

A Few of Our Favorite Pictures



As Summer Begins,

so does our extended list of warm weather outings and special events here at Schooner Estates. From visits to the coast, monthly BBQ's, concert outings, lobster bakes, and so much more, Schooner is the place to be for summer fun.

With June in our rear view mirror, the month of July promises to be just as great! Be sure to check your calendars for each and every event.



Beat the Summer Heat!

Preparation and moderation are the key regarding enjoying time outdoors during the summer months. By following some common sense tips, we can all more fully enjoy the good summer weather and avoid over exposure to the sun and heat.

-- **Shade** -- Plan outdoor activities for cooler early morning hours. Look for shaded areas such as a covered porch or under a tree to enjoy an activity. Heat can impact seniors as easily indoors as it can outdoors, so be sure air conditioning is used.

-- **A Need to Hydrate** -- Ice cream, popsicles and other frozen treats are refreshing on a warm day. Also, drink plenty of water, juice and sports drinks, while avoiding caffeine. Here at Schooner, check out our Brass Rail Café in the Village Green and the Camden coffee bar area. We have cool drinks available there daily. Stay cool and enjoy the summer!



The Schooner Flash *Monthly Newsletter*

SCHOONER ESTATES ~ EST. 1989 • OUR COMMUNITY IS YOUR COMMUNITY

July 2025, Issue 208

In This Issue:

- ◆ Americana BBQ
- ◆ Welcome
- ◆ Word Search
- ◆ Tenant Profiles
- ◆ New Team Member
- ◆ Our Favorite Pictures
- ◆ Summer Event Note
- ◆ Beat the Heat

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Your Schooner Family

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★ **Happy
Fourth of July!**



BBQ Number Two!

Join your Schooner neighbors and friends on Wednesday, July 9th in celebration of our 2nd BBQ of the season, the ultimate patriotic event... Americana Red, White and Blue! Hope to see everyone there!



- ◆ Cukes in Apple Cider Vinegar
- ◆ Green Onion Slaw
- ◆ Macaroni w/Shrimp & Peas
- ◆ Southern Fried Chicken
- ◆ Mini Cheeseburger Sliders
- ◆ Maine Lobster Rolls
- ◆ Homemade Mac n'Cheese
- ◆ Blackies Corn on the Cob
- ◆ Apple Pie & Ice Cream
- ◆ Strawberry Shortcake
- ◆ Watermelon Slices



Here's a sneak peek of our July BBQ menu! Delicious summer favorites...

Welcome to our Community!

- * Iva Graves, studio 112
- * Florence Labrecque, studio 106
- * Lorraine Russell, studio 110





Word Search

Beware, words can go every which way!

Man's Best Friend



BISCUIT
BONE
BREED
CANINE
CHEW
COLLAR
DISH
EXERCISE
FETCH

FIDO
FLEAS
GAMES
GROWL
GUARD
HEEL
HOWL
KENNEL
LEASH

LOVE
LOYAL
MUTT
PLAYFUL
PUPPY
STRAY
WAG
WALK
WELCOME

Schooner Tenant Profiles

Please give these folks a warm Schooner welcome!

Thank you to all Schooner Tenants and Employees who help put together our Tenant Profiles!

Note: Some of our profiles do not have photographs included - it all depends on a tenant's preference.

Please welcome **Iva Graves** to studio 112.

Iva moved to Schooner Estates from Farmington, Maine. She was born in Hartford, Maine and was raised on a farm as a child. Iva has 5 children, 13 grandchildren and 8 great-grandchildren. In her earlier years she ran a Daycare and then for many years was head of a kitchen staff at a local nursing home. Iva liked to travel and when she wasn't working, she enjoyed gardening, square dancing, sewing and loved to cook.

Please welcome **Florence Labrecque** to studio 106.

Florence recently moved to Schooner Estates from Clover Manor, she has 4 children, 9 grandchildren and 5 great grandchildren all living in Lewiston. She worked for GE for 25 years. She had a very happy childhood with 5 sisters and 3 brothers. Florence enjoys playing games on her iPad. We are happy to have her here!

Please welcome **Lorraine Russell** to studio 110.

Lorraine and her family have strong ties to our community. Lorraine used to manage the kitchen here at Schooner many years ago, and her son Scott ran Security from the cottage!

Please welcome Kristen D'Eramo! We are so happy to have her here!

After nearly a decade of work relating to nutritional sciences and food insecurity, Kristen joins us as Schooner's new Marketing Associate! Having prior work experience in communications, graphic content creation, and calligraphy, she enjoys applying her skillsets to create visually appealing content. Kristen is a local of Lewiston, Maine- born and raised. There, you can find her slinging back lattes and spending time with her Bernese Mountain Dog, Everett.

