Schooner Estates
Senior Living Community

DECEMBER 2019
MEMORY CARE PROGRAM
SPECIAL ACTIVITY

DAILY PROGRAMMING

* **Daily exercise** include videos with music & walks. Outside facility for socializing & coordination 10 - 10:30.
* **Morning socials** with fresh muffins & coffee daily.
* **One on one visits** are done daily to provide personal.

Communion given every Sunday a.m. in Memory Care by visiting minister

Mass shown in Memory Care on ch. 58 in their rooms at 8:00 a.m., upon request.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 Mass on Ch. 58 **1** 11:00 Balloon Toss 2:00 Games in Dining Rm **2:30 Lorraine's Trio** **Live Music - VG**	8:00 Donuts & Coffee **2** 9:15 Let's Get Moving 10:30 Baking Cookies 11:30 Balloon Toss 2:30 Bingo - VG **4:15 Outdoor Tree**	9:30 Chair Exercise **3** 10:00 Prayer/Communion 10:30 Hand Massages 2:00 Auburn Library-CLR 4:00 Coloring for All	9:15 Let's Get Moving **4** **10:30 Pat McClellan** **Live Music - VG** 11:30 Coloring 2:00 Games in Dining Rm	10:30 Sit Down Dancing **5** 2:00 Apple Cider Social **2:30 Barry Wood** **Live Music - VG** 3:30 Bowling	9:15 Let's Get Moving **6** 11:30 Balloon Toss 2:30 Bingo - VG	10:30 Balloon Toss **7** 2:00 Inside Walks 4:00 Bowling 4:30 Trivia
8:00 Mass on Ch. 58 **8** 11:00 Balloon Toss 2:00 Games in Dining Rm **2:30 Earl Bickford &** **Family Live Music - VG**	8:00 Donuts & Coffee **9** 9:15 Let's Get Moving 10:30 Baking Cookies 11:30 Balloon Toss	9:30 Chair Exercise **10** 10:00 Prayer/Communion 10:30 Hand Massages **10:45 Singalong w/Judy-VG** 2:00 Auburn Library-CLR	9:15 Let's Get Moving **11** **10:00 Carol Bailey** **String Band - VG** 11:30 Coloring	10:30 Sit Down Dancing **12** 2:00 Apple Cid 3:30 Bowling	**9:00 Bake Sale - VG** **13** 9:15 Let's Get Moving 11:00 Baking For All 2:30 Bingo - VG	10:30 Balloon Toss **14** 2:00 Inside Walks 4:00 Bowling 5:00 Lawrence Welk Channel 10
8:00 Mass on Ch. 58 **15** 11:00 Balloon Toss 2:00 Games in Dining Rm **2:30 Steve Hildonen** **Live Music - VG**	8:00 Muffins & Coffee **16** 9:15 Let's Get Moving 10:30 Baking Cookies 11:30 Balloon Toss 2:30 Bingo - VG	9:30 Chair Exercise **17** 10:30 Hand Massages 2:00 Baking for All **2:00 Judy Kuhn on** **Piano - CMLR**	9:15 Let's Get Moving **18** 11:00 Coloring 1:00 Arts and Crafts 2:30 Bingo - VG 4:00 Trivia	10:30 Baking Cookies **19** **12:30 Lobster Lunch** 2:00 Apple Cider Social **2:00 Christina Ariola** **Live Music - VG** 5:30 Trivia	9:15 Let's Get Moving **20** 10:00 Spiritual Service - CLR 11:30 Balloon Toss	10:30 Balloon Toss **21** 2:00 Inside Walks 4:00 Bowling 5:00 Lawrence Welk
8:00 Mass on Ch. 58 **22** 11:00 Balloon Toss 2:00 Games in Dining Rm **2:30 Larry Gowell** **Live Music - VG**	8:00 Donuts & Coffee **23** 9:15 Let's Get Moving 10:30 Baking Cookies 11:30 Balloon Toss	9:30 Chair Exercise **24** 10:00 Prayer/Communion 2:00 Coloring for All 2:30 Inside Walks	**CHRISTMAS DAY** **25** 9:15 Let's Get Moving 11:00 Open Presents 4:00 Trivia	10:30 Sit Down Dancing **26** 11:00 Mystery Ride 2:00 Apple Cider Social **2:30 Jerry Lachance** **Live Music - VG**	9:15 Let's Get Moving **27** 11:00 Baking for All 2:00 Inside Walks 2:30 Bingo - VG	10:30 Balloon Toss **28** 2:00 Inside Walks 4:00 Bowling 5:00 Lawrence Welk Channel 10
8:00 Mass on Ch. 58 **29** 11:00 Balloon Toss 2:00 Games in Dining Rm **2:30 Earl Bickford** **& Family Live Music-VG**	8:00 Muffins & Coffee **30** 9:15 Let's Get Moving 10:30 Baking Cookies 11:30 Balloon Toss	9:30 Chair Exercise **31** 10:00 Prayer/Communion 2:30 Inside Walks **3:00 New Years Party -** **VG**				

ROOM KEY
CH = Capel **CLR** = Castine Living Rm
MCDR = Memory Care Dining Rm
MCLR = Memory Care Living Rm

Personalized Life Enrichment Activities are Continually