



DAILY PROGRAMMING

- * **Daily exercise** include videos with music & walks inside facility for socializing & coordination 10-10:30 am
- * **Morning socials** with fresh muffins & coffee daily
- * **One on one visits** are done daily to provide personal time with the tenants.



**FEBRUARY 2014
MEMORY CARE PROGRAM
SPECIAL ACTIVITY CALENDAR**

RELIGIOUS SERVICES

- * **Communion** given every Sunday a.m. in Memory Care by visiting minister
- * **Mass** shown in Memory Care on channel 58 in their rooms at 8:00 a.m, if they request

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

ROOM KEY

CLR = The Castine Living Room
MCDR = Memory Care Dining Room
MCLR = Memory Care Living Room
VG = The Village Green



~ Personalized Life Enrichment
Activities are Continually
Ongoing Throughout the Day



11:00 Checkers 1
3:00 Movie & Popcorn

6:00 Lavender Hand
Massages

9:00 Mass on Ch. 58 2 1:00 Kickball 3:45 Jerry Dube Trio Live Music - VG 4:00 Reading Stories	10:00 Decorate Hallway 3 for Valentines Day 2:00 Quiet Jazz Music 4:00 Decorate Dining Room for Valentines	12:00 Chinese New Year Party 4 4:00 Pop Confetti Balloons	10:00 Maraca Arm Dancercise 5 1:15 Pet Therapy with Ponies 6:00 Pick an Activity	11:00 Tic Tac Toe 6 2:00 Puzzles 4:00 Comedy Club	11:00 Sing-a-longs 7 2:00 Manicures 6:00 PJ's Movie Night	11:00 Family Photos 8 2:00 Ice Cream Social 5:00 Lawrence Welk Ch. 10
9:00 Mass on Ch. 58 9 3:45 Gus Turbide Live Music - VG 6:00 Cheese & Cracker Social	10:00 Make Valentines 10 6:00 Make Coffee Mugs	10:00 Make Cherry Pies 11 2:00 Ball Toss 6:00 Dessert Social	11:00 Start Book of Memories 12 1:15 Pet Therapy 6:00 Happy Hour with Special Drinks	10:00 Make Chocolate 13 Covered Strawberries 2:30 Tom Bergier Live Music - VG 6:00 Painting	VALENTINE'S DAY 14 9-12 Bake Sale - VG 10:30 Jon Whitmore Live Music - VG 12:00 Valentine Social - King & Queen Crowning 6:00 Quiet Social	10:00 Kick ball 15 1:00 Movie & Popcorn 5:00 Lawrence Welk Ch. 10
9:00 Mass on Ch. 58 16 2:00 Bake Cookies 3:45 Schooner Chorus Live Music - VG 6:00 Pick a Game	PRESIDENTS' DAY 17 10:00 Make Pinecone Bird Feeders 2:00 Quiet Music 6:00 Painting	10:00 Balloon Toss 18 2:00 Piano Music Social 6:00 Make Jewelry	10:00 Exercises with Dancing 19 1:15 Pet Therapy with Ponies 1:30 Book of Memories	11:00 Puzzles 20 2:00 "Dip the Chip" 6:00 Spa Night (Facials)	10:00 Make Magnets 21 2:00 Afternoon Tea 6:00 Happy Hour with Special Drinks	10:30 Show & Tell 22 2:00 Quiet Social in Living Room 5:00 Lawrence Welk
9:00 Mass on Ch. 58 23 3:45 Steve Hildonen Live Music-VG 6:00 Pick an Activity	10:00 Checkers 24 2:00 Ice Cream Sundaes 6:00 Hand Massages & Manicures	2:00 Potato Chip Tasting 25 6:00 Movie & Popcorn 6:15 Kevin Farley Live Music - VG	10:00 Let's Chat 26 11:00 Book of Memories 1:15 Pet Therapy 6:00 Cheese & Cracker Social	2:00 Social with Snacks - Castine Living Room 27 6:00 Games	10:00 Hot Chocolate 28 Social 10:30 Jon Whitmore Live Music - VG 4:00 Arts & Crafts	