



**JANUARY 2019
MEMORY CARE PROGRAM
SPECIAL ACTIVITY**

~ Personalized Life
Enrichment Activities
are Continually

Communion given every Sunday a.m.
in Memory Care by visiting minister
Mass shown in Memory Care on ch. 58
in their rooms at 8:00 a.m., upon request.

DAILY PROGRAMMING

* **Daily exercise** include videos with music & walks.
Outside facility for socializing & coordination
10 - 10:30.
* **Morning socials** with fresh muffins & coffee daily.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>Happy New Year!</h1>		NEW YEARS DAY 1 9:30 Chair Exercise 10:00 Paper Snow Flakes 10:45 Judy Kuhn Sing a long - VG 12:00 Music & Memories	9:15 Let's Get Moving 2 10:00 Manicures 2:00 Games in Dining Rm 2:30 Bingo - VG	10:30 Sit Down Dancing 3 2:00 Ice Cream Social-VG 2:30 Barry Wood Live Music - VG	9:15 Let's Get Moving 4 11:30 Balloon Toss 2:30 Bingo - VG	10:30 Balloon Toss 5 2:00 Inside Walks 4:30 Trivia 5:00 Lawrence Welk
8:00 Mass on Ch. 58 6 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Lorraine's Trio	8:00 Donuts & Coffee 7 9:15 Let's Get Moving 10:30 Hand Massages 2:30 Bingo - VG	9:30 Chair Exercise 8 10:30 Jon Whitmore - CLR 10:30 Prayer/Communion 12:00 Music & Memories 2:00 Auburn Library-CLR	9:15 Let's Get Moving 9 10:00 Manicures 2:00 Games in Dining Rm 2:30 Bingo - VG	10:30 Sit Down Dancing 10 2:00 Ice Cream Social-VG 2:30 Phil House Live Music - VG	9:15 Let's Get Moving 11 11:00 Baking For All 4:30 Pizza Night	10:30 Balloon Toss 12 2:00 Inside Walks 5:00 Lawrence Welk Channel 10
8:00 Mass on Ch. 58 13 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Josh Hatfield Live Music - VG	8:00 Muffins & Coffee 14 9:15 Let's Get Moving 10:30 Paint with Sponges 2:30 Bingo - VG	9:30 Chair Exercise 15 10:45 Oldies Sing a long With Judy Kuhn - VG 2:00 Baking for All 2:30 Inside Walks	9:15 Let's Get Moving 16 11:00 Arts and Crafts 2:30 Bingo - VG	10:30 Baking Cookies 17 2:00 Ice Cream Social-VG 2:30 Video "Marine 1"	9:15 Let's Get Moving 18 10:00 Protestant Spiritual Service-CLR	10:30 Balloon Toss 19 2:00 Inside Walks 5:00 Lawrence Welk Channel 10
8:00 Mass on Ch. 58 20 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 To Be Announced Live Music - VG	Martin Luther King Day 21 8:00 Donuts & Coffee 9:15 Let's Get Moving 10:30 Hand Massages	9:30 Chair Exercise 22 10:30 Prayer/Communion 2:30 Inside Walks 2:30 Jerry Lachance	9:15 Let's Get Moving 23 11:00 Let's Blow Bubbles 2:30 Bingo - VG	10:30 Sit Down Dancing 24 2:00 Ice Cream Social-VG 2:30 Video "Over Alaska" VG	9:15 Let's Get Moving 25 2:00 Inside Walks 2:30 Bingo - VG	10:30 Balloon Toss 26 In MCLR 2:00 Inside Walks 5:00 Lawrence Welk Channel 10
8:00 Mass on Ch. 58 27 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 To Be Announced Live Music - VG	8:00 Donuts & Coffee 28 9:15 Let's Get Moving 10:30 Hand Massages 2:30 Bingo - VG	9:30 Chair Exercise 29 2:00 Baking for All 2:30 Inside Walks	9:15 Let's Get Moving 30 11:00 Let's Blow Bubbles 12:30 Lobster Lunch 2:30 Bingo - VG	10:30 Sit Down Dancing 31 2:00 Ice Cream Social-VG 2:30 Video "The White House" - VG	ROOM KEY CH = Chapel CLR = Castine Living Rm MCDR = Memory Care Dining Rm MCLR = Memory Care Living Rm VG = Village Green	