



The Schooner Flash *Monthly Newsletter*

SCHOONER ESTATES ~ EST. 1989 • OUR COMMUNITY IS YOUR COMMUNITY

July 2024, Issue 196

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Your Schooner Family

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Have a Happy 4th of July!



Our Red, White, & Blue BBQ

Our Summer celebration continues with the next scheduled BBQ on July 10th, Wednesday.

Dress up for our "Americana" theme!

Show up at your regular lunch time, 11:30 or 1:00. Held outside (weather permitting) on our Castine front lawn.

Hope to see you there!



As summer begins, so does our extended list of warm weather outings and special events here at Schooner Estates. From visits to the coast, monthly BBQ's, concert outings, lobster bakes, and so much more, Schooner is the place to be for summer fun. Be sure to check your calendars for each and every event!



Welcome to our Community!

- * Leo Ayotte, A105
- * Simonne Lavoie, B107
- * Anita Malia, A103

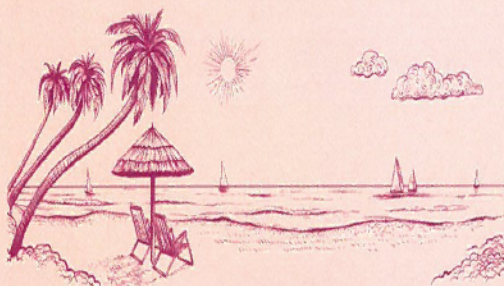




Word Search

Beware, words can go every which way!

D S U N G L A S S E S R E I P
 R J N E B D Z L T A H Z N J S
 A H D R I F T W O O D O T S S
 U G O A J T I D E P O O L E A
 G P R X S U N S C R E E N A L
 E H R F D B E A C H B A L L G
 F N S Z J Q S L L E H S D I A
 I L A A B L M S L L R R R Z E
 L E I E N O J T K U A M D N S
 W W X H C D L A S O G V Z W S
 K O J M B O D R B G Q A V G A
 P T L C T E E F E R A B E G R
 V A N A W T R I S E V A W S I
 P O Q B S U R S W I M S U I T
 G B W J S G P H K F C V W L A



BARE FEET	SEAGULL
BEACH BALL	SHELLS
BOAT	STARFISH
DRIFTWOOD	SUNGLASSES
HAT	SUNSCREEN
LIFEGUARD	SURFBOARD
OCEAN	SWIMSUIT
PIER	TIDE POOL
SAND	TOWEL
SEA GLASS	WAVES



Schooner Tenant Profiles

Please give these folks a warm Schooner welcome!

Thank you to all Schooner Tenants and Employees
who help put together our Tenant Profiles!

Do you have a fond memory of a special time in your life that you would
like to share, maybe a photo or two? Just let us know, we will be
happy to put it in our monthly newsletter.

*Note: Some of our profiles do not have photographs included -
it all depends on a tenants preference.*

Simonne Lavoie, studio B107 Simonne recently moved to Schooner Estates from Lewiston, Maine. She decided for safety reasons it would be best for her to live at an Assisted Living Facility. Simonne has one daughter, a son-in-law, one granddaughter and one grandson whom she loves dearly. Simonne worked at Hannaford for 19 years before retiring. Prior to her husband's passing they did quite a bit of traveling together. They would spend a couple of months at a time in Florida. Simonne enjoys bingo, reading, shopping and in prior years loved baking and making desserts. Welcome Simonne!



Gilbert & Bonnie Ross, apartment 327

Gil and Bonnie lived in Auburn for the past 20 years and decided it was time to make their life a little easier. Since moving to Schooner a short while ago, it has reassured them, they made the right decision. They have been married for 68 years, prior moving to Maine. They raised their three daughters in Burlington, VT. Gil & Bonnie also have six grandchildren and three great grandchildren. Prior to retirement Gil was a Mechanical Engineer, he worked for IBM and GE. Gil also served time in the US Army. Bonnie was a homemaker, loved to volunteer and before retiring did secretarial work in a doctors office and a Bank. Gil's interests are gardening, painting with watercolors and wood working. Bonnie belonged to the Auburn Art Club for 20 years, enjoyed quilting, and still is active in a local walking group. Welcome Bonnie & Gil!



Beat the Summer Heat!

Preparation and moderation are the key regarding enjoying time outdoors during the summer months. By following some common sense tips, we can all more fully enjoy the good summer weather and avoid over exposure to the sun and heat.

-- **Shade** -- Plan outdoor activities for cooler early morning hours. Look for shaded areas such as a covered porch or under a tree to enjoy an activity. Heat can impact seniors as easily indoors as it can outdoors, so be sure air conditioning is used.

-- **A Need to Hydrate** -- Ice cream, popsicles and other frozen treats are refreshing on a warm day. Also, drink plenty of water, juice and sports drinks while avoiding caffeine. Here at Schooner, check out our Brass Rail Café in the Village Green and the Camden coffee bar area. We have cool drinks available there daily.

A Few of Our Favorite Pictures...



Happy 4th of July!
From Sue O'Brien's
granddaughter Maire!

A Happy
June
Birthday
to Shirley!



Lets go for
a walk!



Welcome to Schooner,
Gil & Bonnie!

A fun Social
Hour.



A great time was
had by all at
our June
Hawaiian Luau!

