



**SEPTEMBER 2015**  
**MEMORY CARE PROGRAM**  
**SPECIAL ACTIVITY**  
**CALENDAR**

**DAILY PROGRAMMING**

\* **Daily exercise** include videos with music & walks inside facility for socializing & coordination 10-10:30 am  
 \* **Morning socials** with fresh muffins & coffee daily  
 \* **One on one visits** are done daily to provide personal time with the tenants.

~ **Personalized Life Enrichment**  
**Activities are Continually**  
**Ongoing Throughout the Day**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00 Decorate for Fall <b>1</b> 2:00 Outside Walks 6:00 Hand Massages	10:00 Manicures <b>2</b> 10:45 <b>The Jubliees</b> <b>Live Music - VG</b> 6:00 Quiet Movie Night - "Up"	10:00 Outside Walks <b>3</b> 11:00 <b>Arts &amp; Crafts</b> 2:30 <b>Barry Wood</b> <b>Live Music - VG</b> 6:00 Cheese and Cracker Social	10:00 Book Club <b>4</b> 10:30 <b>Jon Whitmore-VG</b> 2:00 Outside Walks 6:00 Pick an Activity	10:30 Ball Toss <b>5</b> 2:00 Ladybugs with Apples 5:00 Lawrence Welk Ch. 10
9:00 Mass on Ch. 58 <b>6</b> 2:00 Play Pool-Billiards Rm <b>3:45 Dube Trio Live Music - VG</b> 6:00 Happy Hour "Apple Cider"	<b>LABOR DAY</b> <b>7</b> 10:00 Outside Walks 2:00 Bubble Blowing 6:00 Feed the Birds	8:00 Apple Cinnamon Muffins & Hot Chocolate <b>8</b> 2:00 Sing-a-long 6:00 Hand Massages	10:00 Manicures <b>9</b> 11:00 Paint Trees with Q-tips 12:00 "Lets Make Lunch" 6:00 Quiet Movie Night "Little Rascals"	10:00 Arm Exercises <b>10</b> 11:00 Baking Club "Apple Pies" <b>2:00 Ride Around Lake Auburn</b> 6:00 Quiet Music with Some Jazz	10:00 Book Club <b>11</b> 2:00 Outside Walks 6:00 Pick an Activity	10:30 Ball Toss <b>12</b> 2:00 Root Beer Floats 5:00 Lawrence Welk Ch. 10
9:00 Mass on Ch. 58 <b>13</b> 2:00 Play Pool in Billiards Room <b>3:45 Hymn Sing - VG</b> 6:00 Happy Hour	10:00 Outside Walks <b>14</b> 2:00 Bubble Blowing 6:00 Edible Art "Mini Fruit Pizzas"	8:00 Apple Pancakes <b>15</b> 2:00 Feed the Birds 6:00 Hand Massages	<b>OCTOBERFEST COOKOUT</b> <b>16</b> 10:00 Manicures 6:00 Quiet Movie Night-"Wizard of Oz"	10:00 Ball Toss <b>17</b> 11:00 Arts & Crafts <b>2:00 Shuttle to Wallingford's Orchard</b> 6:00 Cheese & Cracker Social	10:00 Book Club <b>18</b> 2:00 Outside Walks 6:00 Pick an Activity	10:30 Ball Toss <b>19</b> 2:00 Ice Cream Social 5:00 Lawrence Welk Ch. 10
9:00 Mass on Ch. 58 <b>20</b> 2:00 Play Pool in Billiards Room 6:00 Happy Hour "Apple Cider"	10:00 Outside Walks <b>21</b> 2:00 Bubble Blowing 6:00 Feed the Birds	9:00 Homemade Granola <b>22</b> 2:30 Sing-a-long—VG 6:00 Hand Massages	<b>AUTUMN BEGINS</b> <b>23</b> 10:00 Manicures 2:00 Yogurt & Granola Social 6:00 Quiet Music Social w/Big Band Favorites	10:00 Outside Walks <b>24</b> <b>2:30 Roger Renaud Live Music - VG</b> 6:00 Cheese & Cracker Social	10:00 Baking Club <b>25</b> <b>10:45 Jon Whitmore-VG</b> 2:00 Outside Walks 6:00 "Apple Crisp"	10:30 Ball Toss <b>26</b> 2:00 Rootbeer Floats 5:00 Lawrence Welk Ch. 10
9:00 Mass on Ch. 58 <b>27</b> 2:00 Play Pool in Billiards Room <b>3:45 Steve Hildonen Live Music - VG</b> 6:00 Apple&Cheese Social	10:00 Outside Walks <b>28</b> 2:00 Bubble Blowing 6:00 Feed the Birds	8:00 Apple/Blueberry Muffins <b>29</b> 2:00 Make Home Made Jelly 6:00 Hand Massages	10:00 Manicures <b>30</b> 2:00 Mini Caramel Apples 6:00 Quiet Music Social With the 50's	<div style="border: 1px solid black; padding: 5px;"> <p><b>Communion</b> given every Sunday a.m. in Memory Care by visiting minister  <b>Mass</b> shown in Memory Care on ch. 58 in their rooms at 8:00 a.m., upon request.</p> </div>		<div style="border: 1px solid black; padding: 5px;"> <p><b>ROOM KEY</b>  <b>CLR</b> = The Castine Living Room  <b>MCDR</b> = Memory Care Dining Room  <b>MCLR</b> = Memory Care Living Room  <b>VG</b> = The Village Green</p> </div>