COLLEGE (THR) 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:15 Creative Group (CSLR) 2:30 Music: Anni Clark (VG) 4:00 Social Hour (THR)	17 Massage Therapy w/ Julie White, \$40.00 Sign-up . 9:30 Exercise Class (THR/1390) 10:00 Prot. Service (CLR) 10:15 Scattergories (THR) 11:00 BP Clinic (VG) 2:00 Movie- Hillbilly’s Turkey Day (TR) 2:30 BINGO (VG) *4:00 LCR (THR)	18 9:30 Coffee Klatch (THR) 10:15 Bible Share (Study) 10:30 Exercise (1390) *2:15 Cribbage (HPD) 3:00 Music: Dave Stone (CMLR)
19 Sunday Church Services: 8:45 St Philip Catholic 9:10 St. Michaels 9:10 Park Avenue Methodist	20 9:30 Exercise Class (THR)/(1390) 10:00 Fitness Foundations (CSLR) 11:00 BP Clinic (CMLR) 1:30 Manicures (CSLR) 2:00-4:30 6 week Course: Living with Chronic Pain. Last Class (THR) 2:30 Bingo (VG) *3:30 Scrabble (CL)	21 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:00 Communion (THR) 10:15 In the News w/Shannon (THR) *2:15 Bridge (CL) 2:30 Tenant Council Meeting (THR) 3:30 Action Hour (VG) *4:00 LCR (THR)	22 9:00 Shop Maine Mall Lunch out to The Cracker Barrell Sign-up 9:30 Exercise Class (THR/1390) 10:00 Fitness Foundations (CSLR) 2:30 Bingo (VG) 3:30 Popcorn & Trivia (THR)	23 THANKSGIVING DAY Enjoy the holiday meal at your lunch time! 	24 BLACK FRIDAY, NO TRANSPORTATION TODAY 11:00 BP Clinic (VG) 2:00 Movie -Christmas Vacation” (1390) *4:00 LCR (THR)	25 9:30 Coffee Klatch (THR) 10:30 Exercise (1390) *2:15 Cribbage (HPD) 5:00 Make Your Own Pizza Cost \$8.00 - FIRST TIME your pizza is FREE -SIGN UP (THR)
26 Sunday Church Services: 8:45 St Philip Catholic 9:10 St. Michaels 9:10 Park Avenue Methodist	27 9:30 Exercise Class (THR/1390) 10:00 Fitness Foundations (CSLR) 10:30 Cyber Hygiene -Dr. Henry Felch and UMA research student Sarah Cook-Wheeler (THR) all welcome 11:00 BP Clinic (CMLR) 1:30 Manicures (CSLR) 2:30 Bingo (VG) *3:30 Scrabble (CL)	28 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:15 In the News w/John Rice (THR) 2:00 Wowzitude Virtual Travel Club (CSLR) *2:15 Bridge (CL) 2:30 Pictionary - (THR) 3:30 Action Hour (VG) *4:00 LCR (THR)	29 9:00 Shop around Freeport and at L.L. Bean - lunch at Linda Bean’s Sign-up 9:30 Exercise Class (THR/1390) 10:00 Fitness Foundations (CSLR) 2:30 Bingo (VG) 3:30 Popcorn & Trivia (THR)	30 9:00 –11:00 LA SENIOR COLLEGE (THR) 9:30 Exercise (1390) 9:30 Shopping Shuttle 11:00 Wowzitude Virtual Travel Club (CSLR) 2:30 Music: Jay Staples (VG) 4:00 Social Hour (THR)		



Schooner Estates NOVEMBER 2023 ** Community Activity Calendar



“INTRIGUING PEOPLE”

Enjoy a video, describing a biography of intriguing people. Followed by a discussion about their accomplishments. Will leave you wondering if you could have endured such an adventure?

TUESDAY, NOVEMBER 14TH

AT 2:30 PM IN THE CASTINE LIVING ROOM



Check out the following “Tenant Run Activities”

- *Scrabble at 3:30 on Mondays (CL)
- *Bridge at 2:15 on Tuesdays (CL)
- *LCR at 4:00 on Tuesdays & Fridays (THR)
- *Cribbage at 2:15 on Saturdays (HPD)

“ Cyber Hygiene for Adults, Protecting Your Digital World ”

Join us for an enlightening and interactive session on Cyber Hygiene, featuring Dr. Henry Felch, a distinguished Professor of Cybersecurity and Computer Information Systems. Learn how to protect your personal information, identify, thwart cyber threats, and navigate the online landscape with confidence.

Monday NOVEMBER 27th

AT 10:30 am IN THE TENANTS HARBOR ROOM

WEDNESDAY LUNCH OUTS

Please sign up for all

November 8th: 5:00 pm-Order Out from Kentucky Fried Chicken
Please indicate #1: A 3 Pc. Tender Combo, #2: A 2 Pc Drum &Thigh combo, or #3: A Pot Pie meal deal .
Cost \$7.50 each. Includes a medium soft drink.

NOVEMBER 15th: 9:30 am - Breakfast Out—IHOP.
Pancakes at their best!

NOVEMBER 22nd: 9:00 am - Shop at the Maine Mall and eat at the always popular Cracker Barrell Restaurant.

NOVEMBER 29th: 9:00 am - We’ll do some shopping at L.L. Bean and check out other stores in the area. Followed by lunch- Linda Bean's Maine Kitchen and Topside Tavern, Freeport.

NOVEMBER OUTINGS and EVENTS: Please sign up at the Front Desk.

Thursdays, 9:00—11:00 am: L/A SENIOR COLLEGE CLASS: Continuation of 7 week course: Nov. 2nd, 9th, 16th. Taught by Prof. **Charlie Plummer** , “An exploration of the meaning of life, as expressed in the world’s intellectual traditions.” In the Tenants Harbor Room. Pre sign up required.

Fridays, Nov. 10th & 17th: Massage Therapy w/ Julie White, \$40.00. Sign-up .

Monday November 13th –6:00 pm Ross Cunningham “Songs you will Remember.” (THR)

Wowzitude's Award-Winning Travel Club

In the comfort of the Castine Living Room– All welcome for an Interactive, moderated live-streamed virtual walking tours are led by local guides. We will join the guides on virtual walks in cities around the world. See two shows below:

Tuesday - November 28th: 2 pm: Wowzitude's Award-Winning Travel Club. "Exploring the Land of the Long White Cloud: Auckland, New Zealand". Castine Living Room.

Thursday, November 30th: 11 am: Wowzitude's Award-Winning Travel Club. "Where Charm and History Merge: Ljubljana, Slovenia". Castine Living Room.