

A Few of Our Favorite Pictures





WINTER SAFETY TIPS



Check your footwear. Wear winter boots with good traction when outside.

If you drive a car, bring a cell phone (if you have one) when you leave. Carrying a cell phone whenever you go out can bring peace of mind.

Ask for help. If you have to walk across a parking lot, find a steady arm to lean on.

Slow down. Allow extra time if it's slippery out. When you hurry, you end up pushing the envelope of what your balance can handle.



The Schooner Flash *Monthly Newsletter*

SCHOONER ESTATES ~ EST. 1989 • OUR COMMUNITY IS YOUR COMMUNITY

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Happy New Year!

May this year be full of good health, happiness, and unforgettable moments.



WISHING ALL OF OUR RESIDENTS AND STAFF
A SAFE AND HAPPY NEW YEAR!



Resident Services...
A happy group!

New Arrivals to our Community

- Mary Binette, apt. 632
- Yvonne Roux, stu. C106



Hail to the Chef



Word Search

Beware, words can go every which way!

Word List:

APRON
BASTE
BEAT
BLANCH
BLENDER
CASSEROLE
CHOP
COOKBOOK
CUISINE
DINNER
FOIL
FONDUE
GARNISH
GLAZE
HERBS
INGREDIENTS
KITCHEN
LADLE
MEAL
MEASURE
MINCE
OVEN
PARSLEY
PILAF
RAGOUT
RECIPE
ROAST
SAUTE
SEAR
SEASON
WHISK

F	O	N	D	U	E	L	O	R	E	S	S	A	C	O
P	H	B	G	R	B	E	S	D	G	E	C	F	C	S
A	L	H	J	A	A	B	D	B	P	U	T	E	K	B
R	J	I	N	G	R	E	D	I	E	N	T	S	J	F
S	E	M	B	E	H	N	S	T	D	U	I	K	A	S
L	C	C	H	L	C	C	I	I	A	H	D	L	N	B
E	O	N	I	I	E	N	N	S	W	E	I	Z	H	L
Y	O	C	Y	P	S	N	I	A	H	P	B	R	C	A
M	K	U	I	E	E	Y	D	M	L	A	Z	H	E	E
K	B	I	A	R	S	X	R	E	W	B	O	Z	R	M
G	O	S	T	R	L	A	N	O	R	P	A	U	R	L
H	O	I	V	C	G	A	R	E	X	L	S	M	B	I
N	K	N	Z	O	H	T	D	X	G	A	N	E	V	O
X	B	E	U	R	W	E	D	L	E	L	E	Z	X	F
U	U	T	S	A	O	R	N	M	E	D	J	F	Q	U

Schooner Tenant Profiles Please give these folks a warm Schooner welcome!

Note: Some of our profiles do not have photographs included - it all depends on a tenant's preference.

Dorothy Zimbis, resides in studio 102. Dorothy has lived an amazing life. Born in New York, her occupation was an ESL Teacher. She lived in Lewiston, for 17 years, before moving to Schooner. Being fluent in French, Spanish, & Greek languages, she has lived/traveled in every continent except Australia and Antarctica. Dorothy lived in India and taught English in Saudi Arabia.

Her hobbies include dancing, especially ballet, cooking and loves having conversations with people.

Welcome to Schooner Dorothy!

Mary Binette, apartment 632. Mary comes to us from Poland, Maine where she lived for 15 years, and before that, she lived in Jay for 45 years. She and her husband have three children and five grandchildren. Her former occupation was an Ed Tech.

She enjoys Bingo, doing exercise, and loves to read. Let's all welcome Mary to Schooner!

Joan Morin, residing in studio 109, joined our community in late November. Before Schooner, she had lived in Lewiston all her life. She and her husband have 5 children, 7 grand, and 7 great grandchildren. Joan resided in Florida for 16 years. Her former occupation was an activity coordinator. She loves reading and playing Skip-Bo. She is a happy person and is glad to know several tenants who live here. We're excited to have you here Joan!

Can you believe it, another year has passed and 2026 is almost here! Let's welcome the new year with kindness to all and best wishes for friends, family, and others in your life. Adding the commandments below to your life, is a great way to start the year...

- ◆ Speak to people, there is nothing as nice as a cheerful greeting.
- ◆ Call people by name. The sweetest music is to hear someone's name called.
- ◆ Have humility. There is something to be learned from every living thing.
- ◆ Be friendly. If you want to have a friend, be one.
- ◆ Be cordial. Speak and act as if everything you do is a pleasure.
- ◆ Be interested in others. You can like almost everybody, if you try.
- ◆ Be generous with praise; cautious with criticism.
- ◆ Give your word; then keep it.
- ◆ Be considerate of the feelings of others.
- ◆ Be alert to give service. What counts most in life is what we do for others.

