










**FEBRUARY 2019  
MEMORY CARE PROGRAM  
SPECIAL ACTIVITY**

~ Personalized Life  
Enrichment Activities  
are Continually

Communion given every Sunday a.m.  
in Memory Care by visiting minister  
Mass shown in Memory Care on ch. 58  
in their rooms at 8:00 a.m., upon request.

**DAILY PROGRAMMING**

\* Daily exercise include videos with music & walks.  
Outside facility for socializing & coordination  
10 - 10:30.  
\* Morning socials with fresh muffins & coffee daily.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p><b>WEAR RED DAY 1</b></p>  <p>9:15 Let's Get Moving 11:30 Balloon Toss</p>	<p>10:30 Balloon Toss 2 2:00 Inside Walks 4:00 Bowling 4:30 Trivia 5:00 Lawrence Welk</p>
<p>8:00 Mass on Ch. 58 3 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Lorraine's Trio</p>	<p>8:00 Donuts &amp; Coffee 4 9:15 Let's Get Moving 10:30 Hand Massages 11:00 Mystery Ride</p>	<p>9:30 Chair Exercise 5 12:00 Music &amp; Memories 2:00 Baking for All</p>	<p>9:15 Let's Get Moving 6 10:00 Manicures 2:00 Games in Dining Rm 2:30 Bingo - VG</p>	<p>10:30 Sit Down Dancing 7 2:00 Ice Cream Social-VG 2:30 Barry Wood Live Music - VG</p>	<p>9:15 Let's Get Moving 8 11:00 Baking For All 4:30 Pizza Night</p>	<p>10:30 Balloon Toss 9 2:00 Inside Walks 4:00 Bowling 5:00 Lawrence Welk</p>
<p>8:00 Mass on Ch. 58 10 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Josh Hatfield Live Music - VG</p>	<p>8:00 Muffins &amp; Coffee 11 9:15 Let's Get Moving 10:30 Paint with Sponges 11:00 Mystery Ride 2:30 Bingo - VG</p>	<p>9:30 Chair Exercise 12 10:30 Prayer/Communion 2:00 Auburn Library-CLR 2:00 Baking for All</p>	<p>9:15 Let's Get Moving 13 11:00 Arts and Crafts 2:30 Bingo - VG</p>	<p><b>VALENTINE'S DAY 14</b> </p> <p>10:30 Baking Cookies 2:00 Ice Cream Social-VG 2:30 Present Company</p>	<p>9:15 Let's Get Moving 15 10:00 Protestant Spiritual Service-CLR</p>	<p>10:30 Balloon Toss 16 2:00 Inside Walks 3:00 Violin Music - VG 4:00 Bowling 5:00 Lawrence Welk</p>
<p>8:00 Mass on Ch. 58 17 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Jerry Lachance Live Music - VG</p>	<p>8:00 Donuts &amp; Coffee 18 9:15 Let's Get Moving 10:30 Hand Massages 2:30 Bingo - VG</p>	<p>9:30 Chair Exercise 19 2:00 Baking for All 2:30 Inside Walks</p>	<p>9:15 Let's Get Moving 20 10:30 Jon Whitmore-CLR 11:00 Let's Blow Bubbles</p>	<p>10:30 Sit Down Dancing 21 11:00 Mystery Ride 2:00 Ice Cream Social-VG 2:30 Phil House Live Music - VG</p>	<p>9:15 Let's Get Moving 22 2:00 Inside Walks 2:30 Bingo - VG</p>	<p>10:30 Balloon Toss 23 In MCLR 2:00 Inside Walks 4:00 Bowling 5:00 Lawrence Welk</p>
<p>8:00 Mass on Ch. 58 24 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Lorna Jollymore Live Music - VG</p>	<p>8:00 Donuts &amp; Coffee 25 9:15 Let's Get Moving 10:30 Hand Massages 2:30 Bingo - VG</p>	<p>9:30 Chair Exercise 26 10:30 Prayer/Communion 2:00 Baking for All 2:30 Inside Walks</p>	<p>9:15 Let's Get Moving 27 11:00 Let's Blow Bubbles 12:30 Lobster Lunch 2:30 Bingo - VG</p>	<p>10:30 Sit Down Dancing 28 2:00 Ice Cream Social-VG 2:20 "Soul Gal" Lynne Perry Live Music - VG 3:30 Bowling</p>	<p><b>ROOM KEY</b></p> <p>CH = Chapel CLR = Castine Living Rm MCDR = Memory Care Dining Rm MCLR = Memory Care Living Rm VG = Village Green</p>	