



Schooner Community Calendar

May 2024

ROOM KEY

TR = Theater Rm CH = The Chapel CSLR = The Castine Living Rm CMLR = The Camden Living Rm CL = Camden Library
SRC = Schooner Res Care THR = Tenants Harbor Room HPD = Harpswell Private Dining Room VG = Village Green

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00- Tai Chi (1390) 9:30 Walking Group (VG/CLR) *9:30 Exercise Class (THR/1390) 10:15 Fitness Foundations (THR) 2:30 Bingo (VG) 3:30 Ice Cream Bus, Fielder's Choice -(Sign Up) 3:30 Popcorn and Trivia (THR)	2 9:00 -Tai Chi (1390) 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:30 Creative Group (THR) 2:30 Music: Anni Clark (VG) 4:00 Social Hour (THR)	3 9:30 Walking Group (VG/CLR) *9:30 Exercise Class(THR/1390) 10:00 Fitness Foundations (THR) 10:15 Scattergories (Study) 11:00 BP Clinic (VG) 2:30 BINGO (VG) *4:00 LCR (THR)	4 9:30 Coffee Klatch (THR) *10:15 Bible Share (Study) 10:30 Exercise (1390) *2:15 Cribbage (HPD) 2:30 CINCO De Mayo—(VG) 7:00 pm Movie: (1390) - "Megan Leavey"
5 Sunday Church Services: 8:45 St Philip Catholic 9:10 St. Michaels 10:00 Park Avenue Methodist 10:15 Sacred Heart 2:30 Episcopal Service in person Rev. George Sheats All welcome	6 9:00-Tai Chi (1390) *9:30 Exercise Class (THR/1390) 10:15 Fitness Foundations (THR) 11:00 BP Clinic (CMLR) 1:30 Manicures (CSLR) 2:30 Bingo (VG) 3:30 Annual Ladies Day Photographs (outside VG)* 3:30 Scrabble (CL)	7 9:00 Tai Chi (1390) 9:30 Exercise (1390) 9:30 LA Senior College Dr. Plummer (CSLR) 9:30 Shopping Shuttle 10:00 Communion (CSLR) 1:30 Tenant Council (CSLR) 2:30 Pictionary (THR) *2:15 Bridge (CL) 4:30 Sitterball (VG)	8 9:00 Public Theatre- "Lunenburg" Tickets \$20.00 (sign up) 9:30 Walking Group (meet in the VG/CLR) *9:30 Exercise Class (1390) 10:15 Fitness Foundations (THR) 2:30 Bingo (VG) 3:30 Popcorn & Trivia (THR)	9 9:00 Tai Chi (1390) 9:30 Exercise (1390) 9:30 Shopping Shuttle 11:30 Catholic Holy Day - (Sign up) 2:30 Music: David Stone (Camden LR) 4:00 Social Hour (THR)	10 9:30 Walking Group (meet VG/CLR) *9:30 Exercise Class (1390) 10:00 Fitness Foundations (THR) 10:15 Scattergories (Study) 11:00 BP Clinic (VG) 2:30 BINGO (VG) 3:30 Care Givers Support group (TR) 3:30 Sunshine Group (Castine LR /VG) *4:00 LCR (THR)	11 9:30 Coffee Klatch (THR) 10:30 Exercise (1390) *2:15 Cribbage (HPD) 7:00 pm Movie: (1390) - "Out of Africa"
12 MOTHER'S DAY Sunday Church Services: 8:45 St Philip Catholic 9:10 St. Michaels 10:00 Park Avenue Methodist 10:15 Sacred Heart	13 9:00 Tai Chi (1390) *9:30 Exercise Class (1390) 10:15 Chair Yoga (THR) 11:00 BP Clinic (CMLR) 2:30 Bingo (VG) 2:30 LA Senior College-Peggy Volock (THR) *3:30 Scrabble (CL)	14 9:30 Tai Chi (THR) 9:30 Exercise (1390) 9:30 LA Senior College Dr. Plummer (CSLR) 9:30 Shopping Shuttle 10:30 In the News w/John Rice (THR) *2:15 Bridge (CL) 2:30 Pictionary (THR) *4:00 LCR (THR) 4:30 Sitterball (VG)	15 9:00- Tai Chi (1390) 9:30 Walking Group (VG/CLR) *9:30 Exercise Class (1390) 10:15 Fitness Foundations (Castine LR) 2:00 pm Auburn Library (Castiine LR) 2:30 Bingo (VG) 3:30 Popcorn & Trivia (Camden LR)	16 9:30 Tai Chi (THR) 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:30 Creative Group (THR) 2:30 Music: Jim Ciampi (VG) 4:00 Social Hour (THR)	17 9:30 Walking Group (VG/CLR) *9:30 Exercise Class (1390) 10:00 Fitness Foundations (THR) 10:15 Scattergories (Study) 10:30 Edward Little HS Volunteers 11:00 BP Clinic (VG) 2:30 BINGO (VG) *4:00 LCR (THR)	18 9:30 Coffee Klatch (THR) 10:30 Exercise (1390) *10:15 Bible Share (Study) *2:15 Cribbage (HPD) 2:30-4:30 Class: Dealing with Dementia (THR) Sign up. 7:00 pm Movie: (1390) "The Miracle Club"
19 Sunday Church Services: 8:45 St Philip Catholic 9:10 St. Michaels 10:00 Park Avenue Methodist 10:15 Sacred Heart	20 9:00 Tai Chi (1390) *9:30 Exercise Class (THR/1390) 10:30 Absentee Voting (THR) 11:00 BP Clinic (CMLR) 1:30 Manicures (CSLR) 2:30 Edward Curtis-Early photographer of native Americans- Alan Elze (THR) 2:30 Bingo (VG)	21 9:30 Tai Chi (THR) 9:30 Exercise (1390) 9:30 LA Senior College Dr. Plummer (CSLR) 9:30 Shopping Shuttle 10:00 Communion (THR) 10:30 In the News w/John Rice (THR) *2:15 Bridge (CL) 2:30 Tenant Council Meeting (THR) *4:00 LCR (THR)	22 9:00 Tai Chi (1390) 9:30 Longfellow's Greenhouse and Lunch out—Tavern on the Hill (Sign Up) *9:30 Exercise Class (THR/1390) 10:15 Fitness Foundations (THR) 2:30 Violinist -Joshua Rosenthal (VG) 3:30 Popcorn & Trivia (THR)	23 9:30 Tai Chi (THR) 9:30 Exercise (1390) 9:30 Shopping Shuttle 3:00 Music: "Sugar In the Pan" (VG) 4:00 Social Hour (THR)	24 9:30 Walking Group (VG/CLR) *9:30 Exercise Class (THR/1390) 10:00 Prot. Service (CSLR) 10:00 Fitness Foundations (THR) 10:15 Scattergories (Study) 11:00 BP Clinic (VG) 2:30 BINGO (VG) 3:30 Care Givers Support group (TR) 3:30 Sunshine Group (Castine LR/ VG) *4:00 LCR (THR)	25 9:30 Coffee Klatch (THR) 10:30 Exercise (1390) *2:15 Cribbage (HPD) 2:30-4:30 Class: Dealing with Dementia (THR) Sign up. 7:00 pm Movie: (1390) "Rescued By Ruby"
26 Sunday Church Services: 8:45 St Philip Catholic 9:10 St. Michaels 10:00 Park Avenue Methodist 10:15 Sacred Heart	27 MEMORIAL DAY * NO TRANSPORTATION 9:00 Tai Chi (1390) *9:30 Exercise Class (THR)/(1390) 11:00 BP Clinic (CMLR) 2:30 Bingo (VG) 3:30 Scrabble (CL)	28 9:30 Tai Chi (THR) 9:30 Exercise (1390) 9:30 LA Senior College—Dr. Plummer (CSLR) 9:30 Shopping Shuttle 10:30 In the News w/John Rice (THR) *2:15 Bridge (CL) 2:30 Pictionary (THR) *4:00 LCR (THR) 5:00 MUSIC: FREDDIE PREZ (VG)	29 9:00 Tai Chi (1390) 9:30 Walking Group (VG/CLR) *9:30 Exercise Class (THR/1390) 10:15 Fitness Foundations (THR) 11:30 Lunch out— TABOR'S (sign up) 2:30 Bingo (VG) 3:30 Popcorn & Trivia (THR)	30 9:30 Tai Chi (THR) 9:30 Exercise (1390) 9:30 Shopping Shuttle 10:30 Creative Group (THR) 2:30 Music: Jay Staples (VG) 4:00 Social Hour (THR)	31 9:30 Walking Group (VG/CLR) *9:30 Exercise Class (THR/1390) 10:00 Fitness Foundations (THR) 10:15 Scattergories (Study) 11:00 BP Clinic (VG) 2:30 BINGO (VG) *4:00 LCR (THR)	Please let the Front Desk know two hours prior to an event, if you would like an escort to an activity. (207)784-2900

Schooner Estates

MAY 2024 ** Community Activity Calendar



Caregiver's support group

May 10th & 24th at 3:30 pm

Theater Room

Individuals who provide care for others come together to share experiences, seek guidance, and find emotional support. This type of group serves as a safe and understanding space for caregivers to connect with others who are facing similar challenges and responsibilities.

"The Sunshine Group", Meets Friday May 10th & 24th at 3:30 In the Village Green. Activities such as singing, games, and crafts are designed to promote social interaction and foster a sense of community among residents.

WANTED: PEOPLE WHO ENJOY A LITTLE COMPETION. (Not sure how to play... we will teach you!) Come Join us !

*Scrabble at 3:30 on Mondays (CL)

*Bridge at 2:15 on Tuesdays (CL)

*LCR at 4:00 on Tuesdays & Fridays (THR)

*Cribbage at 2:15 on Saturdays (HPD)

WALKING GROUP

Meet in the VG or the Camden LR
Wednesday's walk around Campus..
Friday's take bus to walk locally off campus. (weather permitting)

WEDNESDAY LUNCH OUTS

Please sign up

MAY 22nd– Manchester Maine bus trip out Longfellow's Greenhouse - bring excitement to your home by adopting a plant. Lunch out to Traven on the Hill in Winthrop Maine.

MAY 29th—Taber's -Restaurant & Ice Cream in Auburn Maine.

MAY 18TH AND 25TH: Saturday 2:30 to 4:30

Dealing with Dementia (DWD) is a interactive workshop that helps caregivers understand dementia, manage problem behaviors and take better care of themselves. DWD Workshops give family and professional caregivers access to the powerful Dealing with Dementia Guide with information such as

Information on the dementia caregiving experience , Useful safety tips

Advice on building a care team, Problem-solving tools

Instructions on managing dementia behaviors

Stress management and self-care resources

Participation in the Dealing with Dementia workshop is proven to increase dementia knowledge and confidence in the caregiver's ability to provide care.

This workshop is Offered to all schooner residents and their families . (THR)

SIGN UP space is limited to 10. Call the Front Desk at 207-784-2900

SPECIAL EVENTS

MAY 4TH–2:30 pm Saturday : CINCO DE MAYO CELEBRATION– Cinco de Mayo is widely interpreted as a celebration of Mexican culture and heritage, we will mark the occasion a day early! Listen to Christina as she sings some mariachi music, enjoy Salsa, chips, Margaritis and games. (VG)

MAY 8th–3:30 pm Monday : Our Annual Ladies Day photographs All ladies who reside here are welcome to be in the picture and will receive a copy. Location: outside the VG (rain date: Wednesday, May 8th)

MAY 8th Wednesday - BUS LEAVES AT 9:00 am—The Public Theatre - Morning Matinee Lunenburg - When Iris' husband is unexpectedly killed in a plane crash, her lawyer reveals she has inherited a beautiful home in Lunenburg, Nova Scotia - that she never knew existed! Setting out from her home in Brunswick, Maine with her best friend by her side, she begins a laugh-filled and poignant road trip north to unravel the mystery of her husband's secret life. (Tickets \$20.00) (SIGN UP)

MAY 9th -11:30 am Thursday—CATHOLIC HOLY DAY - 12:00 pm MASS at the Sacred Heart Church (Sign up)

MAY 17TH: Friday- Meet Students from Edward Little High School, Time: TBD . H.S. Sophomore's help with various project including planting flowers on the castine patio.

MAY 20th—10:30 am Monday -The City Clerk to conduct absentee voting- There is an upcoming election scheduled for June 11, 2024. This is a Primary Election to determine each qualified party's nomination of candidates for federal offices and State and County offices. Party candidates who are elected at the Primary qualify to appear on the November General Election ballot. We also have a local election on that date – the School Budget Validation Referendum Election. (THR)

MAY 20th 2:30 Monday Edward Curtis-Early photographer of native Americans—L/A Senior College - Alan Elze lecture: Edward Curtis made it his mission to capture Native American customs and lifestyle in the early part of the 20th Century. Much of what we know from that time of these people is because of Curtis. (THR) FREE

May 22, 2:30 Wednesday, Fiddler/violinist Joshua Rosenthal (age 20, currently a student at Boston Conservatory) will perform accompanied by his father, (Don Cunningham) on guitar, mandolin & banjo, and his mother (Cindi) will chip in with a little guitar & spoons-playing.

May 28th, 5:00 Tuesday FREDDIE PREZ Freddie plays electric violin, singing songs, some impersonations and tells stories that include geriatric humor. Having fun and laughing is a focus of Freddie's shows.