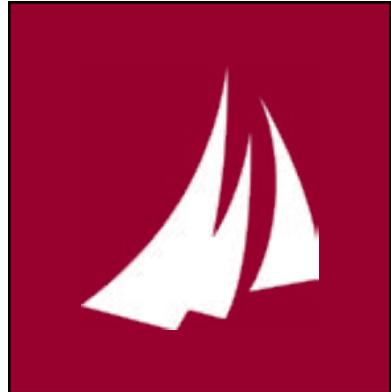


JANUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ROOM KEY						
BRC - Brass Rail Café BR - Billiard Room CH - Chapel CMLR - Camden Living Room CSLR - Castine Living Room	CL - Camden Library HPD - Harpwell Private Dining THR - Tenants Harbor Room TR - Theatre Room VG - Village Green			1 NO TRANSPORTATION 10:00 "Bible Exploration" 02:30 Music: Billy Joe Lake (VG)	2 09:30 Exercise Class (CSLR/1390) 10:00 Fitness Foundations (CSLR) 10:15 Scattergories (Study) 11:00 BP Clinic (Brass Rail) 02:30 BINGO (VG) 04:00 LCR (THR)	3 09:00 Coffee Klatch (THR) 09:30 Card Games w/friends (VG) 10:15 Bible Share (Study) 10:30 Exercise (1390) 02:15 Cribbage (HPD) 02:30 Action Hour (VG)
4 08:45 St Philip Catholic 09:10 St. Michaels 10:00 Park Avenue Methodist 01:30 Card Games w/ friends (VG) 02:30 Protestant Services (Study) 02:30 Exercise (1390)	5 09:30 Exercise Class (CSLR/1390) 10:00 Fitness Foundations (CSLR) 11:00 BP Clinic (CMLR) 12:30 Manicures (CSLR) 02:30 Bingo (VG) 03:00 Scrabble (CL) 04:30 Sitterball (VG)	6 09:30 Exercise (1390) 09:30 Shuttle/ Mall Walk (sign up) 10:00 Communion (CSLR) 10:30 In the News (THR) 02:15 Bridge (CL) 02:30 SC Mates Book Club (Study) 04:00 LCR (THR)	7 09:30 Exercise (1390/CSLR) 10:00 Fitness Foundations (CSLR) 02:30 Bingo (VG) 04:30 Sitterball (VG) 05:00 Take Out: Firehouse Subs (sign up) (THR)	8 09:30 Exercise (1390) 09:30 Shuttle/ Mall Walk (sign up) 10:00 "Bible Exploration" (Study) 02:30 Music: Frank Grant (VG) 04:00 Social Hour (THR)	9 09:30 Exercise Class (CSLR/1390) 10:00 Fitness Foundations (CSLR) 10:15 Scattergories (Study) 11:00 BP Clinic (Brass Rail) 02:30 Bingo (VG) 04:00 LCR (THR)	10 09:00 Coffee Klatch (THR) 09:30 Card Games w/friends (VG) 10:30 Exercise (1390) 02:15 Cribbage (HPD) 02:30 Action Hour (VG)
11 08:45 St Philip Catholic 09:10 St. Michaels 10:00 Park Avenue Methodist 01:30 Card Games w/ friends (VG) 02:30 Exercise (1390)	12 09:30 Exercise Class (CSLR/1390) 10:00 Fitness Foundations (CSLR) 11:00 BP Clinic (CMLR) 12:30 Manicures (CSLR) 02:30 Bingo (VG) 02:30 Magdalena (TR) 03:30 Scrabble (CL) 4:30 Sitterball (VG)	13 09:30 Exercise (1390) 09:30 Shuttle/ Mall Walk (sign up) 10:30 In the News (THR) 02:15 Bridge (CL) 02:30 Resident Council (CSLR) 04:00 LCR (THR) 04:00 Poker (Billiards Room)	14 09:30 Exercise Class (1390/CSLR) 10:00 Fitness Foundations (CSLR) 10:30 Safe Strides (THR) 11:00 Lunch Out: Oxford Casino (sign up) 02:30 Bingo (VG) 04:30 Sitterball (VG)	15 09:30 Exercise (1390) 09:30 Shuttle / Mall Walk (sign up) 10:00 "Bible Exploration" (Study) 11:00 Lunch Out: Oxford Casino (sign up) 02:30 Bingo (VG) 04:30 Sitterball (VG)	16 09:30 Exercise Class(CSLR/1390) 10:15 Scattergories (Study) 11:00 BP Clinic (Brass Rail) 02:30 Music: Chappel Chix (VG) 04:00 LCR (THR)	17 09:00 Coffee Klatch (THR) 09:30 Card Games w/friends VG 10:15 Bible Share (Study) 10:30 Exercise (1390) 02:15 Cribbage (HPD) 02:30 Bingo (VG) 02:30 Trivia w/Tom (TR)
18 08:45 St Philip Catholic 09:10 St. Michaels 10:00 Park Avenue Methodist 01:30 Card Games w/ friends (VG) 02:30 Exercise (1390)	19 09:30 Exercise Class (CSLR/1390) 10:30 Card Games (VG) 11:00 BP Clinic (CMLR) 12:30 Manicures (CSLR) 2:30 Bingo (VG) 2:30 Senior College (THR) 3:00 Scrabble (CL) 4:30 Sitterball (VG)	20 09:30 Exercise (1390) 09:30 Shuttle/ Mall Walk 10:00 Communion (THR) 10:30 In the News (THR) 02:15 Bridge (CL) 02:30 Tenant Council Meeting (THR) 04:00 LCR (THR) 04:00 Poker (Billiards Room)	21 09:30 Exercise Class (1390/CSLR) 10:00 Fitness Foundations (CSLR) 11:00 Lunch Out: Gippers (sign up) 2:30 Auburn Library (CSLR) 2:30 Bingo (VG) 2:30 Estate Planning (THR) 4:30 Sitterball (VG)	22 09:30 Exercise (1390) 09:30 Shuttle / Mall Walk (sign up) 10:00 "Bible Exploration" (Study) 2:30 Auburn Library (CSLR) 2:30 Bingo (VG) 2:30 Estate Planning (THR) 4:30 Sitterball (VG)	23 09:30 Exercise Class (CSLR/1390) 10:00 Fitness Foundations (CSLR) 10:00 Protestant Services (CSLR) 10:15 Scattergories (Study) 11:00 BP Clinic (Brass Rail) 02:30 Bingo 3:45 Bible Talk w/ Jane Estey (TR) 4:00 LCR (THR)	24 09:00 Coffee Klatch (THR) 09:30 Card Games w/friends (VG) 10:30 Exercise (1390) 02:15 Cribbage (HPD) 05:30 Soup Social (\$2.00, THR)
25 08:45 St Philip Catholic 09:10 St. Michaels 10:00 Park Avenue Methodist 01:30 Card Games w/ friends (VG) 02:30 Exercise (1390)	26 09:30 Exercise Class (CSLR/1390) 10:30 Card Games (VG) 11:00 BP Clinic (CMLR) 12:30 Manicures (CSLR) 2:30 Bingo (VG) 2:30 Senior College (THR) 3:00 Scrabble (CL) 4:30 Sitterball (VG)	27 09:30 Exercise (1390) 09:30 Shuttle/ Mall Walk (sign up) 10:30 In the News (THR) 02:15 Bridge (CL) 02:30 Veterans Group (TR) 04:00 LCR (THR)	28 09:30 Exercise Class (1390/CSLR) 10:00 Fitness Foundations (CSLR) 11:00 Lunch Out: Long Horn (sign up) 02:30 Bingo (VG) 04:30 Sitterball (VG)	29 09:30 Exercise (1390) 09:30 Shuttle / Mall Walk (sign up) 10:00 "Bible Exploration" (Study) 02:30 Music: Jim Gallant (VG) 04:00 Social Hour (THR)	30 09:30 Exercise Class (CSLR/1390) 10:15 Scattergories (Study) 11:00 BP Clinic (Brass Rail) 02:30 BINGO (VG) 03:45 Bible Talk w/ Jane Estey (TR) 04:00 LCR (THR)	31 09:00 Coffee Klatch (THR) 09:30 Card Games w/friends (VG) 10:30 Exercise (1390) 02:15 Cribbage (HPD)

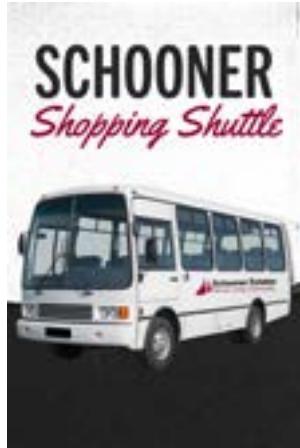


JANUARY 2026 ACTIVITY CALENDAR



MONDAY MANICURES

Please make an appointment for a manicure ahead of time. Reception will call on Monday to confirm your scheduled appointment time. (Held in the Castine Living Room.)



SHOPPING SHUTTLE

Take the Schooner Shuttle to do local shopping, or choose to be dropped off at the Auburn Mall for an inside walk. The shuttle departs every Tuesday and Thursday at 9:30 AM.



POKER

A beginner-friendly gathering to play poker happens on Tuesdays at 4:00 PM in the Billiards Room! It's all about snacks, drinks, and laughing with friends over a deck of cards!

LUNCH-OUT WEDNESDAYS

January 7th @ 5:00 PM | Firehouse Subs

Stop by Front Desk Reception for a menu.
Meal to be held at Tenants Harbor Room.

January 14th @ 11:00 AM | Oxford Casino

Visit and lunch.

January 21st @ 11:00 AM | Gippers

January 28th @ 11:00 AM | Longhorn

Enjoy a delicious steak, and more!

SPECIAL EVENTS



SAFE STRIDES

WEDNESDAY, JANUARY 14TH | THR

Join us for a home and evidence-based fall prevention program, presented by a Registered Nurse and Physical Therapist. Those in attendance can expect an informative presentation that focuses on improving balance, mobility, and confidence

SENIOR COLLEGE: THE FIRST THANKSGIVING

MONDAY, JANUARY 19TH | THR

In 1621, the Pilgrims celebrated the first recorded Thanksgiving in the New World. Take a deeper look into that day with historian Alan Elze. Was it a day similar to the one we celebrate today? Who were the pilgrims? This is a free event.

ESTATE PLANNING 101 WITH RUNE LAW LLC.

WEDNESDAY, JANUARY 21ST | THR

Learn the basics of pre-planning an organized estate while enjoying light refreshments! This is a free, public event.

SENIOR COLLEGE: REMINISCING ON A NEW HOME

MONDAY, JANUARY 26TH | THR

Those who attended the Lewiston-Auburn Community Little Theater's recent production of "A New Home" (2025) have an opportunity to share and discuss their thoughts and reminiscences about the play and Lewiston history. This is a free event.