



Schooner Estates

Senior Living Community

Comfort in community ~
Confidence in care

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Days to Celebrate in March...

- *St. Patrick's Day, Thursday, March 17th
- *Good Friday, March 25th
- *Happy Easter Sunday, March 27th



"Spring is when you feel like whistling, even with a shoe full of slush."



THE SCHOONER FLASH

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Mardi Gras Review

Mardi Gras 2016 has come and gone. Schooner staff and residents alike were adorned in the traditional gold, purple and green colors! Chef Seth Lyons and his amazing culinary crew once again prepared and served a long list of delicious New Orleans style foods.

The always popular Mardi Gras parade rounded out the day. Congratulations to our dietary staff (see float picture, top left) - winners of the float contest! Thank you to everyone for all the hard work put in.



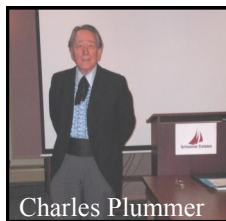
Who's New in the Neighborhood...

It is with great pleasure that we welcome you to our community!

- ◆ Anita Auger, Residential Care
- ◆ Jackie Beckim, Memory Care
- ◆ Donna Hobson, apt. 524

Spring Senior College

Sharpen your pencils and get your notebooks ready, our first Spring Senior College class will begin on March 29th. Two classes will be held, right here at Schooner, in our Tenants Harbor Room. Our residents have the privilege of "first choice" for class sign ups.



Charles Plummer

The first class, taught by Charles W. Plummer, PH.D, instructor for both L/A and Mid-coast Senior College, will run for eight Tuesdays. Starting Tuesday, March 29th until May 17th. The course, "**An Introduction to the Study of Religion**", will examine the academic disciplines of religious studies and the many ways scholars, philosophers, and scientists have studied observable manifestations of religion.

Class two, "**Maine Artists You May Not Know**", explores the many superlative artists from Maine that have not achieved the attention they deserve. They will be introduced along with a review of many of them. Taught by Instructor Kirsten Larsson-Turley. It will run for six Thursdays, starting March 31st until May 5th.

The courses are peer taught, with no entrance requirements, grades or tests. Your experience and love of learning are what count. If you haven't already, please check with our Resident Services Director, Mark Prevost at extension 132 for class availability and sign up.

We Are Ready

Even though the beginning of this winter felt like Spring, still it is nothing like the real thing! Daylight Savings Time arrives next month. Remember to set your clocks forward one hour on Saturday evening, March 12th. It will make us feel just one step closer to Spring time, which arrives on March 20th!

The best is yet to come! →



Welcome Aboard!

We're proud to welcome Kathleen Langelier, our new RN, to the Schooner Family! Kathleen graduated from St. Mary's School of Nursing and has thirty years of experience in the field. Before coming to Schooner Estates, she worked for nine and a half years at Androscoggin Home Care and Hospice, and worked with several of our residents in that time. Kathleen says she greatly enjoys working with seniors because she enjoys variety: "They have so many different life experiences." We look forward to working with her!



A Change in Atmosphere

Here at Schooner, great pride is taken in providing continuous attention to our buildings, both inside and out. We strive to make it a comfortable, relaxing and enjoyable place to live. On March 10th and 11th, we are planning to install new artwork in each of the buildings. The install will happen between 8:00 am and 5:00 pm, but may have to go over. The general scope of the work is to re-group the artwork to create a more consistent theme in each area. Several pieces will be added to enhance what we currently have. Enjoy the new artwork!



Special Events

The month of March brings back two of our favorite speakers, Jerry Wiles and Mike Perry.

Historian **Jerry Wiles**, on **Tuesday, March 1st at 2:30 pm** in our Tenants Harbor Room, will present you with an inside look of "The Residence Staff of the White House". Explore the daily lives of the many men and women who have worked in the White House residence.

Mike Perry, speaker and slide show presenter extraordinaire, brings us Boston "Burbs". Listen as he explores North, South, and West of Boston. Mr. Perry will be here on **Tuesday, March 29th at 2:30 pm** in the Tenants Harbor Room.