

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



**SEPTEMBER 2014  
MEMORY CARE PROGRAM  
SPECIAL ACTIVITY  
CALENDAR**



~ Personalized Life  
Enrichment Activities  
are Continually  
Ongoing Throughout  
the Day

**DAILY PROGRAMMING**

- \* **Daily exercise** include videos with music & walks inside facility for socializing & coordination 10-10:30
- \* **Morning socials** with fresh muffins & coffee daily
- \* **One on one visits** are done daily to provide personal time with the tenants.

	<p><b>LABOR DAY</b> 1 10:00 Balloon Toss  6:00 Manicures &amp; Hand Massages</p>	<p>2 2:00 Quiet Social with Some Jazz  6:00</p>	<p>3 10:00 Ball Toss <b>Jubilee Singers Live Music - VG</b></p>	<p>4 10:00 Outside Walks  2:30 <b>Barry Wood Live Music - VG</b></p>	<p>5   5:00 Inside Walks</p>	<p>6 10:30 Ball Toss  5:00 Inside Walks</p>
<p>7 9:00 Mass on Ch. 58 10:00 Outside Walks</p>	<p>8 10:00 Balloon Toss  6:00 Manicures &amp; Hand Massages</p>	<p>9 10:30 Outside Walks  6:00 Social</p>	<p>10 <b>End of Summer BBQ at 12 P.M.</b></p>	<p>11 10:00 Phil House <b>Live Music -CMLR</b>  6:00 Social</p>	<p>12 10:30 <b>Jon Whitmore Live Music - VG</b>  2:00 Inside Walks</p>	<p>13 10:30 Ball Toss  2:00 Book Club</p>
<p>14 9:00 Mass on Ch. 58 10:00 Bowling  6:00 Cheese &amp; Cracker Social with Sparkling Cider</p>	<p>15 8:00 Make Breakfast Together  6:00 Manicures &amp; Hand Massages</p>	<p>16 10:00 Outside Walks</p>	<p>17 10:30 Outside Walks</p>	<p>18 11:00 Exercise</p>	<p>19   6:00 PJ's Movie Night</p>	<p>20 10:00 Outside Walks  2:00 Book Club  6:00 "Let's Chat"</p>
<p>21 9:00 Mass on Ch. 58 10:00 Balloon Toss  6:00 Summer Cocktails with Fresh Fruit</p>	<p>22 8:00 Breakfast  6:00 Manicures and Hand Massages</p>	<p>23 <b>AUTUMN BEGINS</b> 10:30 Outside Walks  6:00</p>	<p>24 10:00 Balloon Toss 12:00 Appetizer Lunch  6:00 Music Social with Some Jazz</p>	<p>25 10:00 Dance Video Exercise  6:00</p>	<p>26 10:30 <b>Jon Whitmore Live Music - VG</b>  5:00 Pick an Activity</p>	<p>27 10:30 Balloon Toss  5:00 Inside Walks</p>
<p>28 9:00 Mass on Ch. 58 10:00 Ball Toss  6:00 Reminisce "End of Summer"</p>	<p>29 8:00  6:00 Manicures and Hand Massages</p>	<p>30 10:30 Outside Walks  6:15 <b>The Dunnemann's Live Music - VG</b></p>	<p><b>ROOM KEY</b>  CLR = The Castine Living Room MCDR = Memory Care Dining Room MCLR = Memory Care Living Room VG = The Village Green</p>		<p>* <b>Communion</b> given every Sunday a.m. in Memory Care by visiting minister * <b>Mass</b> shown in Memory Care on channel 58 in their rooms at 8:00 a.m., if they request</p>	