

SPECIAL EVENTS FOR FEBRUARY 2010

- Mon. 1st 11:00 a.m. Live music with Sandy Nesbit in the Village Green.
- Tues. 2nd 10:00 a.m. A presentation titled, "Successful Aging Strategies". Tricia Dunton from the Cardiac Rehab Wellness Center will discuss changes that occur in thirst, appetite, taste & smell. Also important vitamin, mineral and fiber choices. THR
- Tues. 2nd 2:45 p.m. Live music with Dave Fisher in the Village Green.
- Weds. 3rd 11:15 a.m. Lunch out today to Gipper's Sports Grill in Auburn. A generous and affordable menu. Please sign up.
- Thurs. 4th 2:30 p.m. Join *Dreams Unlimited's*, Mike Perry, on a slide show walk through Boston. In the Tenants Harbor Room.
- Fri. 5th All Day February is American Heart month. Today is "National Wear Red Day" - wear red to show support for heart disease awareness.
- Sun. 7th 3:00 p.m. Sign up to ride the Schooner shuttle to the Frank Glazier concert at Bates. Again on Sunday the 28th at 3:00.
- Tues. 9th 5:00 p.m. Take out from the Lewiston House of Pizza. Call the front desk to order a steak sub of your choice - pepper steak & cheese, onion steak & cheese, mushroom steak & cheese, steak & cheese or steak bomb (loaded). \$6.00 - large or small size - with chips, soda & a cookie. THR
- Weds. 10th 2:15 p.m. Ride the Schooner shuttle to the USM Art Show. Please sign up for a seat.
- Thurs. 11th 10:00 a.m. Ken Nye returns to share his beautiful, heartfelt poetry of family and the natural world around us. Castine Living Rm.
- Thurs. 11th 2:30 p.m. Barry Wood will entertain us with live country music. VG
- Tues. 16th Lunch **MARDI GRAS** - Buffet brunch. Live music, beads, fun! At 3:00 - come view the parade of characters in the Village Green - please don't be late, you won't want to miss it! Guests are welcomed - \$12.00 per ticket. Please call the front desk to sign up your guests for the 12:15 or 1:30 seating time.
- Thurs. 18th 10:30 a.m. Live music with Dave Stone in the Village Green.
- Tues. 23rd 2:30 p.m. Your Tenant Council meets today. Stay informed, get involved. In the Tenants Harbor Room.
- Weds. 24th 11:15 a.m. Lunch out to Marco's Restaurant in Lewiston. Please sign up.
- Thurs. 25th 5:00 p.m. A wine tasting event will be held here at Schooner. Try samples of the various wines available today. A \$5.00 donation to Camp Sunshine to sample wines, cheese & crackers. Please sign up. Held in the Tenants Harbor Room.

TENANTS OF THE MONTH FOR JANUARY WERE:

Castine:Eleanor Blais Searsport:Irene Delorme Camden:Therese Labbe

Harpswell:Richard Morin Rockport:Ruth Southworth Res Care:Harold Campbell