

JULY 2014 MEMORY CARE PROGRAM SPECIAL ACTIVITY



DAILY PROGRAMMING

- * <u>Daily exercise</u> include videos with music & walks inside facility for socializing & coordination 10-10:30 am
 * <u>Morning socials</u> with fresh muffins & coffee daily
 * <u>One on one visits</u> are done daily to provide personal time with the tenants.

ROOM KEY

CLR = The Castine Living Room MCDR = Memory Care Dining Room MCLR = Memory Care Living Room VG = The Village Green

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
~ Personalized Life Enrichment Activities are Continually Ongoing Throughout the Day	Join In Early evening trips to water our garden	10:00 Balloon Toss 1 2:00 Outside Walks 6:00 String of Stars for Windows	10:00 DVD Dance 2 10:45 Jubilee Singers Live Music - VG 2:00 Walk to Library 6:00 Game Night	10:00 Outside Walks 3 2:00 Decorate Sun Hats for 4th 6:00 Make Dessert for 4th Picnic	INDEPENDENCE 4 DAY 10:00 Fruity Friday 12:00 4th Picnic—lunch in Courtyard 6:00 PJ's Movie Night	10:30 Outside 5 Walks 2:00 Ice Cream Social 5:00 Lawrence Welk Channel 10
10:00 Outside Walks 4:00 Rootbeer Float	10:00 Balloon Toss 7 2:00 Book Club 6:00 Nail Art & Massages	10:30 Outside Walks 8 2:30 Barry Wood Live Music - VG 6:00 Piano Social - MCLR	AMERICANA BBQ 9 AT 12 P.M. 10:30 Outside Walks 6:00 Edible Art	10:00 Cooking Class 10 1:30 Ice Cream Ride 2:30 Phil House Live Music - CLR 6:00 Reminisce about 4th of July	10:30 Jon Whitmore 11 Live Music - VG 2:00 Sparking Pretzels 6:00 Walk to Library	10:30 Outside 12 Walks 2:00 Watermelon Social 6:00 Popcorn & Movie
10:00 Bowling	8:00 Make Breakfast 14 Together 10:00 Ring Toss Game 4:00 Fruit Smoothies	10:00 Outside Walks 15 2:00 Make Dessert 4:00 Evening Picnic	9:00 Ball Toss 16 12:00 Make Italians 6:00 Strawberry Bouguets	10:00 Outside Walks 17 11:00 DVD Exercise 2:30 Larry Gowell Live Music - VG 5:00 Manicures & Hand Massages	10:00 Fruity Friday 18 2:00 Arts & Crafts 6:00 PJ's Movie Night	10:00 Outside Walks 19 2:00 Hot Fudge Sundae Social 6:00 Classical Music Social
9:00 Mass on Ch. 58 20 10:00 Balloon Toss	7:00 Blueberry 21 Pancakes 2:00 Arm Exercises with Stretch Bands 6:00 Funny Animals	10:30 Outside Walks 22 2:00 Monthly Birthday Party 6:00 Manicures & Hand Massages	10:00 Balloon Toss 23 12:00 Hot Dog Picnic Lunch 6:00 Music Social with Some Jazz	10:00 Dance Video 24 Exercise 1:30 Ice Cream Ride 2:30 Matt Ryder Live Music - VG 4:00 Pizza Party	10:30 Jon Whitmore 25 Live Music - VG 2:00 Afternoon Cocktails 5:00 Pick an Activity	10:30 Ball Toss 26 2:00 Watermelon Social 5:00 Lawrence Welk Ch. 10
10:00 Ball Toss	10:00 Balloon Toss 28 2:00 Fresh Fruit Social 6:00 Manicures & Hand	10:30 Outside Walks 29 2:00 Reminisce "Swimming" 6:15 Kevin Farley	7:00 Applesauce 30 Muffins 12:00 "Beach Party" 6:00 Movie Night	10:00 Dance Video Exercise 11:00 Cooking Class 2:30 Paul Farrell Live Music - VG 6:00 Arts & Crafts	* <u>Communion</u> given every Care by visiting minister * <u>Mass</u> shown in Memory O their rooms at 8:00 a.m., i	Care on channel 58 in