

ROOM KEY

TR = Theater Rm CH = The Chapel CSLR = The Castine Living Rm CMLR = The Camden Living Rm CL = Camden Library
SRC = Schooner Res Care THR = Tenants Harbor Room HPD = Harpswell Private Dining Room VG = Village Green

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Please let the Front Desk
know two hours prior
to an event, if you
would like an escort
to an activity.
(207)784-2900



Happy
Valentine's
Day



1
9:30 Coffee Klatch (THR)
10:15 Bible Share (Study)
10:30 Exercise (1390)
2:15 Cribbage (HPD)
7:00 pm **Movie:**
“The Age of Adaline” (1390)

2 Sunday Church Services:
8:45 St Philip Catholic
9:10 St. Michaels
10:00 Park Avenue Methodist
10:30 Exercise (1390)
2:30 Episcopal Service in person
Rev. George Sheats (Study)
All welcome

3 9:00 Coffee and Chronicles (Brass Rail)
9:30 Exercise Class (CSLR/1390)
10:00 Fitness Foundations (CSLR)
10:30 Valentine Fitness Trivia (CSLR)
11:00 BP Clinic (CMLR)
11:00 Cards with Kathy (brass Rail)
1:00 Manicures with Maggie (CSLR)
2:30 Lecture— Chicago World's Fair 1893 (THR)
2:30 Bingo (VG)
3:00 Scrabble (CL)
4:00 Life Long Learning (CSLR)

4
9:30 Exercise (1390)
9:30 Pictionary (THR)
9:30 Shopping Shuttle/Mall Walk
10:00 Communion (CSLR)
10:30 In the News w/John Rice (THR)
2:15 Bridge (CL)
3:45 Bible Talk (TR)
4:00 LCR (THR)

5
9:30 Exercise Class (CSLR/1390)
10:00 Fitness Foundations (THR)
10:30 Rare Commercials of the 50s and 60s (THR)
12:00 PM to 4:00 PM BAKE SALE (Castine Living Room)
2:30 Bingo (VG)
3:30 Popcorn & Trivia (THR)

6
9:30 Exercise (1390)
9:30 Shopping Shuttle/Mall Walk
10:30 Creative Group (THR)
2:30 Music: Anni Clark (VG)
4:00 Social Hour (THR)

7 WEAR RED DAY
9:00 Coffee and Chronicles (Brass Rail)
9:30 Exercise Class (CSLR/1390)
10:00 Fitness Foundations (CSLR)
10:00 Scattergories (Study)
10:30 Creative Group (VG)
11:00 BP Clinic (Brass Rail)
2:30 Tim from AHA (VG)
3:00 BINGO (VG)
4:00 LCR (THR)

8 9:30 Coffee Klatch (THR)
10:30 Exercise (1390)
2:15 Cribbage (HPD)
5:30 Soup for the Soul Social (THR)
7:00 pm Movie:
“The Best Exotic Marigold Hotel” (1390)

9 Sunday Church Services:
8:45 St Philip Catholic
9:10 St. Michaels
10:00 Park Avenue Methodist
10:30 Exercise (1390)

10 9:00 Coffee and Chronicles (Brass Rail)
9:30 Exercise Class (CSLR/1390)
10:00 Fitness Foundations (CSLR)
10:30 Chair Yoga (CSLR)
11:00 Cards with Kathy (Brass Rail)
11:00 BP Clinic (CMLR)
1:00 Manicures (CSLR) (Sign up)
2:30 Bingo (VG)
3:00 Scrabble (CL)
4:30 SitterBall (VG)

11
9:30 Exercise (1390)
9:30 Shopping Shuttle/Mall Walk
10:00 Bingocize (VG)
10:30 In the News w/John Rice (THR)
2:15 Bridge (CL)
2:30 Resident Council (CSLR)
2:30 Pictionary (THR)
3:45 Bible Talk (TR)
4:00 LCR (THR)

12
9:30 Exercise Class (CSLR/1390)
10:00 Fitness Foundations (CSLR)
11:30 Lunch Out: 99 Restaurant— Auburn (Sign up)
2:30 Bingo (VG)
3:30 Popcorn & Trivia (THR)
5:00 The Man on the Inside (TR)

13
9:30 Exercise (1390)
9:30 Shopping Shuttle/Mall Walk
10:00 Bingocize (VG)
2:30 Music: Jay Staples (VG)
4:00 Social Hour (THR)

14 VALENTINE'S DAY
9:00 Coffee and Chronicles (Brass Rail)
9:30 Exercise Class (1390)
10:00 Fitness Foundations (CSLR)
10:00 Scattergories (Study)
10:30 Care Givers Support Group (TR)
10:30 Sunshine Group (VG)
11:00 BP Clinic (Brass Rail)
2:30 BINGO (VG)
4:00 LCR (THR)

15 9:30 Coffee Klatch (THR)
10:15 Bible Share (Study)
10:30 Exercise (1390)
2:15 Cribbage (HPD)
5:30 Make Your Own Pizza (THR) \$8.00 (sign up)
7:00 pm **Movie: TBA** (1390)

16 Sunday Church Services:
8:45 St Philip Catholic
9:10 St. Michaels
10:00 Park Avenue Methodist
10:30 Exercise (1390)

17 PRESIDENTS DAY
9:00 Coffee and Chronicles (Brass Rail)
9:30 Exercise Class (CSLR/1390)
10:00 Fitness Foundations (CSLR)
10:30 Chair Yoga (CSLR)
11:00 Cards with Kathy (Brass Rail)
11:00 BP Clinic (CMLR)
1:00 Manicures (CSLR) (Sign up)
2:30 Bingo (VG)
3:00 Scrabble (CL)
4:30 SitterBall (VG)

18 9:30 Exercise (1390)
9:30 Shopping Shuttle/Mall Walk
10:00 Communion (THR)
10:30 In the News w/John Rice (THR)
2:15 Bridge (CL)
2:30 Tenant Council Meeting (THR)
3:45 Bible Talk (TR)
4:00 Bingocize (VG)
4:00 LCR (THR)

19
9:30 Exercise Class (CSLR/1390)
10:00 Fitness Foundations (CSLR)
11:30 Lunch Out: Lunch at Cibos Pizza in the Auburn Library-sign up
2:30 Bingo (VG)
3:30 Popcorn & Trivia (Camden LR)
5:00 The Man on the Inside (TR)

20
9:30 Exercise (1390)
9:30 Shopping Shuttle/Mall Walk
10:00 Bingocize (VG)
10:30 Creative Group (THR)
2:30 Music: Sapphire Lane (VG)
4:00 Social Hour (THR)

21 9:00 Coffee and Chronicles (Brass Rail)
9:30 Exercise Class (CSLR/1390)
10:00 Fitness Foundations (CSLR)
10:00 Scattergories (Study)
10:30 Creative Group (VG)
11:00 BP Clinic (Brass Rail)
2:30 Music: Chapel Chicks (VG)
4:00 LCR (THR)

22 9:30 Coffee Klatch (THR)
10:30 Exercise (1390)
2:15 Cribbage (HPD)
7:00 pm **Movie: TBA** (1390)

23 Sunday Church Services:
8:45 St Philip Catholic
9:10 St. Michaels
10:00 Park Avenue Methodist
10:30 Exercise (1390)

24 9:00 Coffee and Chronicles (Brass Rail)
9:30 Exercise Class (CSLR/1390)
10:00 Fitness Foundations (CSLR)
10:30 Chair Yoga (CSLR)
11:00 BP Clinic (CMLR)
1:00 Manicures (CSLR) (Sign up)
2:30 Bingo (VG)
2:30 Living For Better Health-location to be announced (Sign up)
3:00 Scrabble (CL)

25 9:30 Exercise (1390)
9:30 Shopping Shuttle/Mall Walk
10:00 Magdalena (CSLR)
10:30 In the News w/John Rice (THR)
2:15 Bridge (CL)
2:30 Pictionary (THR)
4:00 LCR (THR)
4:00 Bingocize (VG)

26
9:30 Exercise Class (CSLR/1390)
10:00 Fitness Foundations (CSLR)
11:30 Lunch Out: Governor's Lewiston (Sign up)
2:30 Bingo (VG)
3:30 Popcorn & Trivia (THR)
5:00 The Man on the Inside (TR)

27
9:30 Exercise (1390)
9:30 Shopping Shuttle/Mall Walk
10:00 Bingocize (VG)
2:30 Music: Denny Breau (VG)
4:00 Social Hour (THR)

28 9:00 Coffee and Chronicles (Brass Rail)
9:30 Exercise Class (CSLR\1390)
10:00 Prot. Service (CSLR)
10:00 Scattergories (Study)
11:00 BP Clinic (Brass Rail)
2:30 “Fund Raiser FUN Friday” (VG)
4:00 LCR (THR)

For daily transportation to
medical appointments,
etc., please let us know at
least 24 hours in advance.
*Thank you for
your cooperation.*