








Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		 <p style="text-align: center;">MARCH 2019 ACTIVITY CALENDAR</p>		<p style="text-align: center;">SUNDAY CHURCH SERVICE SHUTTLE <u>St. Phillips Catholic at 9:15-shuttle leaves at 8:45</u> <u>St. Michael's Episcopal at 9:30-shuttle leaves at 9:05</u> <u>High St. Congregational & Park Avenue Methodist at 10:00 leaves at 9:30.</u> Please sign up with the receptionist at 784-2900</p>		9:30 Exercise Class - THR 1 10:15 "Great Courses" Video-TR 10:45 BP Clinic - Café 1-5 pm Meditation & Aroma-TR 2:30 Bingo - VG	9:30 Coffee Klatch-THR 2 10:30 Bible Share - Study 10:30 Be Calm w/Color-Study 2:00 Cribbage—CMLR 2:30 Movie of the Week "Just Getting Started" - TR 5:00 Lawrence Welk Ch 10
Church Service shuttle - call extension 100 2:30 Lorraine's Trio Live Music - VG 3:30 Repeat Movie - TR 4:00 Greet & Gather - CMLR	9:30 Exercise Class - THR 4 10:15 "In the News" - Study 11:00 BP Clinic - CMLR 1:00 Free Tax Service 2:15 Knitting Group - Study 2:30 Bingo - VG	<p style="text-align: center;">MARDI GRAS </p> 10:15 "Great Courses"-TR Mardi Gras Buffet Lunch - VG 3:00 Mardi Gras Parade - VG 4:00 Exercise Class - THR 6:00 Cribbage - CMLR	<p style="text-align: center;">ASH WEDNESDAY</p> 9:30 Exercise Class - THR 6 10:00 Ashes - CLR 10:30 Ashes - CH 10:30 Jubilee Singers Live Music - VG 11:30 Lunch Out to Governor's Restaurant 2:30 Bingo - VG	10:15 "Full Measure" - Study 7 2:30 Barry Wood Live Music - VG 3:30 Special Drinks - CMLR 4:00 Exercise Class-THR 7:00 Pool Game - 2nd floor Searsport Building	9:30 Exercise Class - THR 8 10:15 "Great Courses" Video-TR 10:45 BP Clinic - Café 1-5 pm Meditation & Aroma-TR 2:30 Bingo - VG	9:30 Coffee Klatch-THR 9 10:30 Be Calm w/Color-Study 2:00 Cribbage—CMLR 2:30 Movie of the Week "The Whales of August" - TR 5:00 Lawrence Welk Ch 10	
<p style="text-align: center;">Daylight Saving Time 10</p> Church Service shuttle - call extension 100 3:00 Sean Hennessey Live Music - VG 3:30 Repeat Movie - TR 4:00 Greet & Gather - CMLR	9:30 Exercise Class - THR 11 10:15 "In the News" - Study 11:00 BP Clinic - CMLR 2:15 Knitting Group - Study 2:30 Bingo - VG	10:00 Prayer/Communion 12 Sacrament of the Sick - CLR 10:15 "Great Courses"-TR 10:45 Oldies w/Judy-VG 2:00 Auburn Library - CLR 2:30 Pictionary - THR 4:00 Exercise Class - THR 6:00 Cribbage - CMLR	9:30 Exercise Class - THR 13 11:30 Lunch Out to Sea 40 Hibachi Grill in Lewiston 2:30 Bingo - VG 3:00 Supervised Exercise Room	10:15 Angela Moore, RN 14 "Nutrition & Exercise" - CLR 2:30 Phil House Live Music-VG 3:30 Special Drinks - CMLR 4:00 Exercise Class-THR 6:15 Bates Crosstones Acapella Singers - Live Music- VG 7:00 Pool Game - 2nd floor Searsport Building	9:30 Exercise Class - THR 15 10:00 Protestant Spiritual Service - CLR 10:15 "Great Courses" Video-TR 10:45 BP Clinic - Café 2:30 Bingo - VG 3:00 Art Show Open House	9:30 Coffee Klatch-THR 16 10:30 Bible Share-Study 10:30 Be Calm w/Color-Study 2:00 Cribbage - CMLR 2:30 Movie of the Week "USS Indianapolis" - TR 5:00 Lawrence Welk Ch 10	
<p style="text-align: center;">ST. PATRICK'S DAY 17</p> Church Service shuttle - call extension 100 2:30 St. Patrick's Day Video-VG 3:30 Repeat Movie - TR 4:00 Greet & Gather - CMLR	9:30 Exercise Class - THR 18 10:15 "In the News" - Study 11:00 BP Clinic - CMLR 2:15 Knitting Group - Study 2:30 Bingo - VG	9:00 Shredding Bin 19 Availability - CMLR 10:15 "Great Courses"-TR 2:30 Tenant Council - THR 4:00 Exercise Class - THR 6:00 Cribbage - CMLR	<p style="text-align: center;">SPRING BEGINS 20</p> 9:30 Exercise Class - THR 10:30 Jon Whitmore - CLR 11:30 Lunch Out to Ruby Tuesday, Salad Bar & More 2:30 Bingo - VG 3:00 Mystery Ride	10:30 "Full Measure" - Study 21 2:30 Larry Gowell Live Music - VG 3:30 Special Drinks - CMLR 4:00 Exercise Class - THR 7:00 Pool Game - 2nd floor Searsport Building	9:30 Exercise Class - THR 22 10:15 "Great Courses" Video-TR 10:45 BP Clinic - Café 1-5 pm Meditation/Aroma-TR 2:30 Bingo - VG	9:30 Coffee Klatch-THR 23 10:30 Be Calm w/Color-Study 2:00 Cribbage - CMLR 2:15 Public Theatre Shuttle 2:30 Movie of the Week "A Walk in the Woods" - TR 5:00 Lawrence Welk Ch 10	
Church Service shuttle - call extension 100 2:30 Earl Bickford Live Music - VG 3:30 Repeat Movie - TR 4:00 Greet & Gather - CMLR	9:30 Exercise Class - THR 25 10:15 "In the News" - Study 11:00 BP Clinic - CMLR 2:15 Knitting Group - Study 2:30 Bingo - VG	10:00 Prayer/Comm. - CLR 26 10:15 "Great Courses"-TR 10:30 Prayer/Comm. - CH 10:45 Hymn Sing w/Judy-VG 2:30 Dave Stone/Piano-CMLR 3:30 Fielder's Choice Shuttle 4:00 Exercise Class - THR 6:00 Cribbage - CMLR	9:30 Exercise Class - THR 27 11:40 Lunch Out to Jillson's Sugar Shack Family Style Brunch 2:30 Bingo - VG 3:00 Supervised Exercise Room	10:15 "Full Measure" - Study 28 2:30 Jerry Lachance Live Music - VG 3:30 Special Drinks - CMLR 4:00 Exercise Class - THR 7:00 Pool Game - 2nd floor Searsport Building 5:00 "Hamburger" Take Out - VG	9:30 Exercise Class - THR 29 10:15 "Great Courses" - TR 10:45 BP Clinic - Café 1-5 pm Meditation/Aroma-TR 2:30 Bingo - VG	9:30 Coffee Klatch-THR 30 10:30 Be Calm w/Color-Study 2:00 Cribbage - CMLR 2:30 Movie of the Week "In The Heart of the Sea" - TR 5:00 Lawrence Welk Ch 10	
Church Service shuttle - call extension 100 2:30 Mike McCarthy Live Music - VG 3:30 Repeat Movie - TR	<div style="display: flex; justify-content: space-around; align-items: center;">     <div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;">ROOM KEY</p> <p>CH = The Chapel CLR = Castine Living Rm CMLR = Camden Living Rm CMLB = Camden Library SRC = Schooner Residential Care The Study = 2nd floor, Searsport THR = Tenants Harbor Room TR = Theater Room VG = Village Green</p> </div> </div>						



MARCH 2019

Religious Services

Van departs for Church Services every Sunday, see schedule below

Distribution of Ashes

Ash Wednesday, March 6th
10:00 in the Castine Living Room
10:30 in the Chapel

St. Phillips Catholic

Leave at 8:45 (Sunday)
for the 9:15 Service
Please sign up with the
front desk, ext. 100

St. Michael's Episcopal

Leave at 9:05 (Sunday)
for the 9:30 Service

High St. Congregational and Park Avenue Methodist

Leave at 9:30 (Sunday)
for the 10:00 Service

Please sign up with the front desk

Protestant Spiritual Services

Every third Friday of the month
At 10:00 in the Castine Living Room

HERE at Schooner

** All are invited **

Bible Share

A thoughtful discussion of Scripture
at 10:30 a.m.
On the 1st & 3rd Saturdays.
In the 2nd floor Study, Searsport.

Catholic Prayer & Communion

Every Second & Fourth Tuesday
At 10:00 a.m. Castine Living Room
And at 10:30 a.m. in the Chapel
On Tuesday, March 12th Prayer &
Communion will be held only in the
Castine Living Room: Sacrament of
the Sick with the Priest.



MARCH 2019

Movies

Movies are played every Saturday & Sunday
at 2:30 p.m. in the Theater Room

MOVIES

"JUST GETTING STARTED"

March 2nd & 3rd

2017 PG-13 1h 31m

It takes all kinds to make a community, which is why an ex-lawman and a former mob lawyer find themselves on the same side when it comes to fending off a threat to the tiny resort where they live.

Cast: Morgan Freeman, Tommy Lee Jones, Rene Russo

"THE WHALES OF AUGUST"

March 9th & 10th

2017 PG-13 1h 31m

It takes all kinds to make a community, which is why an ex-lawman and a former mob lawyer find themselves on the same side when it comes to fending off a threat to the tiny resort where they live.

Cast: Morgan Freeman, Tommy Lee Jones, Rene Russo

"USS INDIANAPOLIS"

March 16th & 17th

2016 R 2h 10m

After delivering the weapons that will end World War II, the "USS Indianapolis" crew is denied the celebration of a mission accomplished when their ship is sunk by the Japanese and are stranded at sea.

Cast: Nicolas Cage, Tom Sizemore, Thomas Jane

"A WALK IN THE WOODS"

March 23rd & 24th

2015 R 1h 44m Blu-ray/DVD

Returning to America after living abroad many years, aging travel writer Bill Bryson decides to focus on his native land by hiking the length of the Appalachian Trail.

Cast: Robert Redford, Nick Nolte, Emma Thompson

"IN THE HEART OF THE SEA"

March 30th & 31st

2015 PG-13 2h 2m Blu-ray/DVD

Revisiting the incredible true tale of the whaling ship Essex, which was rammed and sunk by a sperm whale in 1820, this historical drama chronicles the crew's horrific 90-day struggle to survive amid storms, hunger and despair.

Cast: Chris Hemsworth, Benjamin Walker, Cillian Murphy,

6



MARCH 2019 Special Events, Meetings & Guest Speakers

FREE TAX SERVICE

Monday, March 4th at 1:00

Have tax questions or need help?

Call Mark to make an appointment at ext. 132

IT'S MARDI GRAS TIME!

TUESDAY, MARCH 5TH

Lunch buffet held in the Village Green

Celebrate Mardi Gras at Schooner! Two seating's: 11:45 and 1:00. Your guests are welcome with you at your "Normal dining time" - please sign them up at 784-2900. Guest tickets are \$16.00 each.

All are invited to participate in the parade at 3:00 p.m.

In the Village Green! Dress up and join on in!

ART SHOW OPEN HOUSE

Friday, March 15th at 3:00 p.m.

All are invited to join Rockport tenant Judy Smith (apt. 646, 4th floor) for a leisurely browse through her lovely home. View beautiful art work from New York City. Light refreshments available. Stop in anytime from 3-4 p.m.

IN THE NEWS

Each Monday *** At 10:15 a.m. in the Study (2nd floor)

A round table discussion of current events.

"FULL MEASURE" - WEEKLY DISCUSSION

Each Thursday

at 10:15 a.m.

In the Study, 2nd floor Searsport

This week's discussion around the investigative T.V. show "Full Measure" with Sheryl Atkinson

TENANT COUNCIL MEETING

Tuesday, March 19th at 2:30 p.m.

In the Tenants Harbor Room

Be sure to attend your council meeting, stay informed of what is happening in your community.



MARCH 2019
Special Dining, Refreshments, Trips & Outings

**IN ORDER TO HELP US PREPARE, PLEASE SIGN UP AT LEAST
48 HOURS IN ADVANCE FOR ALL OUTINGS & EVENTS**



•SPECIAL DRINKS SOCIAL

➔ New Time

Thursdays at 3:30 p.m.

Join your friends and neighbors.
In the Camden Living Room.

No sign up required.

MYSTERY RIDE

Wednesday, March 20th

At 3:00 p.m.

Join Mark for a ride out...to where?

Please sign up at the front desk.

PUBLIC THEATRE SHUTTLE

Saturday, March 23rd

Leave at 2:15 for the 3:00 show.

The show: "A Doll's House, Part 2"

Smart, funny and utterly engrossing!

Schooner group ticket price is only \$15.00

Please sign up and pay at the front desk.

FIELDER'S CHOICE

ICE CREAM SHUTTLE

Tuesday, March 26th

Leave at 3:30 p.m.

Celebrate Spring -

Let's have some ice cream!

Please sign up with the front desk.

TAKEOUT - Hamburger Night

Thursday, March 28th

At 5:00 p.m.

In the Village Green

A burger, chips, drink and a cookie.

Proceeds go to Camp Sunshine.

Please sign up & pay at the front desk.

DINING OUT

**•Lunch Out to
"Governor's Restaurant"
In Lewiston**

Wednesday, March 6th

Leave at 11:30 am

Please sign up at the front desk.

**•Lunch Out to
"Sea 40 - Hibachi"
In Lewiston**

Wednesday, March 13th

Leave at 11:30 am

Please sign up at the front desk.

**•Lunch Out to
"Ruby Tuesday"
Salad bar and more**

Wednesday, March 20th

Leave at 11:30 am

Please sign up at the front desk.

**•Lunch Out to
"Jillson's Sugar Shack"
Family style brunch**

Wednesday, March 27th

Leave at 11:40 am

Please sign up at the front desk.



MARCH 2019
**Book Clubs, Health -
Wellness & Education**

BE CALM WITH COLOR

Saturdays at 10:30 a.m.

In the 2nd Floor Searsport Study

Join your neighbors for a relaxing time doing
adult coloring. Paper and coloring tools provided.

SUPERVISED EXERCISE ROOM

Wednesday, March 13th & 27th at 3:00 p.m.

Be supervised on how to use the
equipment safely and effectively.

Our exercise room is open to residents 24/hours a day.

Use your outdoor key to enter and turn on the T.V.

Feel like a million bucks after your healthy work-out routine!

EXERCISE AND NUTRITION FOR SENIORS

An Educational Talk

Thursday, March 14th at 10:15 a.m.

In the Castine Living Room

Angela Moore, RN from Beacon Hospice will share

It's important to stay active as we get older. What we eat and

how much activity we do can help decrease our risk for falls,

infections and help manage chronic disease. Let's chat about

things you can do to stay well in those golden years.

SHREDDING BIN AVAILABILITY

Tuesday, March 19th

Starting at 9 a.m. ** In the Camden Lobby Area

Only bring paperwork with your social security

number and/or financial and medical info.

The bin will be here all day to dispose

of important documents. We'll have it again in April.

MEDITATION & AROMATHERAPY

EVERY WEEK!

Each Friday from 1 - 5 p.m. ** In the Theatre Room

Music, light meditation & beautiful scenery.

Relax your senses - sight, smell, and sound.

Come and go on your schedule,



MARCH 2019
**Fun and Games and Special
 Theatre Room Videos & Concerts**



THE GREAT COURSES:
Starting new on Tuesday, March 5th:
Shown each Tuesday & Friday at 10:15.

“Wonders of the National Parks - A Geology of North America”

36 lectures (30 minutes each.) Two lectures played each day.

Held in the Theatre Room on the 1st floor between Camden & Searsport.

KNITTING GROUP

Held every Monday at 2:15 p.m.

In the Study.

Whether you knit, crochet, needlepoint -
 or just watch. Join in!



BINGO

\$1.00 to play all afternoon.

ALL money collected - returned as prizes.

Every Monday, Wednesday and Friday at 2:30 p.m.

(Excluding holidays and special event days.)

In the Village Green.



PICTIONARY

A fun game to challenge your mind.

Two teams compete each week.

Guess the drawings, rendered by Mark.

Check your big calendar for
 dates and times.

Held in the Tenants Harbor Room.



Schooner Estates

Senior Living Community

March 2019
Activity Calendar

- [ACTIVITY CALENDAR...pages 4 & 5](#)
- [Books Club, Groups & Discussions...page 7](#)
- [Dining & Refreshments...page 2](#)
- [Fun & Games & Special Videos...page 8](#)
- [Health & Wellness...page 7](#)
- [Movies...page 6](#)
- [Musical Events - Live...page 1](#)
- [Outings...page 2](#)
- [Religious Services...page 6](#)
- [Special Events & Speakers...page 3](#)

LIVE MUSICAL EVENTS

**LORRAINE'S TRIO -
 VOCALS AND INSTRUMENTS**

Sunday, March 3rd at 2:30 p.m.

In the Village Green

Fun music for your listening pleasure.

THE JUBILEES - VOCALS

Wednesday, March 6th at 10:30 a.m.

In the Village Green

Two lively ladies singing all
 your favorites!

BARRY WOOD - GUITAR & VOCALS

Thursday, March 7th at 2:30 p.m.

In the Village Green

Easy listening music.

SEAN HENNESSEY - VOCALS

Sunday, March 10th at 3:00 p.m.

In the Village Green

Great music!

OLDIES SING A LONG WITH JUDY

Tuesday, March 12th at 10:45 a.m.

In the Village Green

It's fun to sing a long.

PHIL HOUSE - PIANO

Thursday, March 14th at 2:30 p.m.

In the Village Green

Piano player extraordinaire!

BATES CROSSTONES

Thursday, March 14th at 6:15 p.m.

In the Village Green

A fabulous acapella group!

JON WHITMORE - PIANO

Wednesday, March 20th at 10:30 a.m.

In the Castine Living Room

Favorite, popular tunes on piano!

LARRY GOWELL - VOCALS

Thursday, March 21st at 2:30 p.m.

In the Village Green

Singing the classics!

EARL BICKFORD - GUITAR & VOCALS

Sunday, March 24th at 2:30 p.m.

In the Village Green

Enjoyable music!

HYMN SING WITH JUDY

Tuesday, March 26th at 10:45 a.m.

In the Village Green

Memorable Hymns

DAVE STONE - PIANO

Tuesday, March 26th at 2:30 p.m.

In the Camden Living Room

Piano playing at it's best!

JERRY LACHANCE - VOCALS

Thursday, March 28th at 2:30 p.m.

In the Village Green

Entertainment galore!

MIKE McCARTHY - VOCALS

Sunday, March 31st at 2:30 p.m.

In the Village Green