




**MARCH 2015  
MEMORY CARE PROGRAM  
SPECIAL ACTIVITY  
CALENDAR**



~ Personalized Life  
Enrichment Activities  
are Continually  
Ongoing Throughout  
the Day

\* **Communion** given every Sunday a.m. in Memory Care by visiting minister  
\* **Mass** shown in Memory Care on channel 58 in their rooms at 8:00 a.m., if they request

**ROOM KEY**  
CLR = The Castine Living Room  
MCDR = Memory Care Dining Room  
MCLR = Memory Care Living Room  
VG = The Village Green

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Mass on Ch. 58 1 3:45 Dube Trio Live Music - VG 4:45 "Fiddler on the Roof" on TCM	10:00 Chair Exercises in Dining Room 2 2:00 Pick an Activity 6:00 Manicures & Hand Massages	10:30 Inside Walks to Village Green 3 2:00 Ball Toss 6:00 Sing-a-long Social	10:45 Jubilee Singers 4 Live Music - VG 11:00 Hallway Walks 6:00 Painting and Music Social	10:30 Decorate for St. Patrick's Day 5 2:30 Barry Wood Live Music - VG 6:00 Happy Hour	8:00 Apple Cinnamon Muffins 6 2:00 Sand Art 6:00 Flower Craft with Dye	10:30 Ball Toss 7 2:00 Shamrock Trail Mix 6:00 Popcorn Social
9:00 Mass on Ch. 58 8 2:00 Puzzles 3:45 Lorna Jollymore Live Music - CLR 6:00 Cheese and Cracker Social	10:00 Chair Exercises in Dining Room 9 2:00 Pick an Activity 6:00 Manicures & Hand Massages	10:30 Inside Walks to Village Green 10 2:00 Edible Art "Rainbows" 6:00 Sing-a-long Social	10:00 Arm Dancing 11 11:00 Make Candy Bars 6:00 Movie Night	10:30 Ball Toss 12 2:00 Tea & Cookie Social 6:00 Happy Hour	10:00 Book Club 13 10:30 Jon Whitmore Live Music - VG 6:00 Daffodil Crafts	10:30 Ball Toss 14 2:00 Paint with Bottles 6:00 Popcorn Social
9:00 Mass on Ch. 58 15 2:00 Puzzles 3:45 Wayne Baker Live Music - VG 6:00 Cheese and Cracker Social	10:00 Table Hockey 16 2:00 Arts & Crafts "Pipe cleaner Rainbows" 6:00 Manicures & Hand Massages	<b>ST. PATRICK'S DAY</b> 17 12:00 St. Patrick's Day Luncheon 3:30 St. Patrick's Day Live Music - VG 6:00 Shamrock Pretzels	8:00 Blueberry Muffins & Coffee 18 1-5 pm Beltone Hearing Clinic (sign up) - CLR 2:00 Ball Toss 6:00 Reminisce "Spring"	10:00 Chair Exercises 19 2:00 Tea & Cookie Social 6:00 Happy Hour	<b>SPRING BEGINS</b> 20 10:00 Baking Club 2:00 Quiet Social With Some Jazz 6:00 Special Dessert Social	10:00 Inside Walks 21 2:00 "Cheerios" Bird Feeders 6:00 Ice Cream Social
9:00 Mass on Ch. 58 22 2:00 Puzzles 3:45 Steve Hildonen Live Music - VG 6:00 Cheese & Cracker Social	10:00 Chair Exercises in Dining Room 23 2:00 Arts & Crafts 6:00 Manicures & Hand Massages	10:00 Hallway Walks 24 2:00 Bubble Blowing 6:00 Quiet Social with "Louis Armstrong"	10:00 Arm Dancing 25 2:00 "Cherry Pies" 6:00 Special Dessert Social	8:30 Pancakes & Sausage 26 2:00 Edible Art 2:45 Mary Murphy Live Music - VG 6:00 Happy Hour	10:00 Book Club 27 10:30 Jon Whitmore Live Music - VG 6:00 Movie & Popcorn	10:30 Hallway Walks 28 2:00 Ball Toss 6:00 Ice Cream Social
9:00 Mass on Ch. 58 29 2:00 Puzzles 3:45 Video Concert-VG 6:00 Cheese & Cracker Social	10:00 Table Hockey 30 2:00 Pick an Activity 6:00 Hand Massage & Manicures	9:00 Inside Walks to Village Green 31 2:00 Arts and Crafts "Think Spring" 6:00 "Name That Tune"			<p><b>DAILY PROGRAMMING</b></p> <ul style="list-style-type: none"> <li>* <b>Daily Exercise</b> include videos with music &amp; walks. inside facility for socializing &amp; coordination 10-10:30</li> <li>* <b>Morning Socials</b> with fresh muffins &amp; coffee daily.</li> <li>* <b>One on one Visits</b> are done daily to provide personal time with the tenants.</li> </ul>	<p>Happy St. Patrick's Day!</p> 