



**APRIL 2016**  
**MEMORY CARE PROGRAM**  
**SPECIAL ACTIVITY**  
**CALENDAR**



**DAILY PROGRAMMING**

- \* **Daily exercise** include videos with music & walks inside facility for socializing & coordination 10-10:30 am
- \* **Morning socials** with fresh muffins & coffee daily
- \* **One on one visits** are done daily to provide personal time with the tenants.

**Communion** given every Sunday a.m. in Memory Care by visiting minister  
**Mass** shown in Memory Care on ch. 58 in their rooms at 8:00 a.m., upon request.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
~ Personalized Life Enrichment Activities are Continually Ongoing Throughout the Day			<b>ROOM KEY</b> CH = Chapel CLR = The Castine Living Room MCDR = Memory Care Dining Room MCLR = Memory Care Living Room VG = The Village Green		10:00 Book Club 1 11:00 Baking For All 1:30 Walking 6:00 Pick an Activity	10:30 Ball Toss 2 2:00 Inside Walks 5:00 Lawrence Welk Ch. 10
8:00 Mass on Ch. 58 3 2:30 Dube Trio Live Music - VG 6:00 Happy Hour	8:00 Muffins & Coffee 4 11:00 Inside Walks to Castine Living Room 6:00 Cheese & Cracker Social	10:00 Arm Exercises 5 In Dining Room 2:00 "Little House on the Prairie", ch. 59 2:30 Dave Stone Live Music - MCLR 6:00 Hand Massages	10:00 Manicures 6 2:30 Barry Wood Live Music - VG 6:00 Movie Night with Popcorn	10:00 Sit Down Dancing 7 2:00 Arts & Crafts - "Butterflies" 3:30 Paul Cavitt Live Music - VG 6:00 Ice Cream Social	10:00 Book Club 8 10:30 Jon Whitmore Live Music - VG 11:00 Baking For All 1:30 Walking 6:00 Special Dessert	10:30 Ball Toss 9 2:00 Inside Walks 5:00 Lawrence Welk Ch. 10
8:00 Mass on Ch. 58 10 2:00 Let's Play Golf 2:30 Steve Hildonen Live Music - VG 6:00 Happy Hour	8:00 Muffins & Coffee 11 11:00 Inside Walks to Castine Living Room 6:00 Cheese & Cracker Social	10:00 Arm Exercises 12 In Dining Room 10:15 Prayer/Comm.-RCLR 2:00 Auburn Library-CLR 4:00 Garden Club 6:00 Hand Massages	10:00 Manicures 13 11:00 Reminisce Favorite Songs 12:00 Take Out Lunch 2:00 Leg Exercises in Dining Room 6:00 Movie w/Popcorn	10:00 Sit Down Dancing 14 2:30 Phil House Live Music - CLR 6:00 Ice Cream Social	10:00 Book Club 15 11:00 Baking For All 1:30 Walking 2:00 Arm Exercises 6:00 Pick an Activity	10:30 Ball Toss 16 2:00 Inside Walks 5:00 Lawrence Welk Ch. 10
8:00 Mass on Ch. 58 17 2:00 Let's Play Golf 3:30 Judy Kuhn Hymn Sing - VG 6:00 Happy Hour	8:00 Muffins & Coffee 18 11:00 Inside Walks to Castine Living Room 6:00 Cheese & Cracker Social	10:00 Arm Exercises 19 10:00 Ladies Tea - Castine Dining Room 12:00 Sunnyday Luncheon 4:00 Garden Club 6:00 Hand Massages	10:00 Manicures 20 2:00 Leg Exercises in Dining Room 6:00 Movie Night with Popcorn	10:00 Sit Down Dancing 21 12:00 Men's Lunch- VG 2:00 Arts and Crafts "Paper Flowers" 2:45 Microwave Demonstration - VG	10:00 Book Club 22 10:30 Jon Whitmore Live Music - VG 1:30 Walking 6:00 Pick an Activity	10:30 Ball Toss 23 2:00 Inside Walks 5:00 Lawrence Welk Ch. 10
8:00 Mass on Ch. 58 24 2:00 Let's Play Golf 2:30 Mary Murphy Live Music - VG 6:00 Happy Hour	8:00 Make Breakfast Together 25 11:00 Inside Walks to Castine Living Room 6:00 Cheese & Cracker Social	10:00 Arm Exercises 26 In Dining Room 1:30 Mystery Ride 2:00 "Little House on the Prairie", ch. 59 4:00 Garden Club 6:00 Hand Massages	10:00 Manicures 27 2:00 Leg Exercises in Dining Room 6:00 Movie Night with Popcorn	10:00 Sit Down Dancing 28 2:00 Arts and Crafts 2:00 Catholic Mass-CLR 3:00 Sing a long w/Judy - VG 5:00 Take Out	10:00 Book Club 29 1:30 Walking 6:00 Pick an Activity	10:30 Ball Toss 30 2:00 Inside Walks 5:00 Lawrence Welk Ch. 10