



Comfort in community ~
Confidence in care

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Summertime and
a big sandwich...



THE SCHOONER FLASH

JUNE 2014

Issue 75

WE'VE WAITED SO LONG...

Summer is on its way, and we all know what that means: cook-outs, road trips, and long days. It's the official beginning of our Schooner cookout season, where we celebrate all things deliciously decadent, such as barbecued chicken, tasty salads, corn on the cobb and much, much more! Our first outdoor feast is scheduled for Wednesday, June 18th, aptly named "Celebrate Summer". Friends and relatives are always welcome, guest tickets may be purchased at the front desk.

Along with our barbecues, we have plenty of activities planned to make your summer enjoyable. To start with, a wonderful two night trip is scheduled for June 8th, 9th and 10th to beautiful Burlington Vermont with a two night motel stay, 3 factory tours (Vermont Teddy Bear, Ben & Jerry's and Green Mountain Coffee and Cabot Cheese) and a scenic cruise of Lake Champlain. Please check with the front desk for sign up information. We're having a lobster bake on June 13th and our popular ice cream social's start on June 2nd - continuing throughout the summer season.

Poster's will be displayed showing our June 18th barbecue menu, in a few weeks.



Who's New in the Neighborhood...

It is with great pleasure that we welcome you to our community!

- Isabelle Bennett - apt. 624
 - Joan Cote - apt. 620
 - Bev Marston - apt. 427
- Bert & Florence Raymond - apt. 413
 - Lorraine Samson - apt. 314

IN HONOR OF MOTHER'S DAY

Residents in our Memory Care Program thoroughly enjoyed a "Mother's Day" celebration party in early May. All party guests had fun, thanks to our always cheerful staff and guests.

On Friday, June 6th, a "Men's Social", in honor of Father's Day will be held.



TIME TO PLANT

If anyone is interested in having a small garden plot or two, in order to plant a few vegetables or flowers, check with our Resident Services Director, Mark Prevost. We have a lovely area set aside for those of you who are a "gardener at heart". The gardens are located behind the Rockport building below the walking trail. We will prepare the area and have it ready for you.

HEALTH AND WELLNESS

Calling all Employees...our annual "Employee Wellness Fair" will be held in the courtyard on Wednesday, June 25th from 10 a.m. to 2 p.m. A healthy lunch will be provided to staff and we will have informational booths set up. Also, join in a day of friendly competition, we will have lawn games set up such as beach ball volley ball and badminton to participate in as well as 4 speakers presenting a different wellness related topic every hour. A sign up sheet for the next wellness challenge will also be available.

Our Wellness Fair is one of the many ways at Schooner in which we hope to accomplish the goal of keeping our employees on the road to good health!



THE LOVELY LADIES OF SCHOONER...

Below are our 2014 "Ladies Day Photos", taken in early May, in honor of Mother's Day. This was one of our largest groups ever and everyone fit in the photo, just fine! We will be taking our official Father's Day photo in early June. We hope to see all Schooner gentlemen in attendance. Please look for times and locations of the photos in your June activity calendars.

