




**JANUARY 2018  
MEMORY CARE PROGRAM  
SPECIAL ACTIVITY  
CALENDAR**

~ Personalized Life  
Enrichment Activities  
are Continually  
Ongoing Throughout the Day

**DAILY PROGRAMMING**  
\* **Daily exercise** include videos with music & walks inside facility for socializing & coordination 10-10:30  
\* **Morning socials** with fresh muffins & coffee daily  
\* **One on one visits** are done daily to provide personal time with the tenants.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>NEW YEARS DAY 1</b> 8:00 Muffins & Coffee 9:30 Let's Get Moving-VG 10:00 Inside Walks 2:30 Bingo - VG 6:00 Reminisce	<b>10:45 Hymn Sing With Judy - VG 2</b> 11:00 Inside Walks 2:00 Baking for All 6:00 Po-Ke-No	<b>9:30 Let's Get Moving 3</b> 10:00 Manicures 2:30 Bingo - VG 6:00 Hand Massages	<b>10:30 Sit Down Dancing 4</b> <b>2:30 Barry Wood Live Music-VG</b> 6:00 Let's Play Cards	<b>9:30 Let's Get Moving- VG 5</b> 2:30 Bingo - VG <b>4:30 Italians for Supper</b> 6:00 Trivia	<b>10:30 Balloon Toss 6</b> 2:00 Inside Walks 5:00 Lawrence Welk Channel 10 6:00 Po-Ke-No
<b>8:00 Mass on Ch. 58 7</b> 10:30 Live Mass with Father John - THR <b>2:30 Dube Trio Live Music - VG</b> 6:00 Movie & Snack	<b>8:00 Donuts &amp; Coffee 8</b> 9:30 Let's Get Moving-VG 10:00 Inside Walks 2:30 Bingo - VG 6:00 Game Night	<b>10:00 Prayer/Comm.- CLR 9</b> 11:00 Inside Walks 2:00 Arts and Crafts 6:00 Po-Ke-No	<b>9:30 Let's Get Moving 10</b> 10:00 Manicures 2:00 Games in Dining Rm 2:30 Bingo - VG 6:00 Hand Massages	<b>10:30 Sit Down Dancing 11</b> <b>2:30 Dave Stone Live Music-VG</b> 6:00 Let's Play Cards	<b>9:30 Let's Get Moving-VG 12</b> 11:00 Baking For All 2:30 Bingo - VG 6:00 Trivia	<b>10:30 Balloon Toss 13</b> 2:00 Inside Walks 5:00 Lawrence Welk Channel 10 6:00 Cheese & Cracker Social
<b>8:00 Mass on Ch. 58 14</b> 11:00 Sit Down Dancing <b>2:30 Jerry Lachance Live Music - VG</b> 6:00 Ice Cream Social	<b>8:00 Muffins &amp; Coffee 15</b> 9:30 Let's Get Moving 10:30 Inside Walks 2:30 Bingo - VG 6:00 Reminisce	<b>10:45 Sing-a-Long With Judy - VG 16</b> 11:00 Inside Walks 2:00 Baking for All 6:00 Po-Ke-No	<b>9:30 Let's Get Moving 17</b> <b>10:30 Jon Whitmore Live Music - CLR</b> 11:00 Sit Down Dancing 2:30 Bingo - VG 6:00 Hand Massages	<b>10:30 Sit Down Dancing 18</b> <b>2:30 Phil House Live Music - VG</b> 6:00 Let's Play Cards	<b>9:30 Let's Get Moving - VG 19</b> 10:00 Protestant Service - CLR 2:00 Mystery Ride 2:30 Bingo - VG <b>4:30 Pizza Night</b> 6:00 Trivia	<b>10:30 Balloon Toss 20</b> 2:00 Inside Walks 5:00 Lawrence Welk Channel 10 6:00 Po-Ke-No
<b>8:00 Mass on Ch. 58 21</b> 11:00 Sit Down Dancing 2:00 Games in Dining Rm <b>2:30 Steve Hildonen Live Music - VG</b> 6:00 Movie & Snack	<b>8:00 Muffins &amp; Coffee 22</b> 10:30 Inside Walks 2:30 Bingo - VG 6:00 Game Night	<b>10:00 Prayer/Comm.- CLR 23</b> 11:00 Inside Walks 2:00 Arts & Crafts <b>6:30 "Elvis" Live Performance - VG</b>	<b>9:30 Let's Get Moving 24</b> 11:00 Sit Down Dancing 2:30 Bingo - VG 6:00 Hand Massages	<b>10:30 Sit Down Dancing 25</b> <b>2:30 Anni Clark Live Music - VG</b> 6:00 Let's Play Cards	<b>9:30 Let's Get Moving - VG 26</b> 2:00 Inside Walks 2:30 Bingo - VG 6:00 Trivia	<b>10:30 Balloon Toss 27</b> In MCLR 2:00 Inside Walks 5:00 Lawrence Welk Channel 10 6:00 Cheese & Cracker Social
<b>8:00 Mass on Ch. 58 28</b> 11:00 Sit Down Dancing 2:00 Games in Dining Rm <b>2:30 Lorna Jollymore Live Music - VG</b> 6:00 Movie & Snack	<b>8:00 Muffins &amp; Coffee 29</b> 10:30 Inside Walks 2:30 Bingo - VG 6:00 Game Night	<b>11:00 Inside Walks 30</b> 2:00 Arts & Crafts 6:00 Po-Ke-No	<b>9:30 Let's Get Moving 31</b> 11:00 Sit Down Dancing 2:30 Bingo - VG 6:00 Hand Massages	<div style="border: 1px solid black; padding: 5px;"> <p><b>Communion</b> given every Sunday a.m. in Memory Care by visiting minister</p> <p><b>Mass</b> shown in Memory Care on ch. 58 in their rooms at 8:00 a.m., upon request.</p> </div>		<p align="center"><b>ROOM KEY</b></p> <p>CH = Chapel            CLR = Castine Living Rm            MCDR = Memory Care Dining Rm            MCLR = Memory Care Living Rm            VG = Village Green</p>