





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	MARCH 2019 MEMORY CARE PROGRAM SPECIAL ACTIVITY	Personalized Life Enrichment Activities are Continually	<div style="border: 1px solid black; padding: 5px;"> Communion given every Sunday a.m. in Memory Care by visiting minister Mass shown in Memory Care on ch. 58 in their rooms at 8:00 a.m., upon request. </div>		9:15 Let's Get Moving 1 11:30 Balloon Toss 2:30 Bingo - VG	10:30 Balloon Toss 2 2:00 Inside Walks 4:00 Bowling 4:30 Trivia 5:00 Lawrence Welk
8:00 Mass on Ch. 58 3 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Lorraine's Trio Live Music - VG	8:00 Muffins & Coffee 4 9:15 Let's Get Moving 11:00 Mystery Ride 2:30 Bingo - VG	MARDI GRAS  5 9:30 Chair Exercise Mardi Gras Lunch Buffet 12:00 Music & Memories 2:00 Baking for All	ASH WEDNESDAY 6 9:15 Let's Get Moving 10:00 Ashes - CLR 10:30 The Jubilees-VG 2:00 Games in Dining Rm	10:30 Sit Down Dancing 7 2:00 Ice Cream Social-VG 2:30 Barry Wood Live Music - VG 4:30 Trivia	9:15 Let's Get Moving 8 11:30 Balloon Toss 2:30 Bingo - VG 4:30 Pizza Night	10:30 Balloon Toss 9 2:00 Inside Walks 4:00 Bowling 4:30 Trivia 5:00 Lawrence Welk
Daylight Saving Time 10 8:00 Mass on Ch. 58 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Sean Hennesey Live Music - VG	8:00 Donuts & Coffee 11 9:15 Let's Get Moving 11:00 Mystery Ride 11:30 Balloon Toss	9:30 Chair Exercise 12 10:00 Prayer/Communion Sacrament of the Sick-CLR 2:00 Auburn Library-CLR 2:00 Baking for All	9:15 Let's Get Moving 13 11:00 Planting Seeds 2:00 Games in Dining Rm 2:30 Bingo - VG	10:30 Sit Down Dancing 14 2:00 Ice Cream Social-VG 2:30 Phil House Live Music - VG 4:30 Trivia 6:00 Bingo	9:15 Let's Get Moving 15 10:00 Protestant Spiritual Service-CLR 11:00 Baking For All	10:30 Balloon Toss 16 2:00 Inside Walks 4:00 Bowling 5:00 Lawrence Welk Channel 10
St. Patrick's Day 17 8:00 Mass on Ch. 58 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 St. Patrick's Day	8:00 Muffins & Coffee 18 9:15 Let's Get Moving 10:30 Paint with Sponges 11:00 Mystery Ride 2:30 Bingo - VG	9:30 Chair Exercise 19 10:30 Hand Massages 2:00 Baking for All 2:30 Inside Walks 4:00 Cocoa Social	SPRING BEGINS 20 9:15 Let's Get Moving 11:00 Arts and Crafts 2:30 Bingo - VG	10:30 Baking Cookies 21 2:00 Ice Cream Social-VG 2:30 Larry Gowell Live Music - VG	9:15 Let's Get Moving 22 2:30 Bingo - VG 3:30 Cocoa Social	10:30 Balloon Toss 23 2:00 Inside Walks 4:00 Bowling 5:00 Lawrence Welk Channel 10
8:00 Mass on Ch. 58 24 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Earl Bickford Live Music - VG	8:00 Donuts & Coffee 25 9:15 Let's Get Moving 11:30 Balloon Toss 2:30 Bingo - VG	9:30 Chair Exercise 26 10:30 Prayer/Communion 2:00 Auburn Library-CLR 2:00 Baking for All	9:15 Let's Get Moving 27 10:30 Jon Whitmore 11:00 Let's Blow Bubbles 12:30 Lobster Lunch	10:30 Sit Down Dancing 28 11:00 Mystery Ride 2:00 Ice Cream Social-VG 2:30 Jerry Lachance Live Music - VG	9:15 Let's Get Moving 29 2:00 Inside Walks 2:30 Bingo - VG	10:30 Balloon Toss 30 In MCLR 2:00 Inside Walks 4:00 Bowling 5:00 Lawrence Welk
8:00 Mass on Ch. 58 31 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Mike McCarthy			<div style="border: 1px solid black; padding: 5px;"> DAILY PROGRAMMING * Daily exercise include videos with music & walks. Outside facility for socializing & coordination 10 - 10:30. * Morning socials with fresh muffins & coffee daily. </div>	<div style="border: 1px solid black; padding: 5px;"> ROOM KEY CH = Chapel CLR = Castine Living Rm MCDR = Memory Care Dining Rm MCLR = Memory Care Living Rm VG = Village Green </div>		