

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



MARCH 2014
MEMORY CARE PROGRAM
SPECIAL ACTIVITY
CALENDAR

ROOM KEY

CLR = The Castine Living Room
MCDR = Memory Care Dining Room
MCLR = Memory Care Living Room
VG = The Village Green

DAILY PROGRAMMING

* Daily exercise include videos with music & walks
inside facility for socializing & coordination 10-10:30 am
* Morning socials with fresh muffins & coffee daily
* One on one visits are done daily to provide personal
time with the tenants.

10:00 Checkers 1
3:00 Movie & Caramel
Popcorn

9:00 Mass on Ch. 58 2
11:00 Seated Exercise
3:45 Jerry Dube Trio
Live Music - VG
4:00 Manicures & Hand
Massages

10:00 Decorate for 3
Mardi Gras
2:00 Ice Cream Party
6:00 Remember When
Social Chat

MARDI GRAS 4
12:15 Lunch in
Castine Dining
Room
3:00 Mardi Gras Parade-
VG



10:00 Dancercise with 5
Macaras
10:45 Jubilees Live
Music - VG
1:15 Pet Therapy
6:00 Pick an Activity

11:00 Tic Tac Toe 6
2:00 Arts & Crafts
2:30 Barry Wood
Live Music - VG

10-4 Books are Fun 7
Event - VG
11:00 Sing-a-longs
2:00 Hand Massages
6:00 PJ's Movie Night

7-3 Books are Fun 8
Event - VG
10:00 Pool Game in
Billiards Room
3:00 Pretzel Making

9:00 Mass on Ch. 58 9
11:00 Social - CLR
3:45 Gus Turbide
Live Music - VG
4:00 Happy Hour with
Special Drinks

10:00 Decorate for 10
St. Patrick's Day
2:00 Make coffee mugs
6:00 Quiet Social

10:00 Make Magnets 11
2:00 Auburn Library-CLR
5:30 Casino Night

10:00 Stretch the 12
String Exercise
1:15 Pet Therapy
5:00 Flower Arranging

10:00 Hand Art 13
2:30 Phil House Live
Piano Music - CLR
4:00 Puzzles

10:30 Jon Whitmore 14
Live Music - VG
2:00 Favorite Vacation
Memories

11:00 Family Photos 15
2:00 Hot Chocolate
Social w/whipped
Cream
5:00 Lawrence Welk
Ch. 10

9:00 Mass on Ch. 58 16
3:45 Present Company
Band w/Lorna Jollymore
Live Music - VG
6:00 Cheese & Cracker
Social

ST. PATRICK'S DAY 17
12:00 St. Pat's Social
And Luncheon
6:00 Green Milk Shakes



10:00 Ball Toss 18
12:00 Homemade Soup
Day
4:00 "Magic Rocks"

1:15 Pet Therapy 19
10:00 Pom Pom Exercise
4:00 Make Pizzas

SPRING BEGINS 20
10:00 Bowling
2:00 "Aromatherapy"
Lavender Heated Pads
2:30 Matthew Ryder
Live Music - VG
5:00 Arts and Crafts

10:00 Make Pies 21
5:00 Golf Putting

10:00 Walks to 22
Camden
1:00 Movie & Cheddar
Popcorn
5:00 Lawrence Welk
Ch. 10

9:00 Mass on Ch. 58 23
2:00 Bake Cookies
3:45 Steve Hildonen
Live Music - VG

10:00 Decorate for 24
Spring
2:00 Sparkling Cider
Social
6:00 Painting

10:00 Air Hockey 25
2:00 Make Lollipops
6:00 Pick an Activity

9:00 Make Breakfast 26
Crepes - Pick Your
Fruit
1:15 Pet Therapy
1:30 Work on Book of
Memories

10:00 Dance Video 27
Exercise
5:00 Flower Arranging

10:30 Jon Whitmore 28
Live Music -
VG
2:00 Afternoon Tea
6:00 Massage Therapy

10:30 Show & Tell 29
2:00 Music Social in
Living Room with
Piano
5:00 Lawrence Welk
Ch. 10

9:00 Mass on Ch. 58 30
3:45 Schooner Chorus
Live Music - VG
6:00 Cheese & Cracker
Social

10:00 Walk to Castine 31
Living Room
2:00 Make Ice Cream
Sandwiches
6:00 Manicures

* Communion given every Sunday a.m. in Memory
Care by visiting minister
* Mass shown in Memory Care on channel 58 in
their rooms at 8:00 a.m, if they request



~ Personalized Life Enrichment
Activities are Continually
Ongoing Throughout the Day