



Schooner Estates

Senior Living Community

Comfort in community ~
Confidence in care

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Our August Open House was a great success. Everyone had a wonderful time!



THE SCHOONER FLASH

SEPTEMBER 2015

Issue 90

OKTOBERFEST BARBEQUE

Get ready for our Fall barbeque, "Oktoberfest", scheduled for Wednesday, September 16th. It's our last cookout of the season, held in the Fall, Maine's most beautiful time of the year, with the beginning of striking Autumn colors and cool nights. Invite family and friends to attend and spend the afternoon! Please call our front desk at 784-2900 to reserve guest tickets.

Menu

- Pretzels with Mustard Dip •Beer and Cheese Soup
- Reuben Pizzas
- Cider Braised Brats and Knockwurst with Sauerkraut
- Pastry Wrapped Salmon with Mustard Dill Sauce
- Porter Braised Beef Brisket
- German Potato Salad •Cucumbers in Mustard Dressing
- Potato Pancakes
- Braised Red Cabbage
- German Chocolate Cake •Linzer Tart
- Fresh Fruit Cup with Yogurt Dressing

CENTRAL MAINE HEARTWALK 2015

On Sunday, September 13th, starting at 9:30 a.m., the "Central Maine Heart Walk" will be held. Schooner is sponsoring two teams of 10 people each, to participate in this worthwhile walk. One or three mile routes will be offered. Check with Mark for more details. And one more thing...get your walking shoes ready!



Who's New in the Neighborhood...

It is with great pleasure that we welcome you to our community!

- Ann Bickford stu. 209 •Connie Gordon apt. 426
- Beverley Heath apt. 610
- Eleanor Mitchell Residential Care B103
- Louise Morgan stu. 116 •Henrietta Taft apt. 520

FALL SENIOR COLLEGE

Get a head start on registering for three upcoming Fall senior college courses. Here are each of the classes and their starting dates:

- **September 22nd through November 10th**, 8 Tuesdays. "You and Your Brain, and How to Optimize its Fitness",
- **September 24th through October 29th**, 6 Thursdays. "Made in Maine: The Artists who brought Maine to Life".
- **October 1st through October 22nd**, 4 Thursdays. "U.S. National Parks".

Since all classes are Schooner hosted, this is a great amenity and convenience for you, our residents! For information and class availability for each course, see Mark Prevost our Resident Services Director. Also, pick up a copy of the new Fall 2015 catalog at the Camden office. As always, there are no tests or homework.

Coffee and Danish are provided for all attendees, conveniently located in our Camden coffee bar area for the morning break. You are here to enjoy life and Schooner has it all right here!

A TRIP DOWNEAST

A fabulous 3 day, 2 night trip to the quaint, sea-side village of Bar Harbor is scheduled for September 22nd, 23rd and 24th. Included is a two night stay in a local Inn, scenic tours, shopping and fine restaurant dining. Bar Harbor's glorious seasonal Fall weather awaits! Memos will be distributed with all details of the trip.

100 YEARS YOUNG

So far, this summer has been quite busy for Schooner with the honor of inducting new members into its distinguished Centenarian Club. Schooner Camden resident, Irving Isaacson was welcomed into the club in recognition of his "100th", August 7th birthday! He celebrated the big day with family at a local restaurant. He is the 3rd new member we have welcomed within the past several months. Congratulations Mr. Isaacson!

Receiving his plaque from Mark Prevost, our Resident Services Director.



PANCAKE BREAKFAST - COME HUNGRY!

Have you purchased your ticket yet? It's just about time for us to line up the griddles and pull out the pancake recipes! Our 2015 fundraiser **Pancake Breakfast** will be held on Wednesday, September 9th. This tasty event will be held from 6:45 a.m. through 9:00 a.m. in our Village Green. Choose from a wide variety of meat, fruit and syrup toppings. Friends and family are invited. Tickets are available at the front desk for \$5.00 per person.



Here are a few photos for you to enjoy. They were taken during our "Texas Jazz" barbeque in August. A great time was had by all attendees! Are you in the picture?

