



FEBRUARY 2016
MEMORY CARE PROGRAM
SPECIAL ACTIVITY
CALENDAR



~ Personalized Life Enrichment
Activities are Continually
Ongoing Throughout the Day



Communion given every Sunday a.m. in Memory Care by visiting minister
Mass shown in Memory Care on ch. 58 in their rooms at 8:00 a.m., upon request.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8:00 Muffins & Coffee 1 11:00 Inside Walks to Castine Living Room 6:00 Cheese & Cracker Social	10:00 Arm Exercises In Dining Room 2 11:00 Decorate for Valentine's Day 2:00 "Little House on the Prairie", ch. 59 6:00 Hand Massages	GROUNDHOG DAY 3 10:00 Manicures 11:00 Reminisce Old Movies 2:00 Leg Exercises In Dining Room 6:00 Movie Night-Popcorn	10:00 Sit Down Dancing 4 2:00 Barry Wood Live Music -VG 2:00 Arts & Crafts 6:00 Hot Chocolate Social w/Cookies	10:00 Book Club 5 2:00 Arm Exercises 6:00 Pick an Activity	10:30 Ball Toss 6 2:00 Inside Walks 5:00 Lawrence Welk Ch. 10
9:00 Mass on Ch. 58 7 12:00 Super Bowl Pre-Party! 2:30 Dube Trio Live Music - VG 6:30 Super Bowl	8:00 Muffins & Coffee 8 11:00 Inside Walks to Castine Living Room 6:00 Cheese & Cracker Social	MARDI GRAS 9 10:00 Arm Exercises In Dining Room 2:00 "Little House on the Prairie", ch. 59 3:00 Parade - VG 6:00 Hand Massages	10:00 Manicures 10 12:00 Men's Social - CLR 6:00 Movie Night with Popcorn	10:00 Sit Down Dancing 11 2:00 Arts and Crafts 2:30 Phil House Live Music - CLR 6:00 Hot Chocolate Social w/Cookies	9-11 Bake Sale - VG 12 10:00 Book Club 10:30 Jon Whitmore-VG 11:00 Bake Valentine Cookies 6:00 Pick an Activity	10:30 Ball Toss 13 2:00 Inside Walks 5:00 Lawrence Welk Ch. 10
VALENTINE'S DAY 14 9:00 Mass on Ch. 58 2:00 Let's Play Golf 2:30 Hymn Sing Live Music - VG 6:00 Happy Hour with Cranberry Gingerale	8:00 Muffins & Coffee 15 11:00 Inside Walks to Castine Living Room 6:00 Cheese & Cracker Social	10:00 Arm Exercises In Dining Room 16 12:00 Ladies Tea Party 2:00 "Little House on the Prairie", ch. 59 6:00 Hand Massages	10:00 Manicures 17 11:00 Reminisce Favorite Songs 2:00 Leg Exercises in Dining Room 6:00 Movie w/Popcorn	10:00 Sit Down Dancing 18 2:00 Arts and Crafts 6:00 Hot Chocolate Social w/Cookies 6:30 Elvis Performance Live Music - VG	10:00 Book Club 19 11:00 Bake Pumpkin Pies 2:00 Arm Exercises 6:00 Pick an Activity	10:30 Ball Toss 20 2:00 Inside Walks 5:00 Lawrence Welk Ch. 10
9:00 Mass on Ch. 58 21 2:00 Let's Play Golf 2:30 Video - VG 6:00 Happy Hour with Cranberry Gingerale	8:00 Muffins & Coffee 22 11:00 Inside Walks to Castine Living Room 6:00 Cheese & Cracker Social	10:00 Arm Exercises In Dining Room 23 11:00 Bake Cupcakes 2:00 "Little House on the Prairie", ch. 59 6:00 Hand Massages	10:00 Manicures 24 11:00 Reminisce "Favorite TV Commercials" 2:00 Leg Exercises in Dining Room 6:00 Movie Night with Popcorn	10:00 Sit Down Dancing 25 12:00 Soup & Sandwiches 2:00 Arts and Crafts 2:30 Sing-a-long - VG 6:00 Hot Chocolate Social w/Cookies	10:00 Book Club 26 10:30 Jon Whitmore-VG 11:00 Baking Club-Make Apple Pies 6:00 Pick an Activity	10:30 Ball Toss 27 2:00 Inside Walks 5:00 Lawrence Welk Ch. 10
9:00 Mass on Ch. 58 28 2:00 Let's Play Golf 2:30 Mary Murphy Live Music - VG 6:00 Happy Hour with Cranberry Gingerale	8:00 Muffins & Coffee 29 11:00 Inside Walks to Castine Living Room 6:00 Cheese & Cracker Social	<div data-bbox="827 1360 1548 1572" data-label="Text"> <p align="center">DAILY PROGRAMMING</p> <ul style="list-style-type: none"> * Daily exercise include videos with music & walks inside facility for socializing & coordination 10-10:30 am * Morning socials with fresh muffins & coffee daily * One on one visits are done daily to provide personal time with the tenants. </div>			<div data-bbox="2059 1360 2583 1576" data-label="Text"> <p align="center">ROOM KEY</p> <p>CLR = The Castine Living Room MCDR = Memory Care Dining Room MCLR = Memory Care Living Room VG = The Village Green</p> </div>	