

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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**DECEMBER 2018
MEMORY CARE PROGRAM
SPECIAL ACTIVITY**

~ Personalized Life
Enrichment Activities
are Continually

DAILY PROGRAMMING

* **Daily exercise** include videos with music & walks.
Outside facility for socializing & coordination
10 - 10:30.

* **Morning socials** with fresh muffins & coffee daily.

10:30 Balloon Toss **1**
2:00 Inside Walks
4:30 Trivia
5:00 Lawrence Welk
Channel 10

<p>Hannukah 2 8:00 Mass on Ch. 58 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Lorraine's Trio Live Music - VG</p>	<p>8:00 Donuts & Coffee 3 9:15 Let's Get Moving 10:30 Hand Massages 2:30 Bingo - VG 4:15 Castine Outdoor</p>	<p>9:30 Chair Exercise 4 12:00 Music & Memories 2:00 Felt Snowmen Crafts 3:00 Dave Stone Live</p>	<p>9:15 Let's Get Moving 5 10:00 Manicures 2:00 Games in Dining Rm 2:30 Bingo - VG 6:00 Let's Play Cards</p>	<p>10:30 Sit Down Dancing 6 2:00 Ice Cream Social-VG 2:30 Barry Wood Live Music - VG</p>	<p>9:15 Let's Get 7 Moving 11:30 Balloon Toss 2:30 Bingo - VG</p>	<p>10:30 Balloon Toss 8 2:00 Inside Walks 4:30 Trivia 5:00 Lawrence Welk</p>
<p>8:00 Mass on Ch. 58 9 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Christina Ariola</p>	<p>8:00 Donuts & Coffee 10 9:15 Let's Get Moving 10:30 Hand Massages 2:30 Bingo - VG</p>	<p>9:30 Chair Exercise 11 10:30 Prayer/Communion 12:00 Music & Memories 2:00 Auburn Library-CLR</p>	<p>9:15 Let's Get Moving 12 10:00 Carol Bailey String Band - VG 10:00 Manicures 2:00 Games in Dining Rm</p>	<p>10:30 Sit Down 13 Dancing 2:00 Ice Cream Social-VG 4:30 Trivia 5:00 Holiday Party - VG</p>	<p>9:15 Let's Get 14 Moving 11:00 Baking For All 4:30 Pizza Night</p>	<p>10:30 Balloon Toss 15 2:00 Inside Walks 5:00 Lawrence Welk Channel 10</p>
<p>8:00 Mass on Ch. 58 16 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Steve Hildonen Live Music - VG</p>	<p>8:00 Muffins & Coffee 17 9:15 Let's Get Moving 10:30 Paint with Sponges 2:30 Bingo - VG 2:30 Party! Retirement</p>	<p>9:30 Chair Exercise 18 10:45 Christmas Sing a long with Judy - VG 2:00 Baking for All 2:30 Inside Walks</p>	<p>9:15 Let's Get Moving 19 10:30 Jon Whitmore Live Music - CLR 11:00 Arts and Crafts 2:30 Bingo - VG</p>	<p>10:30 Baking Cookies 20 2:00 Ice Cream Social-VG 2:30 Larry Gowell Live Music - VG</p>	<p>9-11 Bake Sale- VG 21 9:15 Let's Get Moving 10:00 Protestant Spiritual Service-CLR</p>	<p>10:30 Balloon Toss 22 2:00 Inside Walks 5:00 Lawrence Welk Channel 10</p>
<p>8:00 Mass on Ch. 58 23 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Mike McCarthy Live Music - VG</p>	<p>8:00 Donuts & Coffee 24 9:15 Let's Get Moving 10:30 Hand Massages 2:30 Bingo - VG</p>	<p>CHRISTMAS DAY 25 9:00 Holiday Parade on TV Holiday Dinner 3:00 Movie-VG</p>	<p>9:15 Let's Get Moving 26 11:00 Let's Blow Bubbles 12:30 Lobster Lunch 2:30 Bingo - VG</p>	<p>10:30 Sit Down Dancing 27 2:00 Ice Cream Social-VG 2:30 Jerry Lachance Live Music - VG</p>	<p>9:15 Let's Get 28 Moving 2:00 Inside Walks 2:30 Bingo - VG</p>	<p>10:30 Balloon Toss 29 In MCLR 2:00 Inside Walks 5:00 Lawrence Welk Channel 10</p>
<p>8:00 Mass on Ch. 58 30 11:00 Balloon Toss 2:00 Games in Dining Rm 2:30 Phil House Live Music - VG</p>	<p>8:00 Donuts & Coffee 31 9:15 Let's Get Moving 10:30 Hand Massages 2:30 Bingo - VG 3:00 New Year's Eve</p>	<div style="border: 1px solid black; padding: 5px; display: inline-block;"> <p>Communion given every Sunday a.m. in Memory Care by visiting minister</p> <p>Mass shown in Memory Care on ch. 58 in their rooms at 8:00 a.m., upon request.</p> </div>				



ROOM KEY

CH = Chapel
CLR = Castine Living Rm
MCDR = Memory Care Dining Rm
MCLR = Memory Care Living Rm
VG = Village Green