

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



**FEBRUARY 2015
MEMORY CARE PROGRAM
SPECIAL ACTIVITY
CALENDAR**



* **Communion** given every Sunday a.m. in Memory Care by visiting minister
* **Mass** shown in Memory Care on channel 58 in their rooms at 8:00 a.m., if they request

ROOM KEY
CLR = The Castine Living Room
MCDR = Memory Care Dining Room
MCLR = Memory Care Living Room
VG = The Village Green



DAILY PROGRAMMING
* **Daily exercise** include videos with music & walks inside facility for socializing & coordination 10-10:30
* **Morning socials** with fresh muffins & coffee daily
* **One on one visits** are done daily to provide personal time with the tenants.



~ **Personalized Life Enrichment Activities are Continually Ongoing Throughout the Day**

9:00 Mass on Ch. 58 12:00 "Kitten Bowl" on Hallmark 3:45 Dube Trio Live Music - VG 6:30 Superbowl on NBC	10:00 Chair Exercises in Dining Room 2:00 Pick an Activity 6:00 Manicures & Hand Massages 8:00 "Little Women" 1933 on TCM ch. 42	10:30 Inside Walks to Village Green 11:00 Make Granola 6:00 Sing-a-long Social	10:00 Arm Dancing 2:00 Decorate for Valentines Day 6:00 Movie Night	10:30 Checkers 2:30 Barry Wood Live Music - VG 6:00 Happy Hour	WEAR RED DAY 10:00 Book Club 4:00 Fred Moyer Piano Concert-CMLR 6:00 Yogurt and Granola Social	10:30 Ball Toss 2:00 Puzzles 6:00 Pick an Activity
9:00 Mass on Ch. 58 2:00 Puzzles 6:00 Cheese and Cracker Social	10:00 Table Hockey 2:00 Arts & Crafts 6:00 Manicures & Hand Massages	10:30 Make Valentines Cards 2:00 Ball Toss 5:30 Happy Hour	10:00 Balloon Toss 2:00 Edible Art 5:30 Painting & Music Social	10:00 Chair Exercises 2:00 Bubble Blowing 5:30 Make our own Mardi Gras Masks	10:00 Quiet Music 10:30 Jon Whitmore Live Music - VG 12:00 Valentine's Party 6:00 White Chocolate Dipped Strawberries	VALENTINES DAY 10:00 Inside Walks 10:00 "Holiday" 1938 on TCM 11:00 Make Cookies 6:00 Tea & Cookie Social
9:00 Mass on Ch. 58 2:00 Puzzles 3:45 Hymn Sing - CLR 6:00 Cheese & Cracker Social	PRESIDENT'S DAY 10:00 Chair Exercises in Dining Room 2:00 Arts & Crafts 6:00 Manicures & Hand Massages	MARDI GRAS 12:00 Mardi Gras Party 3:00 Parade 6:00 Quiet Social	10:00 Arm Dancing 2:00 Edible Art 5:30 Make Bird Feeders	10:30 Checkers 11:00 Baking Club 2:00 Claire Emerson Live Music - VG 2:00 Quiet Music 6:00 Special Dessert	10:00 Book Club 2:00 Table Hockey 6:00 Movie & Popcorn	10:30 Hallway Walks 2:00 Puzzles 6:00 Happy Hour
9:00 Mass on Ch. 58 3:45 Steve Hildonen Live Music - VG 6:00 Fresh Fruit Salad	10:00 Table Hockey 2:00 Pick an Activity 6:00 Hand Massage & Manicures	9:00 Inside Walks to Village Green 2:00 Arts and Crafts 6:00 Strawberries and Cream Social	10:00 Balloon Toss 12:00 Summertime Social 6:00 Pick a Movie Night	10:00 Ball Toss 2:00 Bubble Blowing 2:30 Mike McCarthy Live Music - VG 5:30 Tissue Paper Flowers	10:00 Book Club 10:30 Jon Whitmore Live Music - VG 6:00 Happy Hour	10:00 Walks to Camden 2:00 Arts & Crafts 6:00 Hot Fudge Sundae Social