

1:30 Card games w/friends (VG)

2:30 Exercise (1390)

# Schooner Community Calendar October 2025

12:30 Manicures with Maggie (CSLR) 4:00 LCR (THR)

4:30 Sitterball (VG)

2:30 Bingo (VG)

3:00 Scrabble (CL)

ROOM KEY

**BR** = Brass Rail Cafe

Thank you for

your cooperation.

TR = Theater Rm CH = The Chapel CSLR = The Castine Living Rm CMLR = The Camden Living Rm CL = Camden Library SRC = Schooner Res Care THR = Tenants Harbor Room HPD = Harpswell Private Dining Room VG = Village Green

2:30 Music: Frank Ferrel (VG)

4:00 Social Hour (THR)

11:00 Action Hour (VG)

2:30 BINGO (VG)

4:00 LCR (THR)

Schooner Estates Senior Living Community	October 202	5 SRC = Sch	SRC = Schooner Res Care THR = Tenants Harbor Room HPD = Harpswell Private Dining Room VG = Village Green			
. Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
When you see "sign up" on any event, please call the front desk in the Castine Building to be signed up. 784-2900 or ext. 100	Hallowler	HAPPY OCTOBER	1 9:30 Exercise Class (1390) 10:00 Fitness Foundations (CSLR) 10:00 Senior College Alternative Medicine (Study) 10:30 Mystery Ride (Sign up) 2:30 Bingo (VG)	9:30 Exercise (1390) 9:30 Shopping Shuttle (sign up) 10:00 "Bible Exploration" In the Tenants Harbor Room, with Gil Reed 2:30 Music: Jay Staples (VG) 4:00 Social Hour (THR	3 9:30 Exercise Class (1390) 10:00 Fitness Foundations (CSLR) 10:15 Scattergories (Study) 11:00 BP Clinic (Brass Rail) 2:30 BINGO (VG) 4:00 LCR (THR)	9:00 Coffee Klatch (THR) 9:30 Card Games w/friends (VG) 10:15 Bible Share (Study) 10:30 Exercise (1390) 10:30 Mystery Ride. (sign up) 2:15 Cribbage (HPD)
5 Sunday Church Services: 8:45 St Philip Catholic 9:10 St. Michaels 10:00 Park Avenue Methodist 1:30 Card Games w/ friends (VG) 2:30 Exercise (1390) 2:30 Episcopal Service in person Rev. George Sheats	9:30 Exercise Class (1390) 10:00 Fitness Foundations (CSLR) 10:30 Creations w/Keisha (Meet in Castine Living Room) 11:00 BP Clinic (CMLR) 12:30 Manicures with Maggie (CSLR) 2:30 Bingo (VG) 3:00 Scrabble (CL)	7 9:30 Exercise (1390) 9:30 Shopping Shuttle (sign up) 10:00 Communion (CSLR) 10:30 In the News w/John Rice (THR) 2:15 Bridge (CL) 2:30 Schooner Mates BOOK CLUB (Study) 4:00 LCR (THR) 4:00 Dinner Out Chuck Wagon - Livermore falls (Sign Up)	9:30 Exercise Class (1390) 10:00 Senior College Alt. Med. (Study) 2:30 Senior College Women of Fortitude (THR) 2:30 Bingo (VG)	9 9:30 Exercise (1390) 9:30 Shopping Shuttle (sign up) 10:00 "Bible Exploration" In the Tenants Harbor Room, with Gil Reed 2:30 Music: Sapphire Lane (VG) 4:00 Social Hour (THR)	9:30 Exercise Class (CSLR/1390) 10:00 Fitness Foundations (CSLR) 10:15 Scattergories (Study) 11:00 BP Clinic (Brass Rail) 11:00 Schooner Singing Group (TR) 2:30 Bingo (VG) 4:00 LCR (THR)	11 9:00 Coffee Klatch (THR) 9:30 Card Games w/friends (VG) 10:30 Exercise (1390) 10:30 Chair Yoga with Josslyn (CSLR) 2:15 Cribbage (HPD) 2:30 Movie (1390) To be announced
12 Sunday Church Services: 8:45 St Philip Catholic 9:10 St. Michaels 10:00 Park Avenue Methodist 1:30 Card Games w/friends (VG) 2:30 Exercise (1390)	9:30 Exercise Class (CSLR/1390) 10:00 Fitness Foundations (CSLR) 10:30 Creative Group (THR) 11:00 BP Clinic (CMLR) 12:30 Manicures with Maggie (CSLR) 2:30 Bingo (VG) 3:30 Scrabble (CL)	9:30 Exercise (1390) 9:30 Shopping Shuttle (sign up) 10:30 In the News w/John Rice (THR) 2:15 Bridge (CL) 2:30 Resident Council (CSLR) 4:00 LCR (THR) 4:30 Sitterball (VG)	15 9:30 Exercise Class (CSLR/1390) 10:00 Fitness Foundations (CSLR) 10:00 Senior College Alt. Med. (Study) 11:00 Lunch Out: Terry & Maxine's (Sign Up) 2:00 Auburn Library (CSLR) 2:30 Bingo (VG)	16 9:30 Exercise (1390) 9:30 Shopping Shuttle (sign up) 10:00 "Bible Exploration" In the Tenants Harbor Room, with Gil Reed 2:30 Music: Phil Allen (VG) 4:00 Social Hour (THR)	9:30 Exercise Class(CSLR/1390) 10:00 Fitness Foundations (CSLR) 10:15 Scattergories (Study) 10:30 Absentee Voting (THR) 11:00 BP Clinic (Brass Rail ) 2:30 BINGO (VG) 4:00 LCR (THR)	9:00 Coffee Klatch (THR) 9:30 Card Games w/friends (VG) 10:15 Bible Share (Study) 10:30 Exercise (1390) 2:15 Cribbage (HPD)
19 Sunday Church Services: 8:45 St Philip Catholic 9:10 St. Michaels 10:00 Park Avenue Methodist 1:30 Card Games w/friends (VG) 2:30 Exercise (1390)	9:30 Exercise Class (CSLR/1390) 10:30 Card Games (VG) 11:00 BP Clinic (CMLR) 12:30 Manicures with Maggie (CSLR) 2:30 Bingo (VG) 3:00 Scrabble (CL)	9:30 Exercise (1390) 9:30 Shopping Shuttle (sign up) 10:00 Communion (THR) 10:30 In the News w/John Rice (THR) 2:15 Bridge (CL) 2:30 Tenant Council Meeting (THR) 4:00 LCR (THR) 5:00 TAKE OUT Tuesday- Mother India See back page for more info.	9:30 Exercise Class (1390/CSLR) 10:00 Fitness Foundations (CSLR) 10:00 Senior College Alt. Med. (study) 2:30 Senior College Women Of Fortitude. (THR) 2:30 Team Member Ceremony-VG 4:30 Sitterball (VG)	23 9:30 Exercise (1390) 9:30 Shopping Shuttle-(Sign up) 10:00 "Bible Exploration" In the (THR), with Gil Reed 10:30 Music: Dave Stone (Camden Living Room) 2:30 Speaker: Dennis Ledoux 20-30 min of Q&A on his book- (THR)	24 9:30 Exercise Class (1390) 10:00 Protestant Services (CSLR) 10:15 Scattergories (Study) 11:00 BP Clinic (Brass Rail) 11:00 Schooner Singing Group (TR) 2:30 BINGO (VG) 4:00 LCR (THR)	25 9:00 Coffee Klatch (THR) 9:30 Card Games w/friends (VG) 10:30 Exercise (1390) 10:30 Chair Yoga with Josslyn (CSLR) 2:15 Cribbage (HPD) 2:30 Popcorn/Movie (TR)
26 Sunday Church Services: 8:45 St Philip Catholic 9:10 St. Michaels 10:00 Park Avenue Methodist	9:30 Exercise Class (1390) 10:00 Fitness Foundations (1390) 10:30 Card Games (VG) 11:00 BP Clinic (CMLR)	9:30 Exercise (1390) 9:30 Shopping Shuttle (sign up) 10:30 In the News w/John Rice (THR) 2:15 Bridge (CL)	29 Wish Cornelia Bowe a Happy 100th Birthday! 9:30 Exercise Class (1390/CSLR) 10:00 Fitness Foundations (CSLR) 11:00 Lunch Out: Fish Bones (Sign Up)	9:30 Exercise (1390) 9:30 Shopping Shuttle (Sign up) 10:00 "Bible Exploration" with Gil Reed (THR)	9:30 Exercise Class (1390) 10:00 Protestant Services (CSLR) 10:15 Scattergories (Study) 11:00 BP Clinic (Brass Rail)	For daily transportation to medical appointments, etc., please let us know at least 24 hours in advance.

**Celebration - VG** 

2:30 Schooner Halloween



# Schooner Estates OCTOBER 2025 Community Activity Calendar



#### **LUNCH & DINNER OUTS \* PLUS TAKEOUT**

#### Please sign up

October 7th: 4:00 \* Dinner out at the Chuck Wagon Restaurant in Livermore Falls.

**Special menu:** Two for Tuesday! Mouthwatering American comfort food. Their menu features hand smashed steak burgers, craft Hummel ripper dogs, colossal spuds, and chicken fried steak - all prepared with the finest ingredients.

October 15th: 11:00 \* Terry & Maxines in Turner. Awesome little lunch place! Friendly service, great food.

October 21st: 5:00 \* Take Out to Mother India in Lewiston. Mother India offers authentic North Indian cuisine with meat, vegetarian, vegan, and gluten-free options. Sign up at the front desk and pick up a menu. The order will be brought here to Schooner. Order must be placed by 4 pm on Monday, October 20th. We will call you to receive your menu choice.

October 29th: 11:00 \* Fishbones in Lewiston. Upscale eatery in a canal side old-mill building is an elegant spot for seafood & American fare.

### **SENIOR COLLEGE CLASS CONTINUATIONS**

Alternative Pain Management and Healing Methods: Is our American 'Diet' hurting us?

Joel Buckman \*\* September 17, 24, & Oct. 1st, 8th,15th & 22nd \*\* 10:00-11:30 am

Location: See the front page of your calendar. \*\* Please sign up

What we put into our bodies is critical in helping keep the body balanced and pain-free. Not very easy in today's poisonous over-stimulated world. How do you meander through life while doing our best to keep it wholesome? Why do we hurt so much by what we put into our body?

#### **Women of Fortitude**

Peggy Volock
October 8th & 22nd at 2:30 pm.
Held in the Tenants Harbor Room \*\* Please sign up

A discussion of four novels based on historical accounts featuring strong female protagonist. The novels are Isola, Lioness of Boston, The Paris Express, and My Name is Emilia del Valle.

Class meets every other week Oct. 8th, 22nd, & Nov 5th.

## **Join Denis Ledoux**

October 23rd, Thursday at 2:30 in the Tenants Harbor Room Maine writer explores era of discovery and loss in the 1950s

Local writer and educator Denis Ledoux writes about growing up in his newest book 'French Boy: A 1950s Franco-American Childhood.'

### **Team Member Appreciation Ceremony**

October 22nd, Wednesday, 2:30 pm

Come to the Village Green and watch the ceremony. Staff will be awarded for their hard work throughout the year. Hope to see you there!

#### **MYSTERY RIDE**

Join us for a Mystery Ride. Where will we go, who knows! But it will be a good time! Bring money in case we stop for a snack. On selected Wednesdays, and Saturday, October 4th at 10:30.

Please sign up.

# VOTE!

Friday, October 17th Tenants Harbor Room at 10:30 am



## CREATIVE GROUP

Join a group of your friends and neighbors for a fun time making an enjoyable craft. No special skills needed. We will provide all the supplies. Held in the Tenants Harbor Room on Monday, October 13th at 10:30.

October 29th, Wednesday at 2:30

Join in our annual Halloween parade!

Staff and tenants will be dressed up in their holiday costumes and parade around the Village Green! Winners will be chosen.

No sign up needed.