



# DECEMBER 2015 MEMORY CARE PROGRAM SPECIAL ACTIVITY CALENDAR

### DAILY PROGRAMMING

- \* **Daily exercise** include videos with music & walks inside facility for socializing & coordination 10-10:30 am
- \* **Morning socials** with fresh muffins & coffee daily
- \* **One on one visits** are done daily to provide personal time with the tenants.

~ **Personalized Life Enrichment  
Activities are Continually  
Ongoing Throughout the Day**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px solid black; padding: 5px; width: fit-content;"> <p><b>Communion</b> given every Sunday a.m. in Memory Care by visiting minister</p> <p><b>Mass</b> shown in Memory Care on ch. 58 in their rooms at 8:00 a.m., upon request.</p> </div>		10:00 Arm Exercises 1 2:00 Bubble Blowing <b>4:00 Outdoor Castine Tree Lighting</b> 7:00 "Polar Express" on ABC Family	10:00 Manicures 2 11:00 Decorate Hallway for Christmas  6:00 Sing-a-long with Bing Crosby	10:00 Inside Walks 3  <b>2:00 Barry Wood Live Music -VG</b> 6:00 "The Santa Clause" on ABC Family	8:00 Blueberry Muffins 4 11:00 Put up Christmas Tree/Group Photo  6:00 Decorate Tree in Living Room	10:30 Ball Toss 5  2:00 Inside Walks  8:00 "It's a Wonderful Life" on NBC
8:30 "Christmas Carol" on TCM 6 2:00 Play Pool in the Billiards Room <b>3:45 Dube Trio Live Music-VG</b> 6:00 Happy Hour with Cranberry Gingerale	11:00 Inside Walks to Castine Living Room-Hot Chocolate Social 7 2:00 Make Ornaments 6:00 Cheese & Cracker Social	10:00 Arm Exercises 8 2:00 String Cranberries for Christmas Tree <b>2:30 Dave Stone Live Music - VG</b> 6:00 Hand Massages	10:00 Manicures 9 2:00 Pinecone Christmas Trees 6:00 Christmas Sing-a-longs <b>6:15 Main Stage Academy - VG</b>	10:00 Arts & Crafts 10 2:00 Walk to see Christmas Trees <b>2:30 Phil House Live Music - CLR</b> 7:00 "Miracle on 34th Street" on AMC	8:00 Cinnamon Rolls 11 10:00 Book Club <b>10:30 Jon Whitmore-VG</b>  <b>5:30 Christmas Light Ride</b>	10:30 Ball Toss 12  2:00 Inside Walks  5:00 Lawrence Welk Ch. 10
9:00 Mass on Ch. 58 13 2:00 Play Pool in Billiards Room <b>3:45 Hymn Sing Live Music - CLR</b> 6:00 Happy Hour with Eggnog	9:00 Inside Walks to Castine Living Room 14 11:00 "Frosty's Winter Wonderland"/ABC Family 6:00 Christmas Sing-a-long	10:00 Arm Exercises 15 2:00 Make Christmas Candles <b>2:30 Mitch Thomas Christmas Show-VG</b> 6:00 Decorate Stockings	10:00 Manicures 16  <b>5:00 Holiday Party -VG</b> 6:00 "Elf" on ABC Family	10:00 Arts & Crafts 17 2:00 Walks to see Christmas Trees <b>2:30 Mike McCarthy Live Music - VG</b> 6:00 Cheese & Cracker Social	10:00 Book Club 18 2:00 Walk to Castine Living Room - Hot Chocolate Social  6:00 Christmas Cookies	10:30 Ball Toss 19  2:00 Inside Walks  5:00 Lawrence Welk Ch. 10
9:00 Mass on Ch. 58 20 2:00 Play Pool in the Billiards Room <b>3:45 Christmas Movie Video - VG</b> 6:00 Happy Hour with Cranberry Gingerale	<b>10:00 Fiddlers Christmas Program-VG</b> 21 11:00 Inside Walks to Castine Living Room 2:00 Make Ornaments 6:00 Christmas Cookies	10:00 Arm Exercises 22 2:00 Make Christmas Cookies <b>2:30 Matt Ryder Live Music - VG</b> 6:00 Hand Massages	10:00 Manicures 23 2:00 Make Gingerbread Houses <b>2:30 Larry Gowell Live Music - VG</b> 8:00 "Lucy's Christmas Special" on CBS	10:00 Arts & Crafts 24 <b>10:30 Christmas Sing-a-Long - VG</b> 2:00 Walk to See Christmas Trees <b>6:30 Terry's Music - VG</b> 8:00 "It's a Wonderful Life" on NBC	<b>CHRISTMAS DAY</b> 25 11:00 Open Christmas Presents by the Tree 2:00 Quiet Music Social with Bing Crosby 6:00 Pick an Activity	10:30 Ball Toss 26  2:00 Inside Walks  5:00 Lawrence Welk Ch. 10
9:00 Mass on Ch. 58 27 2:00 Play Pool in the Billiards Room <b>3:45 Steve Hildonen Live Music - VG</b> 6:00 Happy Hour with Eggnog	10:00 Inside Walks 28  2:00 Inside Walks to Castine Living Room  6:00 Sing-a-long	10:00 Arm Exercises 29  2:00 Chocolate Chip Cookies & Hot Chocolate in Castine Living Room 6:00 Hand Massages	10:00 Manicures 30  2:00 Pick an Activity  6:00 Decorate for New Years	8:00 Banana Nut Muffins 31 12:00 News Years Luncheon <b>3:00 New Years Party-VG</b> 6:00 New Years Social	<b>ROOM KEY</b>  CLR = The Castine Living Room MCDR = Memory Care Dining Room MCLR = Memory Care Living Room VG = The Village Green	