



**MARCH 2018
MEMORY CARE PROGRAM
SPECIAL ACTIVITY**

**~ Personalized Life
Enrichment Activities
are Continually
Ongoing Throughout the Day**

DAILY PROGRAMMING

- * **Daily exercise** include videos with music & walks inside facility for socializing & coordination 10-10:30
- * **Morning socials** with fresh muffins & coffee daily
- * **One on one visits** are done daily to provide personal time with the tenants.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div style="border: 1px solid black; padding: 5px;"> <p align="center">ROOM KEY</p> <p>CH = Chapel CLR = Castine Living Rm MCDR = Memory Care Dining Rm MCLR = Memory Care Living Rm VG = Village Green</p> </div>			<div style="border: 1px solid black; padding: 5px;"> <p><u>Communion</u> given every Sunday a.m. in Memory Care by visiting minister</p> <p><u>Mass</u> shown in Memory Care on ch. 58 in their rooms at 8:00 a.m., upon request.</p> </div>		10:30 Sit Down Dancing 1 2:00 Hot Cocoa - VG 2:30 Barry Wood	9:30 Let's Get Moving - VG 2 2:30 Bingo - VG 4:30 Pizza Night	10:30 Balloon Toss 3 2:00 Inside Walks 5:00 Lawrence Welk Channel 10
8:00 Mass on Ch. 58 4 11:00 Sit Down Dancing 2:00 Games in Dining Rm 2:30 Dube Trio	8:00 Donuts & Coffee 5 9:30 Let's Get Moving-VG 10:00 Inside Walks 2:30 Bingo - VG	9:30 Chair Exercise-VG 6 11:00 Inside Walks 2:00 Arts and Crafts	9:30 Let's Get Moving 7 10:00 Manicures 10:45 Jubilee Singers Live Music - VG 2:00 Games in Dining Rm	10:30 Sit Down Dancing 8 11:30 Mystery Ride 2:00 Hot Cocoa - VG 2:30 Phil House	9:30 Let's Get Moving 9 11:00 Baking For All 12:00 Men's Lunch-THR 2:30 Bingo - VG	10:30 Balloon Toss 10 2:00 Inside Walks 5:00 Lawrence Welk Channel 10	
<u>Daylight Saving Time</u> 11 8:00 Mass on Ch. 58 11:00 Sit Down Dancing 2:30 Anni Clark Live Music - VG	8:00 Muffins & Coffee 12 9:30 Let's Get Moving 10:30 Inside Walks 2:30 Bingo - VG	9:30 Chair Exercise-VG 13 10:00 Prayer/Comm.-CLR 11:00 Inside Walks 2:00 Auburn Library - VG 2:00 Baking for All	9:30 Let's Get Moving 14 11:00 Sit Down Dancing 2:30 Bingo - VG	10:30 Sit Down Dancing 15 2:00 Hot Cocoa - VG 2:30 Peter Mezonian	6:45-9:00 Pancake Breakfast - VG <div style="border: 1px solid red; padding: 2px;"> 10:00 Protestant Spiritual Service-CLR </div> 2:00 Mystery Ride 2:30 Bingo - VG	<u>St. Patrick's Day</u> 17 10:30 Balloon Toss 2:00 Inside Walks 5:00 Lawrence Welk	
8:00 Mass on Ch. 58 18 11:00 Sit Down Dancing 2:00 Games in Dining Rm 2:30 Steve Hildonen Live Music - VG	8:00 Donuts & Coffee 19 9:30 Let's Get Moving 10:30 Inside Walks 2:30 Bingo - VG	<u>SPRING BEGINS</u> 20 9:30 Chair Exercise-VG 11:00 Inside Walks 2:00 Arts & Crafts	9:30 Let's Get Moving 21 10:30 Jon Whitmore Live Music - CLR 11:00 Sit Down Dancing	10:30 Sit Down Dancing 22 11:30 Mystery Ride 2:00 Hot Cocoa - VG 2:30 Dave Stone	9:30 Let's Get Moving - VG 23 2:00 Inside Walks 2:30 Bingo - VG 4:30 Italian Supper	10:30 Balloon Toss 24 In MCLR 2:00 Inside Walks 5:00 Lawrence Welk Channel 10	
8:00 Mass on Ch. 58 25 11:00 Sit Down Dancing 2:00 Games in Dining Rm 2:30 Larry Gowell Live Music - VG	8:00 Muffins & Coffee 26 9:30 Let's Get Moving 10:30 Inside Walks 2:30 Bingo - VG	9:30 Chair Exercise-VG 27 10:00 Prayer/Comm.-CLR 11:00 Inside Walks 2:00 Arts & Crafts	9:30 Let's Get Moving 28 11:00 Sit Down Dancing 12:30 Lobster Roll Lunch 2:30 Bingo - VG	10:30 Sit Down Dancing 29 2:00 Hot Cocoa - VG 2:30 Jerry Lachance Live Music - VG	9:30 Let's Get Moving - VG 30 2:00 Inside Walks 2:30 Bingo - VG	10:30 Balloon Toss 31 In MCLR 2:00 Inside Walks 5:00 Lawrence Welk	