



DAILY PROGRAMMING

- * **Daily exercise** include videos with music & walks inside facility for socializing & coordination 10-10:30 am
- * **Morning socials** with fresh muffins & coffee daily
- * **One on one visits** are done daily to provide personal time with the tenants.



JANUARY 2014
MEMORY CARE PROGRAM
SPECIAL ACTIVITY CALENDAR

RELIGIOUS SERVICES

- * **Communion** given every Sunday a.m. in Memory Care by visiting minister
- * **Mass** shown in Memory Care on channel 58 in their rooms at 8:00 a.m, if they request

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
ROOM KEY CLR = The Castine Living Room MCDR = Memory Care Dining Room MCLR = Memory Care Living Room VG = The Village Green		NEW YEARS DAY 1 1:15 Pet Therapy 10:00 Music & Reminisce 6:00 Sing-a-longs		11:00 Make Cookies 2 2:30 Barry Wood Live Music - VG 6:00 Reminisce About "A Day at the Beach"		10:30 Arm Exercise with Maracas 3 2:00 Music Favorites Social 6:00 Hand Massages	
~ Personalized Life Enrichment Activities are Continually Ongoing Throughout the Day							
9:00 Mass on Ch. 58 5 2:00 Ice cream social 3:45 Jerry Dube Trio Live Music - VG	11:00 Read Newspaper 6 Articles 2:00 Puzzles 6:00 Happy Hour with Special Drinks	2:00 Make Pizza 7 4:30 Pizza Party	ELVIS' BIRTHDAY 8 11:00 Hot Chocolate Social with Elvis' Music 1:15 Pet Therapy 6:00 Pick an Activity	11:00 "Name That Tune" 9 2:00 Manicures 6:00 Pick a Craft Night	10:30 Jon Whitmore 10 Live Music - VG Baking Apple Cinnamon Bread 6:00 Movie Night	11:00 Poetry Reading 4 5:00 Lawrence Welk Ch. 10	
9:00 Mass on Ch. 58 12 3:45 Gus Turbide Live Music - VG 6:00 Cheese & Cracker Social	10:00 Paint with String 13 Art Project 2:00 Write Letters to Family 6:00 Puzzles	11:00 Peel Apples, 14 Make a Pie 2:00 Dominoes 6:00 (Tea Month) Special Tea & Dessert	MARTIN LUTHER KING DAY 15 10:00 Exercise with Macaras 12:00 Make "Pigs in a Blanket" 1:15 Pet Therapy 2:00 Puzzles 6:00 Poetry Writing	10:00 Lee's Chat 16 2:30 Joni Larlee Live Music - VG 6:00 Table Hockey	8:00 Make Breakfast 17 Together 2:00 Puzzles 6:00 Game Night	10:00 Sand Art 18 1:00 Movie & Popcorn 5:00 Lawrence Welk Ch. 10	
9:00 Mass on Ch. 58 19 2:00 Tea & Cookies 3:45 Hymn Sing Live Music - VG 6:00 Pick a Game	HAWAIIAN DAY 20 10:00 Decorate Hawaiian Style 2:00 Hawaiian Party 6:00 Quiet Music & Reminisce Time	10:00 Balloon Toss 21 2:00 Show Tunes - Music Social 6:00 Checkers	10:00 Exercises 22 11:00 Bake Cookies 1:15 Pet Therapy 1:30 Start Book of Memories 6:00 Table Hockey	11:00 Puzzles 23 2:00 Crafts 2:30 Lorna Jollymore Live Music - CLR 6:00 Spa Night	10:30 Jon Whitmore 24 Live Music - VG 2:00 Afternoon Tea 6:00 Happy Hour with Special Drinks	10:30 Games 25 2:00 Popcorn Social 5:00 Lawrence Welk Ch. 10	
9:00 Mass on Ch. 58 26 3:00 Larry Gowell ~ "Echoes of Frank Sinatra" Live Music-VG 6:00 Favorite Story Time	10:00 Checkers 27 2:00 Ice Cream Sundaes 6:00 Hand Massages & Manicures	10:00 New Year's 28 Memories 2:00 Exercise w/Macaras 6:00 Movie & Popcorn	10:00 Let's Chat 29 12:00 Make Homemade Soup Together 1:15 Pet Therapy 6:00 Sparkling Cider Social	10:00 Favorite Pets 30 2:00 Book of Memories 2:30 Steve Hildonen - Live Music - VG 6:00 Games	10:00 Hot Chocolate 31 2:00 Arts & Crafts 6:00 Happy Hour with Special Drinks & Game Night		