

Comfort in community ~
Confidence in care

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Happy Easter!



Our mural artist, Francine Schrock

# THE SCHOONER FLASH

## **APRIL 2013**

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### **SCHOONER "GIVES BACK"**

Giving back to those in need touches the lives of many. In celebration of our 25th anniversary, Schooner Estates is "Giving Back". During the month of March, "National Nutrition Month", we donated \$500.00 to the Good Shep-



herd Food Bank along with food donations given by our residents and staff. For every \$1.00 donated, the Good Shepherd Food Bank can provide \$8.00 worth of food. The GSFB, headquartered in Auburn, is always looking for donations of food and food related products. This is why Schooner accepted non perishable food products for the entire month of March to add to the donation. Food collection boxes were located at the Camden lobby and at our main front desk in the Castine building. We wish to thank everyone for their wonderful and generous support for this cause!

#### **EASTER MENU**

Easter is coming up much earlier than usual, this year. With the thrill of the egg hunt, hot cross buns and the special time when we gather with friends and family to enjoy the traditional Easter dinner, all of these things and more remind us of the special traditions and rituals we have known over the years. Below is this year's Easter menu. Delicious holiday feasts are just one of the many traditions here at Schooner Estates!

- ◆ Grilled lamb chops w/rosemary, thyme, fresh mint, lemon, olive oil, salt & pepper
- Baked seafood stuffed sole w/lobster sherry cream sauce
- Baked tear drop ham w/brown sugar glaze
- Fresh spring tomato soup w/chiffonade of basil
- Fresh spinach salad w/crumbled bacon, chopped eggs, sliced red onions & choice of dressing
- Whipped potato w/chives or baked stuffed potato
- Fresh green beans, butternut squash, baby whole carrots, peas and onions
- Fresh jello, rimmed fruit cups topped w/rainbow sherbet, crème de menthe parfaits, chocolate cake nestled in raspberry puree

A very special birthday is coming up for Schooner resident, Florence Dinsmore. She

will be celebrating her 107th birthday on April 2nd. Congratulations Florence! You certainly are an inspiration to us all! Have a wonderful day.



#### THE GIFT OF LEARNING

As the years go by, we continuously learn about the fascinating things our Residents have done in their lives. Walter Eichenberger, Schooner Harpswell Resident, is certainly no exception. Walter has a great passion for teaching. He began tutoring English several years ago with six Spanish speaking adults in Beverly Hills, while living in Altadena, California. He worked with a teacher there on ESL programs for foreign students. ESL means "English as a Second Language". People are taught to speak, read, write and understand English. "I've had people from China, Korea, Brazil, Iran, Russia, Germany, etc. It was a rewarding experience!", remarked Walter. Also, up until about a year ago, Walter gave English lessons to students from the Ukraine, via Skype on his home computer. "I thoroughly enjoyed my classes with the students in Ukraine," said Walter. "I found my conversations with the Ukrainian people stimulating and challenging".

Thank you so much Walter for sharing your story with us!



#### **SPRING SENIOR COLLEGE**

Schooner is hosting the Spring Senior College Class, brought to us by the USM Lewiston-Auburn College. The class, "The Life & Legacy of Abraham Lincoln, is in full swing and will run for eight Thursdays, March 28th through May 16th. We have a full sign up list and are all ready to go! Also, to all class members dur-



ing your morning break, be sure to look for fresh danish, coffee and tea, served in our Camden coffee bar area. Enjoy!

### EMPLOYEE OF THE MONTH

Kym Foster has been chosen as our March, Employee of the Month. Kym is a CRMA in our Residential Care Unit on 2nd shift. She was nominated by her co-workers for consistently going above and beyond by giving extra help



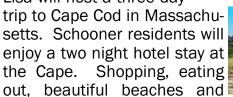
And Director Tricia Morasse

when needed, also in other departments of our community. Kym's positive approach to customer service makes her an important member of our team. Congratulations Kym!

We will be providing shuttle service to the upcoming 2013 Sawyer program season. The first show starts on Friday, April 12th. All shows are free to the public and presented twice a month on Friday from April through November. Programs include narrated travel films, wildlife films, lectures, musicals, magic shows and more. See your monthly activity calendar for all monthly show information.

# **OFF TO THE CAPE WE GO!**

A special mini vacation is planned for May 2013. Mark Prevost, our Resident Services Director and his wife Lisa will host a three day







touring are just a part of the wonderful itinerary planned for this get away. This trip is filling up fast, so if you are interested in going, check with Mark to see if there are any openings left. Have fun!

Just a reminder for Tuesday, April 2nd, you will be able to meet and chat with our mural artist, Francine Schrock. The reception is scheduled from 4-6 p.m. in our Village Green. Light refreshments and music will be provided. Please RSVP by calling 784-2900. Hope to see you there!