



**Schooner Estates**  
Retirement Community

**“Comfort in Community,  
Confidence in Care”**

**H i g h l i g h t s**

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- Fall Class
- Summer Tips
- Welcome
- Employee of the Month
- Fall Craft Fair
- Reception Desk
- BBQ
- Activity Preview

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**A Schooner  
Barbeque**

# THE SCHOONER FLASH

**August 2010**

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## FALL 2010 SENIOR CLASS

It’s that time again, Charles W. Plummer, instructor for both L/A and Mid-coast Senior College will be teaching an eight week course in the Fall at Schooner. The starting date will be Tuesday, September 21st. The last class will be on Tuesday, November 9th.

**Course Name:**

**A History of Utopia and Terror in the 20th Century**

Viewing the past century as a whole, the course will examine the ideologies that promised utopias and total solutions to social problems and the terrible human toll of the attempts to create solutions to these problems. The studies will conclude by examining the phenomenon of terrorism in the world today and how it can be resisted.

Course brochures are available. If you would like one, please see Mark Prevost. Class size is limited. Schooner residents get priority admission when the course is offered on the Schooner campus. The course is filling up fast, check with Mark for seat availability.



Just a reminder during the hot summer months to keep cool and stay hydrated. Preparation and moderation are key when planning to spend time outdoors in warm weather. Wear light-weight and loose fitting clothes when you can. A wide-brimmed hat is good to wear to protect from overexposure to the sun.

Also, remember to turn on your air conditioner to keep your apartment at a comfortable temperature.

**Enjoy the summer, have fun and keep cool!**

### Who's New in the Neighborhood

- ◆ John & Mary D’Oliviera to apartment 500
- ◆ Lillian Glazier to apartment 503
- ◆ Irving Grant to apartment 434
- ◆ Bibiane Veilleux to apartment 303

**Welcome!**

## EMPLOYEE OF THE MONTH

Donna Landry, one of our Schooner PCA's, was chosen as "Employee of the Month" for the month of June. The winner is chosen by the Hospitality Committee, based on going above and beyond their normal job duties. Donna did go above and beyond with her help in assisting a Schooner resident in an emergency situation. In the photo, Donna Landry is receiving a certificate from Donna Vachon, our Home Health Director.



**Congratulations Donna!**

## SCHOONER FALL CRAFT FAIR

If you love crafting, it's never too early to start thinking about signing up for the Fall craft fair. It's fun to see all the ideas other people think of and a great way to do some early holiday shopping!

On Saturday, October 23rd from 10 a.m. to 3:00 p.m., Schooner will hold its second, annual craft fair. Schooner residents have been preparing all summer for the October fair. Tables are being reserved already and are going fast. If you are interested, contact Mark Prevost at 513-5055. More information will be posted as we get closer to the big date!

## NEW FACES AT SCHOONER'S FRONT DESK

We now have two new receptionists joining our fine team of Schooner employees. Please welcome Colleen Bennett of Turner who will be covering our morning shift and Jan Elie of Lewiston covering afternoons.

**Welcome aboard Jan and Colleen!**

## EAT, DRINK & BE MERRY!

Summer barbeque time is in full swing here at Schooner. An outdoor cookout is held monthly throughout the summer in Schooner's beautiful courtyard. The food is delicious! Below is one of the pictures taken at our July barbeque.

The next cookout, "August Schooner Fest", will be held on Wednesday, August 4th. Serving times are between 11:45 a.m. & 1:30 p.m. Friends and family are invited. **Menu below:**

**Grilled Memphis style bbq chicken breasts**  
**Grilled flank steak Americana**  
**Steamed hot dogs w/assorted toppings**  
**Rolls & butter, native Maine corn on the cob,**  
**Mike's baked beans, Marinated mushrooms,**  
**Fresh native cukes, Jardiniere pasta salad**  
**Apple crisp,**  
**Blueberry -**  
**yogurt granola**  
**parfait, Iced**  
**tea, lemonade**  
**& coffee.**



**Mark the date!**

## SCHOONER - THE PLACE TO BE

Schooner is the place to be for summer fun, activities, entertainment and wonderful day trips. In August, the Schooner shuttle will take residents for a "dinner out" to the beautiful Kawanhee Inn, located in the heart of Maine's western mountains, on the shore of Lake Webb. Also, in August, a day trip to one of the most beautiful areas on the coast of Maine, Boothbay Harbor. See the August activity calendar for scheduled dates and times of these and other fun filled activities!

