

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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JANUARY 2016
MEMORY CARE PROGRAM
SPECIAL ACTIVITY
CALENDAR

~ Personalized Life Enrichment
 Activities are Continually
 Ongoing Throughout the Day

NEW YEARS DAY ¹	10:30 Ball Toss ²
10:00 Book Club	2:00 Inside Walks
6:00 Reminisce "New Years"	5:00 Lawrence Welk Ch. 10

9:00 Mass on Ch. 58 ³ 1:00 Patriots on CBS 2:00 Play Pool in the Billiards Room 2:30 Dube Trio Live Music-VG 6:00 Happy Hour with Cranberry Gingerale	8:00 Muffins & Coffee ⁴ 11:00 Inside Walks to Castine Living Room 6:00 Cheese & Cracker Social	10:00 Arm Exercises ⁵ In Dining Room 2:00 "Talk About the Snow" Social 3:00 Mark Demidovich Russian Pianist-CMLR 6:00 Hand Massages	10:00 Manicures ⁶ 10:45 The Jubilees Live Music - VG 2:00 Leg Exercises In Dining Room 6:00 Movie Night	10:00 Inside Walks ⁷ 2:00 Barry Wood Live Music -VG 6:00 Reminisce "Sledding"	10:00 Book Club ⁸ 10:30 Jon Whitmore-VG 2:00 Arm Exercises 2:30 Matt Ryder Live Music - VG 6:00 Pick an Activity	10:30 Ball Toss ⁹ 12:00 Monthly Birthday Party 5:00 Lawrence Welk Ch. 10
9:00 Mass on Ch. 58 ¹⁰ 2:00 Play Pool in the Billiards Room 2:30 Victor Borge Video - VG 6:00 Happy Hour with Eggnog	8:00 Muffins & Coffee ¹¹ 11:00 Inside Walks to Castine Living Room 6:00 Cheese & Cracker Social	10:00 Arm Exercises ¹² In Dining Room 12:00 Blizzard Social with Soup & Sandwiches 6:00 Hand Massages	8:00 Cinn-bun Cake ¹³ 10:00 Manicures 12:00 Men's Social - CLR 6:00 Movie Night	10:00 Arts & Crafts ¹⁴ "Snow Globes" 2:00 Leg Exercises in Dining Room 2:30 Phil House Live Piano Music-CMLR 6:00 Hot Chocolate and	10:00 Book Club ¹⁵ 11:00 Baking Club 6:00 Pick an Activity	10:30 Ball Toss ¹⁶ 2:00 Inside Walks 5:00 Lawrence Welk Ch. 10
9:00 Mass on Ch. 58 ¹⁷ 2:00 Play Pool in Billiards Room 2:30 Hymn Sing Live Music - CLR 6:00 Happy Hour with Cranberry Gingerale	8:00 Muffins & Coffee ¹⁸ 11:00 Inside Walks to Castine Living Room 6:00 Cheese & Cracker Social	10:00 Arm Exercises ¹⁹ In Dining Room 12:00 Pizza Party 6:00 Hand Massages	10:00 Manicures ²⁰ 2:00 Leg Exercises in Dining Room 6:00 Movie Night	10:00 Arts & Crafts ²¹ "Memory Boxes" 2:00 Talk About Skiing Social 2:30 Lorna Jollymore Live Music - CLR 6:00 Hot Chocolate & Cookies Social	10:00 Book Club ²² 10:30 Jon Whitmore-VG 2:00 Arm Exercises 6:00 Reminisce "Making Snowmen"	10:30 Ball Toss ²³ 2:00 Inside Walks 5:00 Lawrence Welk Ch. 10
9:00 Mass on Ch. 58 ²⁴ 2:00 Play Pool in the Billiards Room 2:30 Wayne Baker Live Music - VG 6:00 Happy Hour with Egg nog	8:00 Muffins & Coffee ²⁵ 11:00 Inside Walks to Castine Living Room 6:00 Cheese & Cracker Social	10:00 Arm Exercises ²⁶ In Dining Room 2:00 Sing a long with "Frank Sinatra" 6:00 Hand Massages	8:00 French Toast ²⁷ 10:00 Manicures 2:00 Leg Exercises in Dining Room 4:00 Fred Moyer, Piano Live Music-CMLR 6:00 Movie Night	10:00 Arts & Crafts ²⁸ "Snowflakes" 12:00 Soup & Sandwiches 6:00 Hot Chocolate & Cookies	10:00 Book Club ²⁹ 11:00 Baking Club 6:00 Pick an Activity	10:30 Ball Toss ³⁰ 2:00 Inside Walks 5:00 Lawrence Welk Ch. 10

9:00 Mass on Ch. 58 ³¹
 2:00 Play Pool in the Billiards Room
2:30 Steve Hildonen Live Music - VG
 6:00 Happy Hour with Cranberry Gingerale

DAILY PROGRAMMING

- * **Daily exercise** include videos with music & walks inside facility for socializing & coordination 10-10:30 am
- * **Morning socials** with fresh muffins & coffee daily
- * **One on one visits** are done daily to provide personal time with the tenants.

Communion given every Sunday a.m. in Memory Care by visiting minister

Mass shown in Memory Care on ch. 58 in their rooms at 8:00 a.m., upon request.

ROOM KEY

CLR = The Castine Living Room
MCDR = Memory Care Dining Room
MCLR = Memory Care Living Room
VG = The Village Green