



Schooner Estates
Retirement Community

**“Comfort in Community,
Confidence in Care”**

Highlights

- Mardi Gras
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Writers:

**Your Schooner Team
Technical Editor:
Sue O'Brien**



Pictured above, one of the many healthy living seminars that are held frequently at Schooner. Helpful advice and tips are given on how to stay healthy.

A representative from the American Heart Association will be here on Tuesday, March 22nd at 10:00 a.m. in the Castine Living Room.



THE SCHOONER FLASH

March 2011

Issue 36

MARDI GRAS 2011

Our 2011 Mardi Gras celebration is just around the corner! We have received a long list of guest sign ups and we're getting ready for the big day on Tuesday, March 8th. The three seating times for the buffet are at 11:00 a.m., 12:15 p.m. and 1:30 p.m. Schooner residents will be receiving tickets a few days before the event, during their lunchtime, to choose their seating time.

Take a look at this year's "Fat Tuesday" Jazz Brunch...

Carvery

Roast steamship of beef w/au jus hand cut to order
Or...Hand carved assorted poorboy's on authentic Leidenheimer bakery bread from New Orleans

Omelet Bar

An omelet bar featuring omelets made to order

Buffet Selections

Chicken, shrimp and andouille sausage gumbo
Sweet potato muffins w/honey butter * Brabant potatoes
Cranberry Stilton bleu cheese cole slaw w/candied pecans
Dirty black-eyed peas * Haricots verts and horseradish salad
Crawfish jambalaya * Green tomatoes stuffed w/Creole rice
Bacon smothered collard greens

Desserts

Traditional cinn kings cake to select king and queen
at each meal setting
Bourbon pecan pie * Coconut ice puffs
Jitterbugs bread pudding w/rum crème anglaise

Drinks

Cyclone punch * Hurricane punch * Coffee, decaf and tea

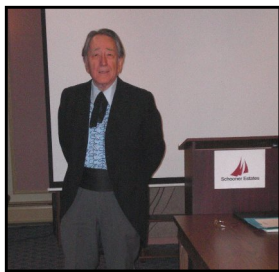
To all Schooner residents, if you haven't already signed them up, we are still taking guest sign ups for the Jazz Brunch Buffet. Guest tickets are \$14.00 each for guests. Please sign them up by calling 784-2900. Don't miss the parade at 3:00 p.m. in the Village Green. Music, color, costumes and floats galore!

Pictured to the right is last year's winner for best parade float!



SPRING SENIOR COLLEGE

It's that time again, Charles W. Plummer, instructor for both L/A and Mid-coast Senior College, will be teaching an eight week course in the Spring at Schooner. The course day



is scheduled for each Tuesday. The starting date will be Tuesday, March 22nd. The last class will be on Tuesday, May 10th. The course name is "Psychology and Human Behavior". An interesting, basic introductory course to the field of psychology. Topics covered include behavioral disorders and the types of therapies used to treat them.

Course brochures are available in the Camden building lobby. Class size is limited. Schooner residents get priority admission when the course is offered on the Schooner campus. The course is filling up fast, please check with Mark for seat availability.

Are you ready for a little more daylight?
 Daylight Saving Time begins on Sunday, March 13th. Set your clocks ahead one hour on Saturday evening, March 12th.

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The first official day of Spring 2011 is Sunday, March 20th! We are all looking forward to the longer and warmer days of Spring! Speaking of Spring, below is a preview of just a few of Schooner's March activities and musical performances!

- ◆ The Eastwind Gospel Quartet on Saturday, March 5th at 6:00 p.m.
- ◆ Schooner's annual Mardi Gras celebration on Tuesday, March 8th
- ◆ Everyone's favorite, pizza night will be held on Thursday, March 17th at 5:00 p.m.
- ◆ Performer Larry Gowell will perform Broadway Hits for us on Thursday, March 24th at 2:30 p.m.

## EMPLOYEE OF THE MONTH

We have two "Employee of the Month" announcements this month for our March newsletter. We are pleased to announce January's winner: **Alice Cooper**, Front Desk Receptionist. Also, **Amy Grenier**, Schooner PCA, was given an honorable mention. They are both being recognized for their quick responses during a Resident emergency situation. Congratulations Alice and Amy!



Controller Dianne Day & January Employee of the Month, Alice Cooper



Nursing Manager Donna Vachon & Amy Grenier

The February Employee of the Month was awarded to Candy Langlois, Unit Tech CRMA in Residential Care, for her amazing teamwork and selflessness. Candy not only worked a double shift on her weekend off, she worked shifts for two different departments. It's people like Candy that keep Schooner running so smoothly for our Residents. Congratulations Candy!

Residential Care Administrator Candy Roy and February Employee of the Month, Candy Langlois



## WII BOWLING



Schooner Castine resident, Jim Williams has been announced as a frequent "high scorer" at our weekly "Wii" game bowling sessions. The majority of his scores are well over 200. Well done Jim!

The Wii bowling game is set up in the Theatre Room every Tuesday and Thursday morning for all to enjoy! Stop by and join in or just watch. This is a great low impact exercise!